

REFERENCE GUIDE

Office of Mental Wellness & Supportive Services Resource Guide



Department of
Health & Human Services
Division of Integrated Health

**Monmouth County
Department of Health and Human Services
Division of Integrated Health**

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Office of Mental Wellness & Supportive Services

Our Vision:

All the members of our community in the spirit of inclusion, safety and success, regardless of age, gender identity, race, ethnicity, religious beliefs, or country of origin, will have access to the information, services, resources, and support needed to prevent, intervene, treat and recover from behavioral health challenges in a stigma-free environment, so that they may achieve wellness and thrive in their lives.

Our Mission:

The Office of Mental Wellness and Supportive Services, through public and private partnerships and collaboration, educates, guides, empowers, advocates, and creates access to locally organized and integrated systems of behavioral health and support services for all members of our community, with wellness and recovery as the goal for all Monmouth County residents.

Monmouth Acts ResourceConnect

An easy way for residents to find and access services in Monmouth County.

Monmouth ACTS (Assisting Community Through Services) is a partnership between County government and local nonprofit organizations, the first of its kind in New Jersey. Monmouth ACTS listens to the voices of residents to understand their everyday needs and long-term goals. By working together, County staff and community leaders respond to those needs and support people's hopes for a better future. The goal of Monmouth ACTS is simple: to make sure everyone in Monmouth County can get the help they need, when they need it.

**Need help, but not sure where to look?
ResourceConnect offers this support – with a personal touch.**

ResourceConnect is the first County-led system in New Jersey, connecting residents to food, housing assistance, medical care, employment programs, mental health services, childcare, and much more.

How? Call ResourceConnect at 732-683-8959, and a compassionate, trained social worker will answer. They will talk with you about your needs, challenges and together determine the best resources to assist you. Then, if needed, you will be connected to agencies and nonprofit organizations that can help. They will follow up to make sure your needs are met – making sure that your questions are answered and you are never left confused.

**ResourceConnect
732-683-8959
Mon-Fri 8:30 a.m.–4:30 p.m.**

MONMOUTH ACTS in My Community

Bringing Help Directly to You

In addition to Monmouth County Department of Health & Human Services (DHHS) Social Services offices in Freehold or Ocean Township, help can be found right in your town. “Monmouth ACTS in My Community,” brings DHHS social service representatives to towns across the County, making it easier than ever to access the services you need.

On set days and times each month, these representatives are available at convenient locations near you. Stop by to learn about programs like SNAP, NJ Family Care, Cash Assistance application inquires and more. Help is now just around the corner! To see the schedule: <https://monmouthacts.org/in-my-community/>

Crisis Intervention - Hotlines

**Crisis with Imminent Risk of Harm to
Self, Others or Property
Call 911**

Suicide and Crisis Lifeline
988

**Monmouth County Psychiatric Emergency
Screening Services (PESS)**
732-923-6999

Early Intervention Support Services (EISS)
(Provides community-based care to avoid
hospitalization)
732-922-1042

Hospital Hotlines 24/7

Bayshore Medical Center
732-383-2451

CentraState Medical Center
732-780-6023

Jersey Shore University Medical Center
732-776-4555

Monmouth Medical Center
732-923-6999

Riverview Medical Center
732-219-5325

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Hotlines

2nd Floor Youth Helpline

(For youth aged 10-24)
888-222-2228

180 Turning Lives Around

Domestic violence: 888-843-9262
Sexual assault: 888-264-7273

Hope in Monmouth

833-644-2273

NJ 2-1-1 and Code Blue

(helps find housing, food assistance, health care and disaster support; also for individuals seeking shelter during freezing temps; 24/7)
Call 211

NJ State Police Operation RISE

(Recovery Initiative Support & Engagement),
833-657-4737

Trinitas CARES

(24/7 crisis program for adults with developmental disabilities in mental health or behavioral crises)
888-393-3007

MENTAL HEALTH: DAY PROGRAMS

Center for Vocational Rehabilitation

15 Meridian Rd, #1, Eatontown
732-544-1800

Community Care

3443 Route 9 N, Suite 1100, Freehold
732-462-5553

CPC Integrated Healthcare Aberdeen Counseling Center

Aberdeen Counseling Center
800-250-9811

Gateway Day Treatment

1 Center St, Ocean
732-922-0591

Monmouth Partial Care

1930 Heck Ave., Neptune
732-866-1700

Morning Glory Partial Care

645 Neptune Blvd, Neptune
732-918-9905

Unity Place

1075 Stephenson Ave, Oceanport
848-208-2636

MENTAL HEALTH: DAY PROGRAMS

SELF-HELP & COMMUNITY SUPPORT

Community Support refers to resources and agencies that provide assistance for those in need, including transportation, food, shelter, vocational training, social activities, etc.

Neptune C.A.R.E. (CWC)

732-455-5358

Freehold Wellness Center

732-625-9485

Collaborative Support Programs of NJ (CSP)

732-780-1175

Shore Club House

732-759-1595

Oceans Family Success Center

732-455-5272

Mercy Center - Asbury Park

732-774-9397

Lunch Break - Red Bank

732-747-8577

Community Affairs & Resource Center (CARC)

732-774-3282

Trinity Center for Community

732-775-5084

National Alliance on Mental Illness (NAMI)

800-950-6264

NAMI Monmouth

732-462-6448

SELF HELP GROUPS

Alcoholics Anonymous

908-687-8566

www.nnjaa.org/nj-aa/

Al-Anon

888-425-2666

<https://al-anon.org/>

Gamblers Anonymous

855-222-5542

www.Gamblersanonymous.org

Medication Assisted Recovery Anonymous

609-464-4734

www.mara-international.org

Narcotics Anonymous

732-933-0462

www.nanj.org

Nar-Anon

310-534-8188

<https://www.nar-anon.org/>

SMART Recovery

440-951-5357

www.smartrecovery.org

Self-Help Clearinghouse

800-367-6274

<https://www.njgroups.org/>

DEVELOPMENTAL DISABILITIES

Arc of Monmouth

Wayside Rd., Tinton Falls
732-493-1919

Family Support Center of NJ

35 Beaverson Blvd., Building 11, Brick
732-262-8020

Family Resource Associates

210 Newman Springs Rd, Red Bank
732-747-5310

LADACIN Network

(Lifetime Assistance for Developmental and Challenging
Individual Needs)
1701 Kneeley Blvd., Wanamassa
732-493-5900

New Horizons in Autism, Inc.

Freehold & Morganville
732-918-0850

MOCEANS Center for Independent Living

732-571-4884

Monmouth County

Division on Aging, Disabilities & Veteran Services
732-431-7450

NJ Division of Developmental Disabilities (DDD)

609-633-1482
Local Office:
3499 US-9, Freehold
732-863-4500

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CASE MANAGEMENT

CPC Integrated Healthcare

Integrated Case Management Services (ICMS)

732-780-2012

Program for Assertive Community Treatment (PACT)

732-842-2001

Declarations, Inc.

732-792-6990

Mental Health Association of Monmouth County

Community Support Services

732-542-6422

HOUSING

Affordable Housing Alliance

732-389-2958

Easter Seals NJ

732-380-0390

HABcore, Inc.

732-544-1975

RHD Coastal Wellness

732-361-5845

Mental Health Association of Monmouth County

Homeless Services (PATH)

732-542-6422

Red Bank Resource Network (MHA)

Housing Navigation Program

732-383-5135

Monmouth County Centralized Homeless Intake

Applications only through
Monmouth County Division of Social Services
732-431-6000, ext. 4613

After 4 p.m.
call 211

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LEGAL SERVICES

Community Health Law Project

3301 Rt. 66, Bldg. C, Suite 130, Neptune
732-380-1012

Disability Rights NJ

210 S. Broad St., 3rd floor, Trenton
800-922-7233
TTY call through NJ Relay at 711

Division of Mental Health and Guardianship Advocacy

630 Bangs Ave., Asbury Park
732-869-2262

Legal Aid Society

2405 Route 66, Ocean Township
732-556-8268

South Jersey Legal Services

303 W. Main St., 3rd floor, Freehold
732-414-6750

JUSTICE SERVICES

CPC Integrated Health (JIS)

732-780-2012

NJ Reentry

72 Morris Ave, 2nd Floor, Neptune City
848-217-7455

SUBSTANCE USE SERVICES: OUTPATIENT TREATMENT

Advanced Health and Education

3 Corbett Way, Eatontown
888-687-6977

Alternative Counseling Method, LLC

201 Highway 35, Neptune
732-866-1700

Community Rehab

3443 Route 9 North, Freehold
732-462-5553

The Counseling Center of Freehold

4345 Route 9 North, Freehold
732-431-5300

CPC Integrated Healthcare

800-250-9811

Discovery Institute for Addictive Disorders

80 Conover Rd., Marlboro
732-946-9444

High Focus Centers

6 Paragon Way, Freehold
732-303-9900

Jersey Shore University Medical Center

61 Davis Ave., Neptune
732-643-4400

Jewish Family and Children's Service

705 Summerfield Ave., Asbury Park
732-774-6886

New Hope Integrated Behavioral Healthcare

732-946-3030 Ocean Township Human Services
601 Deal Rd., Ocean
732-531-2600

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Preferred Behavioral Health

40 Christopher Way, Eatontown
732-458-1700

Princeton House

615 Hope Road, Building 1, Tinton Falls
888-437-1610

Recovery Innovations

1 Corbett Way, Eatontown
732-380-7061

RESA Treatment Center

199 Main Street, Suite 2A, Keansburg
732-495-1474

Riverview Medical Center

661 Shrewsbury Ave., Shrewsbury
732-345-3400

Seacrest Recovery Center

162 N Main St, Rt 35, Eatontown
732-556-7092

Stress Care of New Jersey

732-679-4500

YMCA of Greater Monmouth County

166 Main St., Matawan
732-290-9040

METHADONE TREATMENT

Central Jersey Comprehensive Treatment Center

111 Highway 35, Cliffwood
888-308-5583

JSAS Health Care

685 Neptune Blvd., Neptune
732-988-8877

Middletown Medical

600 Route 35, Middletown
732-706-1300

HALFWAY HOUSE

Epiphany House

300 Fourth Ave., Asbury Park (women & children)
373 Brighton Ave., Long Branch (women)
732-775-0720

Philip House (men)

190 Chelsea Ave., Long Branch
732-870-8500

AMBULATORY WITHDRAWAL MANAGEMENT

Center for Network Therapy

20 Gibson Place, Freehold
732-431-5800

Oaks Integrated Care, Inc.

314-316 East State St., Trenton
609-396-5944

Bright Harbor Healthcare

340 Route 9, Bayville
732-349-5550

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RESIDENTIAL TREATMENT DETOX & SHORT-TERM

New Hope Integrated Behavioral Healthcare

Marlboro: 732-946-3030

Discovery Institute for Addictive Disorders

Marlboro: 732-946-9444

Bergen New Bridge Medical Center

Paramus: 833-219-9404

Endeavor House

Kearney: 844-389-6368

Carrier Clinic - Blake Recovery Center

Belle Mead: 800-933-3579

Integrity House

Newark: 973-623-0600

John Brooks Recovery Center

Mays Landing: 609-441-3949

Maryville Integrated Care

855-823-3428

Penn Medicine

Plainsboro: 609-497-3555

Pyramid Healthcare

Hammononton: 888-694-9996

Recovery Centers of America at Raritan Bay

South Amboy: 925-378-9256

SOBA New Jersey

New Brunswick: 732-847-2869

Strait & Narrow

Patterson: 973-345-6000

The Recovery Village

Cherry Hill: 856-664-4977

Turning Point

Paterson: 973-239-9400

Veritas Recovery Center

South Amboy: 732-721-1000

PREVENTION SERVICES

Prevention First: A Division of Preferred Behavioral Health

www.preventionfirst.net

732-663-1800

Prevention Coalition of Monmouth County (PCMC):

An Affiliate of Prevention First

<https://www.pcofmc.org/>

Wellspring Center for Prevention

www.wellspringprevention.org

732-254-3344

RWJ Barnabas Institute for Prevention and Recovery

www.rwjbh.org

732-837-9427

HARM REDUCTION CENTER

VNA Prevention Resource Network

816 Sunset Ave., Asbury Park

732-502-5100

HRC Mobile Locations:

<https://app.atlas.co/embeds/hPYhY9CyosIIWxF7F0FS>

RECOVERY SUPPORT SERVICES

Preferred Behavioral Health STAR Program

(Support Team for Addiction Recovery)

732-367-4700 ext. 2171

Hope Sheds Light

855-850-HOPE

Open Door Recovery Center

732-455-5272

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COUNTY ALLIANCES TO PREVENT SUBSTANCE USE DISORDER

Municipal Alliances

Colts Neck

732-308-4505

Eatontown

732-389-7621

Hazlet

732-264-1700 x8693

Highlands/Atlantic Highlands

908-601-5091

Holmdel

732-946-2820 x1224

Keyport

732-739-5156

Long Branch

732-615-2277

Millstone

732-580-0717

Neptune Twp.

732-869-1202

Shore Alliance

732-816-7103

Wall Township

732-820-4792

COUNTY ALLIANCE COORDINATOR

William “Billy” Horbatt

732-431-6451

William.Horbatt@co.monmouth.nj.us

INTOXICATED DRIVING

Monmouth County Intoxicated Driver Resource Center (IDRC)

Tel. 732-308-3713

IDRC@co.monmouth.nj.us

Affiliated Treatment Providers:

<https://co.monmouth.nj.us/documents/41/Affiliated-providers-County-as-of-June-2025.pdf>

MENTAL HEALTH SERVICES: OUTPATIENT

180 Turning Lives Around

1 Bethany Rd., Hazlet
888-843-9262

Booker Behavioral Health Center

661 Shrewsbury Ave., Shrewsbury
732-345-3400

Catholic Charities

800-360-7711

CPC Integrated Healthcare

800-250-9811

Jewish Family & Children's Service of Monmouth County

705 Summerfield Ave., Asbury Park
732-774-6886

JSUMC Behavioral Health

61 Davis Ave., Neptune
732-643-4400

Mental Health Association of Monmouth County

106 Apple St. #110, Tinton Falls
732-542-6422

Princeton House Behavioral Health

615 Hope Rd., Eatontown
848-208-2600

Relief Mental Health

855-205-4764

Stress Care of New Jersey

732-679-4500

The Center for Behavioral Wellness

75 North Bath Ave., Long Branch
732-923-5270

YMCA of Greater Monmouth County

166 Main St., Matawan
732-290-9040

SPECIALIZED SERVICES

Eating Disorder Treatment

RWJ University Hospital Somerset

110 Rehill Ave., Somerville
800-300-0628

Princeton Center for Eating Disorders

1 Plainsboro Rd., Plainsboro Twp.
609-583-7575

Postive Reset - Eatontown

Outpatient
732-724-1234

Grief & Loss Support

Bereavement and Life Transition Center

732-219-6804

Common Ground Grief Support

732-606-7477
<https://www.commongroundgriefcenter.org/>

(GRASP) Grief Recovery After A Substance Passing

732-895-6480
<http://grasphelp.org/monmouth-county-chapter/>

GriefSpeaks

973-912-0177
<http://www.griefspeaks.com/>

(GIERS) Grief Information Education and Recovery Services

732-577-1076
<https://giers.org>

Stephy's Place

732-614-1142
stephysplace.org

MENTAL HEALTH SERVICES: INPATIENT

Carrier Clinic
800-933-3579

CentraState Medical Center
732-294-2850

Jersey Shore University Medical Center
732-776-4369

Hampton Behavioral Health Center
800-603-6767

Monmouth Medical Center
732-923-6909

Northbrook Behavioral Health
856-374-6500

Princeton House Behavioral Health
888-437-1610

Summit Oaks
908-522-7000

*State Hospital Admission
only through community hospitals:*

Ancora Psychiatric Hospital
609-561-1700

Greystone Psychiatric Hospital
973-538-1800

Trenton Psychiatric Hospital
609-633-1500

STIGMA-FREE

Stigma remains a primary barrier to the achievement of wellness. The prevalence of stigma undermines an individual's ability to get the help they need because of their fear.

Monmouth County Stigma-Free is a county-wide initiative that aims to reduce the stigmas associated with mental illness and substance use disorder by raising awareness to create a culture wherein residents feel supported by their community.

Every individual deserves to be treated with respect. Regardless of the nature of injury or condition, every individual should feel free to seek help without the fear of stigma.

NJ Governor's Council on Mental Health Stigma

<https://www.nj.gov/mhstigmacouncil/>

The logo consists of three stacked rectangular blocks. The top block is green with the text 'MONMOUTH COUNTY' in bold black capital letters. The middle block is black with the text 'PROUD TO BE' in bold white capital letters. The bottom block is green with the text 'STIGMA-FREE' in bold black capital letters.

MONMOUTH COUNTY
PROUD TO BE
STIGMA-FREE

*This reference guide was printed courtesy of the
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