

Monmouth County Resource Handbook for Families

A Family Guide to Juvenile Justice



**Monmouth County Council on
Juvenile Justice System Improvement**

**Monmouth County
Youth Services Commission**

Key Contact Information

NEXT COURT DATE/TIME _____

JUDGE _____

ATTORNEY'S NAME _____

PHONE _____

The following numbers may be of use to you during your involvement with the Monmouth County Juvenile Justice system:

MONMOUTH COUNTY COURT HOUSE – FAMILY DIVISION MAIN NUMBER ____ 732-358-8700
EXT. 87908

MONMOUTH COUNTY JUVENILE DETENTION ALTERNATIVES _____ 732-866-3688

MONMOUTH PROBATION JUVENILE SUPERVISION _____ 732-358-8700
EXT. 87310

MONMOUTH COUNTY OFFICE OF THE PROSECUTOR _____ 732-431-7160

MONMOUTH COUNTY OFFICE OF THE PUBLIC DEFENDER _____ 732-308-4320

MONMOUTH CARES (SERVING CHILDREN AND ADOLESCENTS) ____ 732-222-8008

NJ DIVISION OF CHILD PROTECTION AND PERMANENCY
(FORMERLY KNOWN AS DYFS)

Monmouth North _____ 732-571-2190

Monmouth South _____ 732-869-6300

To report Child Abuse/Neglect call. _____ 877-652-2873

NJ JUVENILE JUSTICE COMMISSION _____ 609-292-1400

MIDDLESEX COUNTY YOUTH DETENTION CENTER _____ 732-297-8991

In case of an emergency please dial 911 or your local police department.

Please fill in the following information if necessary

MY PROBATION OFFICER _____

MY MONMOUTH CARES WORKER _____

MY DCP&P WORKER: _____

Contents

How the Juvenile Justice System Works	2
Station House Adjustments	
Delinquency Intake Screening	
Diversion Programs	
Youth Detention Center	
Detention Alternatives	
Family Court and Court Terminology	6
Substance Abuse Issues & Resources	9
Domestic Violence Issues & Resources	11
Mental Health Issues & Resources	13
Health Issues & Resources	17
Physical Health	
Sexual Health/Pregnancy	
Education Issues & Resources	19
Support for Kids & Families	21
If Things Go Wrong	23



This is intended to serve as a general guide about the local juvenile justice process and resources that may be of assistance. It is not intended as legal advice and it may not address every question or be applicable to every individual circumstance.

How the Juvenile Justice System Works

1. WHY IS MY CHILD IN THE JUVENILE COURT SYSTEM?

Your child has had a formal complaint signed against him/her and charged with "delinquency". The complaint describes the facts that your child allegedly committed and the violation of the law that he/she is being charged with. You will receive a copy of the complaint.

If your child is required to have an attorney, you will be required to retain one. If you can not afford to do so, you will need to fill out a 5-A application to determine if you are eligible for a Public Defender. However, if you do not qualify for a Public Defender, you must hire a private attorney.

2. WHAT IS JUVENILE DELINQUENCY?

A juvenile is a person under the age of 18. "Delinquency" is an act that would be a crime, an offense or a violation, if the act had been committed by an adult. When a juvenile commits one of these acts, it is called "delinquency". A juvenile who violates a court order commits an act of delinquency.

3. WHAT IS STATION HOUSE ADJUSTMENT

Station House Adjustment allows police officers to resolve minor disputes without the need to file a complaint with the court. A police officer can ask the parent, guardian, or caregiver of the youth, and the victim, if willing, to come to the station house to discuss the offense. The youth and the parent or guardian or caregiver is asked to assure the officer that the youth will not commit any future offenses. The police officer may refer a child to a variety of services, and, if property has been stolen or damaged, require the youth to make restitution in some form. Sometimes community service and written essays are required.

Who is Eligible for a Station House Adjustment?

Any Youth who has been arrested for an ordinance violation or petty disorderly persons offense may be eligible, and in some cases youth with no prior record may be considered even with a fourth degree offense. Youth with more serious charges, or that are on probation, or have charges already filed are not eligible for Station House Adjustment.

4. WHO SIGNS JUVENILE DELINQUENCY COMPLAINTS?

Most juvenile complaints are signed by the police either based on personal knowledge or information supplied by others. Complaints may also be signed by school officials and/or victims of crimes. In cases of Contempt of Court or Violations of Probation, the complaint is signed by the youth's Probation Officer.

5. WHAT HAPPENS NEXT?

A decision is made by the Court as to whether the complaint will be diverted (Please see 6A and 6B below) or be heard by a Juvenile Referee or a Superior Court Judge (Please see 6C & 6Dbelow). The decision as to whether to divert or refer to court is based on the nature of the offense, age of the youth, prior record, willingness of parties to cooperate and victim input.

6. WHAT OPTIONS ARE AVAILABLE TO THE COURT FOR HANDLING THE CASE?

- ❖ Juvenile Conference Committee - A Juvenile Conference Committee is a trained group of citizens that volunteer to participate on a panel. All members of the panel are appointed by the Presiding Judge of the Family Division. This volunteer panel acts as an arm of the Court. The parent, the youth and the complainant/victim are invited to voluntarily discuss with the Committee the offense and other related factors. The committee does not have the authority to determine guilt or innocence. This is an informal discussion of the events and all parties must be in agreement with the handling of the case. The Committee considers the facts and then makes a recommendation for a resolution that aids in the youth's rehabilitation. A resolution will be proposed which may include conditions such as curfew, counseling, evaluation, community service, restitution or any recommendation which will aid in the youth's rehabilitation. If all participants (the parent, the youth, the complainant- victim and the Juvenile Conference Committee) agree on the proposed recommendation, an agreement is signed which will include a set time frame for completion of any conditions imposed.

- ❖ Intake Services Conference - The Intake Service Conference is conducted by a Probation Officer in Family Court and operates in the same manner as the Juvenile Conference Committee, as to an informal agreement recommended by the Probation Officer hearing the case which may or may not include certain conditions to be completed during a specific time frame.

- ❖ Informal/Juvenile Referee or Counsel Non-Mandatory Court - The Juvenile Referee is a person whose qualifications have been approved by the Supreme Court. This person may be a Judge or a Hearing Officer designated to oversee this informal proceeding. He/she will make a recommendation to the Juvenile Superior Court Judge regarding the conditions he/she feels are appropriate to set for your child. If you disagree with the Juvenile Referee, you must advise the Referee at the end of your hearing and the matter can be moved up and heard by a Judge at a Formal Court Hearing. If there is a dispute of the facts, at a Formal Court Hearing, the Judge will decide the case. If the Judge finds your child guilty, the Judge will impose a disposition. If you disagree with the Judge, you may file an appeal within 45 days.
- ❖ Formal or Counsel Mandatory Court - Only a Judge may preside over a Formal Case. Your child must be represented by an attorney. If you cannot afford an attorney, you will need to fill out a Public Defender or 5-A application. Your child will be required to plead guilty or not guilty. If your child pleads not guilty, a trial will be scheduled. The Judge will make the final decision on whether your child is guilty or not guilty. If your child is found guilty, the Judge will also make a determination regarding the disposition or consequences. If you disagree with the Judge's decision, you may file an appeal within 45 days.

7. MUST MY CHILD HAVE A LAWYER?

You are always allowed to hire an attorney to represent your child at any Court appearance. However, in all Formal and Counsel Mandatory Court proceedings, your child must have an attorney. Other complaints (Please see 6A and 6C) do not require that an attorney be present. If there is a threat of incarceration, the Court will require that your child be represented by an attorney.

8. WHEN CAN MY CHILD BE DETAINED?

A child can be detained upon the signing of a complaint under appropriate circumstances. In determining whether detention is appropriate, the following factors must be considered: the health, safety and welfare of the youth, the nature and circumstances of the offense, the age of the youth, the youth's ties to the community, the youth's record of prior adjudications, if any, and the youth's record of appearance or nonappearance at previous Court proceedings.

9. WHAT HAPPENS IF MY CHILD IS DETAINED?

An initial detention hearing must be held no later than the morning following the child's placement in the detention facility. At the initial detention hearing, the first decision about releasing your child is made by a Judge. Factors include the health, safety and welfare of the youth, the physical safety of persons' property and the community as well as the need to secure the presence of the youth at future court proceedings. A parent is expected to be at all hearings involving their child.

10. WHAT HAPPENS IF MY CHILD IS NOT RELEASED?

If the youth is not represented by an attorney at the initial detention hearing and if the Court continues the child's detention after the hearing; the Court shall schedule a second detention hearing called a Probable Cause hearing, to be held within two court days. At that time the child must be represented by an attorney.

Probable Cause means the prosecutor must present enough evidence to prove to the Judge that the offense did happen and that there is "reason" to believe that your child was the one who committed this offense. If the Court is satisfied, the complaint will be listed for a hearing on the charges.

The Judge will then decide whether to continue holding your child in detention. A detention review hearing with counsel must be held within 14 court days of the prior detention hearing. Detention review hearings shall be held thereafter at intervals not to exceed 21 court days.

11. WHAT ARE DETENTION ALTERNATIVES?

Detention Alternatives are options available to the Judge when deciding whether to detain your child in the Youth Detention Center. A Detention Alternative program allows for your child to be supervised within the community while charges are pending before the court. The primary goal of a detention alternative program is to provide supervision and ensure that youth appear in court and do not commit any new offenses. If your child is placed on a detention alternative, he or she will be supervised by the Detention Alternative Unit and will be required to follow specific guidelines as set forth in the program description. Non-compliance with a detention alternative program will result in your child being placed in the Youth Detention Center.

Monmouth County Courts - Family Division

Monmouth County Courthouse
71 Monument Street, Freehold, NJ 07728
732-358-8700

The Monmouth County Family Division is dedicated to resolving disputes, assuring the rights of litigants, acting in the best interest of children and accommodating the needs of the community to the best of their ability. The Family Division Presiding Judge, Managers, Team Leaders and support staff all work together to ensure fair treatment and effective movement through the system.

There are eleven different docket types that are addressed by the Family Division. Juvenile Delinquency is one of these. Some other docket types are Divorce, Domestic Violence, Abuse and Neglect, and Family Crisis. Each type of docket has a different set of initials to identify what type of docket it is. All Juvenile Delinquency cases will be logged as FJ with a series of numbers after it.

The Monmouth County Courts also provide an Ombudsman to help court users navigate the system. The Ombudsman can answer questions, address concerns, and enhance customer service in the courts. You can contact the Ombudsman regarding any conflicts, customer service issues and/or complaints. The Ombudsman cannot give legal advice, talk to a judge for you or change any orders issued by the judge.

The office of the Family Division of the Monmouth County Courts and the Ombudsman's Office are located on the lower level in the South Wing of the Courthouse.

Ombudsman	732-358-8700 ext. 87260
Family Division	732-358-8700 ext. 87908
Family Reception	732-358-8700 ext. 87190
Divorce/Custody/Mediation	732-358-8700 ext. 87180
Domestic Violence	732-358-8700 ext. 87210
Juvenile Delinquency	732-358-8700 ext. 87240
Children in Court	732-358-8700 ext. 87220

Court Terminology

An explanation of some terms you may hear

5A Application:

A 5A application, which comes under Court Rule 5:3-4A, is made to the court by the family of the youth to determine if they qualify for a Public Defender.

Adjudication:

A determination by a judge that a youth has or has not committed that charge(s) listed in the complaint.

Case Reviews:

Periodic review of youth cases which require legal representation and at which parents or legal guardians may be present. They can occur at any time during a case.

- ❖ The law requires a review is held within every 21 days if a youth is being held in the Youth Detention Center.

Complaint:

A document filed with the court accusing a person of a crime or violation of the law. The complaint contains the charge made against a youth.

Delinquency:

An act by a youth under the age of 18 that if committed by an adult would constitute a crime, a disorderly persons offense, a petty disorderly persons offense, or a violation of any statute, ordinance, or regulation.

Disposition:

A court-ordered outcome or resolution to a case for youth is called a disposition and for adults is called a sentence.

Plea:

A youth's declaration in open court that he/she is guilty or not guilty of the offense charged against them.

Pool Attorney:

A defense attorney who has been contracted by the Office of the Public Defender to represent youth in court matters.

Public Defender:

A defense attorney who can be assigned to represent your child. Public Defender representation for youth facing delinquency charges is not free, and you may be billed for services performed by the public defender's office.

Probable Cause Hearing:

A hearing to determine that there is sufficient circumstances to believe that a juvenile committed a crime/offense. It is mandatory that this hearing is held within two court days after the retention hearing.

Retention Hearing:

The initial appearance before a Superior Court Judge to advise the youth of the nature of the charges against him/her and the youth's right to counsel (Lawyer, Attorney). The Judge will ask if the youth is represented by counsel and if not will offer the family the opportunity to file a 5A application for a Public Defender.

- ❖ Note: Families must file a 5A Application to determine whether they qualify for this service. All youth under the age of 18 MUST be represented by Legal Counsel in Juvenile Court.

Waiver:

The transfer of a juvenile delinquency charge to criminal court for processing as an adult.

Substance Abuse Issues

Youth in our community are using alcohol and other substances such as marijuana, cocaine, heroin, and prescription drugs at increasing rates. Use of these substances often results in contact with the police or legal system, either due to possession of the substances, or other behaviors related to obtaining, buying or selling substances.

You may be concerned that your child is just beginning to develop a problem with alcohol or substances, or you already may be certain that they have a serious substance use problem. If so, you and your child need help. No one can confront substance abuse alone.

Counseling for substance abuse issues can be done individually, in groups, and with the whole family. At times, participating in a program several times a week, or going away to a residential rehabilitation program may be needed. In addition, there are free support groups in the community, called "12 Step Meetings" for youth as well as their families, which include Alcoholics Anonymous, Families Anonymous, and Narcotics Anonymous.

If you suspect your child is using substances, it is important you take the first step and take your child for evaluation by a qualified substance abuse professional. With this professional, you will be able to decide what type of professional services to seek, and develop a plan to intervene in ways that will be most effective.

Recognize some signs of substance use, such as:

- ❖ Changes in friends, especially if your child is hanging out with others you know or suspect use substances
- ❖ Staying out late, especially if you don't know where your child is
- ❖ Avoiding contact with family after being out with friends
- ❖ Missing school or important family events
- ❖ Money or valuables missing
- ❖ Odd behaviors and appearance

Substance Abuse Resources

- ❖ Addictions Hotline of New Jersey 1-844-276-2777
- ❖ Al-Anon, Ala-teen 973-744-8686
(support groups for family members)
- ❖ Alcoholics Anonymous (support groups)..... 800-245-1377
- ❖ Children’s System of Care - Substance Use Treatment Services
..... 1-877-652-7624
- ❖ Community YMCA Family Services (outpatient) 732-290-9040
- ❖ CPC Behavioral Healthcare, ACCESS (outpatient, intensive
outpatient for adolescents & early intervention services)
* Transportation is included for adolescent IOP
..... 732-842-2000, ext. 4221
- ❖ Families Anonymous (support groups) 800-736-9805
- ❖ Institute for Prevention & Recovery..... 732-837-9420
- ❖ Jersey Shore Behavioral Health 732-345-3400
(Intensive Outpatient Program)
- ❖ Meridian Health..... 732-345-3400
- ❖ Middletown Township Crossroads 732-615-2275
at Lincroft Annex (outpatient)
- ❖ Monmouth County Office of Addiction Services 732-431-6451
- ❖ Narcotics Anonymous (support groups)..... 800-992-0401
- ❖ New Hope Foundation (Marlboro facility - inpatient) 732-946-3030
(Freehold facility - outpatient)..... 732-308-0113
(Philip House - Long Branch outpatient)..... 732-870-8500
- ❖ Ocean Township Human Services (outpatient) 732-531-2600
- ❖ Preferred Behavioral Health-Prevention First..... 732-663-1800
- ❖ Stress Care of NJ (Adolescent IOP)..... 732-679-4500, ext.2
- ❖ Wall Youth Center (outpatient) 732-681-1375
- ❖ Wellspring Center for Prevention..... 732-254-3344

Domestic Violence Issues

Domestic violence is a pattern of abusive behavior used to maintain control or assert power over an intimate partner (spouse, former spouse, co-parent, or dating partner), a parent or a present or former household member.

Abusive behaviors are not limited to physical violence such as punching or kicking, they also include psychological, verbal, sexual and economic abuse and THEY AFFECT THE ENTIRE FAMILY.

The New Jersey Statewide Domestic Violence Hotline provides a 24-hour, seven-day-a-week confidential hotline for domestic violence victims and others seeking crisis intervention, information and/or referral services **1 (800) 572-SAFE (7233)**

EXAMPLES OF ABUSIVE BEHAVIORS INCLUDE:

Physical: Hitting, slapping, pushing, biting, punching, choking and restraining.

Psychological:

- ❖ Making partner feel insecure: attacks on self esteem, blaming, criticizing, manipulation, making partner feel crazy, humiliating, & creating feelings of guilt.
- ❖ Intimidation: threatening looks or behavior, throwing objects, breaking things, & punching walls, playing on partners fears.
- ❖ Isolation: stopping the person from seeing friends and family, sabotaging relationships, pressuring partner into giving up activities or work, & keeping tabs on partner.

Verbal: cursing, swearing, yelling, put downs, name calling, and criticizing thoughts and feelings.

Sexual: Any non-consenting sexual act or behavior, unwanted sexual contact, comments or gesturing within a relationship, manipulating a partner into doing something sexual they do not feel comfortable with.

Economic: Controlling all finances, preventing partner from getting a job.

DOMESTIC VIOLENCE:

Is widespread - One in four women report being sexually or physically assaulted by a spouse, cohabiting partner or date at some point in their lifetime, according to the National Violence Against Women Survey.

Doesn't Discriminate - Domestic violence occurs in people from every ethnic background, educational level, income, age, race and religion regardless of marital status or gender preference.

Rekurs and Escalates over time.

Is all Encompassing it affects the work, school, home and social life of every member of the family.

Domestic Violence Resources

In case of emergency, dial 911 or your local Police Department

- ❖ 180 Turning Lives Around 732-264-4111
- ❖ 2nd Floor Youth Helpline 888-222-2228
- ❖ Amanda's Easel 732-787-6503
- ❖ Domestic Violence Hotline (24 hours)..... 888-843-9262
- ❖ NJ Division of Child Protection and Permanency 877-652-2873
(formerly known as DYFS)
- ❖ NJ Division of Family and Community Partnerships, 609-888-7400
Office of Domestic Violence
- ❖ Parents Anonymous..... 800-843-5437
- ❖ Sexual Assault/Rape Hotline (24 hours) 888-264-RAPE
- ❖ Monmouth County Prosecutor's Office
Victim-Witness Unit.....732-431-6459
- ❖ Monmouth County Family Justice Center.....732-264-4360 ext. 5000

Mental Health Issues

Youth getting in trouble with the police or legal system may have unrecognized or untreated behavioral health issues that are contributing to their difficulty staying out of trouble. Issues may include: Attention Deficit Disorder and difficulties with impulse control; depression and other issues with mood; or anxiety or reactions to serious or traumatic events. For some youth, getting in legal trouble can bring a child or family's personal issues to the surface, and getting help to cope with the situation may be needed to prevent further problems.

You might need behavioral healthcare assistance if you notice your child:

- ❖ frequently gets into arguments, has difficulty paying attention or staying focused, repeatedly gets in trouble in school for distracting others, and often doesn't complete assignments.
- ❖ is irritable, feels hopeless, has lost interest in their usual activities, is withdrawing from family and friends, and has difficulty maintaining a regular sleep schedule.
- ❖ has been through a very distressing event such as the loss of a close family member or friend or was a witness or victim of violence or assault, and experiences changes in their mood, concentration, or sleep patterns after this event.
- ❖ has difficulty managing their anger; and often seems to have conflict with peers or dealing with conflict within the family.

Many resources are available and listed in this guide to assist you in recognizing, understanding, and getting help. The first step is a comprehensive evaluation and deciding with a behavioral healthcare provider what is the best type of help for your child. Most services are covered by Medicaid or private insurance, and sliding scales for payment (based on proof of income) are available when needed. Individual or family counseling, group counseling, and evaluation by a medical doctor (psychiatrist) may be needed to help. In addition, support groups and case management programs are available in the community to help coordinate services.

Any parent, guardian or caretaker can call [877-652-7624](tel:877-652-7624) to connect with the [NJ Children's System of Care \(Perform Care\)](#) and ask that a needs assessment be done for their child at no cost to you. The assessment will determine what kind of care your child may need. You could be connected directly to services in your community or, if issues are more challenging, a care manager may be assigned to work with your child and family. The care manager will help you come up with plans to address your concerns.

Parents are encouraged to call the Family Support Organization (FSO) if they are uncomfortable or unsure about calling the NJ Children's System of Care (PerformCare) on their own. The FSO can offer guidance, support and help to caregivers before making a call for their child. The warm line at the Family Based Services of Monmouth County is 732-542-4502.

If your child is at risk for hospitalization or not being able to remain in your home, you can ask for "Children's Mobile Response" to come to your home to help calm the crisis and help your child remain stable at home. (see the resource section on the next page for contact information)

Please keep in mind that youth who are at immediate risk for harming themselves or others should be taken to the hospital for emergency screening.

It is important that if a doctor prescribes medication for your child that you be certain it is taken. Medication can often help the situation improve faster.

Emotional / Behavioral Health Resources

Information and Referral

If you are covered by insurance, call your insurance company for a referral to a mental health provider in your area.

- ❖ Addictions Hotline of NJ.....1-844-276-2777
- ❖ Mental Health Association of Monmouth County..... 732- 542-6422
- ❖ Monmouth County Office of Addiction Services.....732-431-6451
- ❖ Monmouth County Office of Mental Health 732-431-7200
- ❖ New Jersey Children’s System of Care Services 877-652-7624
Contracted Systems Administrator - PerformCare

Support

- ❖ 2nd Floor Youth Helpline (youth support)..... 888-222-2228
- ❖ Families Anonymous (support groups) 800-736-9805
- ❖ Family Based Services Association 732-542-4502
(parent support groups)
- ❖ Parents Anonymous 800-843-5437
- ❖ Youth Partnership 732-571-3272
- ❖ Al Anon/Alateen.....888-944-5678

(See section on Support for additional support resources)

Outpatient Services

- ❖ Catholic Charities 732-747-9660
- ❖ Community YMCA Family Services 732-290-9040
- ❖ CPC Behavioral Healthcare, ACCESS office... 732-842-2000 ext. 4221
- ❖ Family and Children's Services..... 732-222-9111
- ❖ Jersey Shore University Medical Center
Behavioral Health Services..... 732-643-4363

Outpatient Services (continued)

- ❖ Jewish Family and Children's Services 732-774-6886
- ❖ Mental Health Association of Monmouth County 732-542-6422
- ❖ Mercy Center (Greater Asbury Park residents)..... 732-774-9397
- ❖ Monmouth Medical Center, Pollak Clinic 732-923-5220
- ❖ Riverview Medical Center Behavioral Health 732-345-3400
- ❖ Stress Care of NJ.....732-679-4500, ext.2

If there is a crisis: In case of emergency, dial 911 or your local Police Department

- ❖ Call 911 if an emergency
- ❖ Call Monmouth Medical Center Crisis Unit/Emergency Screening for
Psychiatric Hospitalization for Children 732-923-6999
- ❖ Take child to local emergency room
 - ❖ CentraState (emergency hotline/crisis only) 732-780-6023
 - ❖ Jersey Shore Behavioral Health Crisis Hotline 732-776-4555
 - ❖ Riverview Medical Center Crisis Helpline 732-219-5325
- ❖ Call Children's Mobile Response and Stabilization to preserve a child's
living arrangement and/or prevent hospitalization: 877-652-7624
- ❖ Call Mental Health Association/Family Crisis Intervention Unit in crisis
situations that involve serious conflict between the parent/guardian
and the youth, serious threat, incorrigibility, runaway behavior and
truancy issues. 732-542-2444
- ❖ NJ Suicide Prevention Hopeline.....855-654-6735

Health Issues

Most teenagers are very healthy, but if you or your child are worried about their health, there are resources.

Every youth should have a health practitioner who knows them. This could be a pediatrician, a nurse practitioner, a family doctor, a primary care center or a clinic or a school nurse. Regular routine physicals and health screenings can help the health practitioner know your child.

You should pay attention to your child's healthcare:

- ❖ If he or she doesn't have a practitioner who knows them
- ❖ If your child hasn't seen a doctor for a routine physical in one year
- ❖ If your child has been diagnosed with a chronic illness such as diabetes, asthma, or seizure disorder and does not have follow-up appointments
- ❖ If your child needs immunizations
- ❖ If your child experiences any adverse physical symptom which can include:
 - ❖nutritional imbalances (underweight, overweight, eating disorders)
 - ❖frequent headaches
 - ❖vomiting, diarrhea, frequent stomach aches
 - ❖fever
 - ❖chronic fatigue or tiredness
 - ❖pain that doesn't go away
 - ❖anything else that worries you or your child
- ❖ If you suspect that your child is sexually active, may have a sexually transmitted disease, or may be having unprotected sex
- ❖ If your child may need birth control
- ❖ If your child may be pregnant

Many health resources are available to you and your child. Most important is to find a provider who maintains a current health history as well as being available for preventative and acute care service. Most services are covered by Medicaid or private insurance and sliding scales based on income (proof of income may be required.)

A list of private doctors can be obtained from your local hospital or call your health insurance provider for a list of doctors in your area.

Health Resources

- ❖ Monmouth County Health Department.....732-431-7456
- ❖ Freehold Family Health Center, a unique collaborative initiative
597 Park Avenue, Freehold, NJ 07728 732-294-2540

Health Centers- Federally Qualified (free or sliding scale)

- ❖ VNA of Central Jersey - Community Health Center of Asbury Park
1301 Main Street, Asbury Park, NJ, 07712 732-774-6333
- ❖ VNA of Central Jersey - Community Health Center of Keansburg
100 Main Street, Keansburg, NJ 07734 732-787-1250
- ❖ VNA of Central Jersey - Keyport Primary Care Center
35 Broad Street, Keyport, NJ, 07735 732-888-4149
- ❖ VNA of Central Jersey - Red Bank Primary Care
176 Riverside Ave., Red Bank, NJ, 07701 732-219-6620
- ❖ Monmouth Family Health Center Inc.
270 Broadway, Long Branch, NJ 07740 732-923-7100

Free Care to the Uninsured

- ❖ Parker Family Health Center, Red Bank.....732-212-0777
- ❖ Paul McGuire Family Health Center, Freehold.....732-409-0133

Sexual Health/Pregnancy

- ❖ Planned Parenthood of Central NJ732-842-9300

Area Hospitals

- Bayshore Community Hospital, Holmdel732-739-5900
- CentraState Healthcare System, Freehold732-431-2000
- Riverview Medical Center, Red Bank.....732-741-2700
- Jersey Shore Medical Center, Neptune.....732-775-5500
- Monmouth Medical Center, Long Branch.....732-222-5200

Education Issues

One factor which is crucial to your child's ability to succeed in school is your involvement. The purpose of this section in the Handbook is to assist families in finding the right educational resources for their children.

There is no reason that you must tell the school that your child was arrested or was in Detention. Unless it affects your child's education, you may keep it private. If you decide to let the school know, the place to start is your child's Guidance Counselor. He or she will help you and your child plan what to do with school.

Your child should be able to go back school. If not, you should be given a good reason why not, and another plan should be made immediately.

Under New Jersey Statute 18A-37-8, any pupil that is removed from the regular education program shall be placed in an alternative education program. If placement in an alternative education program is not available, the student should be provided home instruction or other suitable facilities and programs until placement is available.

School districts in NJ have control over the educational programs which are offered to students. If your child is participating in any Detention Alternative program and can't attend school, the School District can use a variety of educational programs to meet the student's current grade requirements.

For Classified Students

If your child is classified, you should have received a booklet called "PRISE" (Parental Rights In Special Education). This booklet outlines all of the steps you can take in working with the staff in the school, your district, and the State. Request this booklet if you don't have it.

For classified students, educational strategies may include placement in an Alternative School, Home Tutoring, the New Jersey Virtual High School (an on-line option) or other district program offering. The ultimate goal of these alternative placements is to allow your child to continue with their educational program.

If the school is not giving you answers or you don't have confidence in the answers, you can take these steps:

- ❖ If your child has a Child Study Team case manager, call him or her

- ❖ Call the Child Study Team Supervisor if you are not satisfied
- ❖ Call the Principal if you are still not satisfied
- ❖ Call the Superintendent if you are still not satisfied

If you need the contact name and phone number of your local District, contact the Monmouth County Superintendent of Schools' office at 732-431-7810 or visit the county website at www.co.monmouth.nj.us and click on "Departments" and then "Superintendent of Schools".

Education Resources

Outside help is available if you feel frustrated after you have taken the steps above. Here are some contacts.

- ❖ Monmouth County Superintendent of Schools 732-431-7810
This office mediates between parents and the school district. They can advise you on how to request formal mediation from the school district. They can inform you on how to make a complaint, or give you information on Due Process.
- ❖ Monmouth County Vocational School District 732-431-7942

Parent Peer Support:

- ❖ Statewide Parent Advocacy Network800-654-SPAN
This group can help you understand your child's educational rights. (www.spannj.org)
- ❖ Family Based Services Association of NJ 732-542-4502
Parent-run organization offering parent-to-parent support groups and education advocacy

Professional Advocates:

- ❖ Community Health Law Project 732-380-1012
Provides legal representation and advocacy services to indigent persons with disabilities throughout the state.
- ❖ Disabilities Rights New Jersey.....1-800-922-7233
www.drnj.org.
- ❖ Advocates for Children of NJ (ACNJ) 973-643-3876
This group has school law attorneys on staff.
- ❖ Education Law Center..... 973-624-1815
This group is expert on education law.

Support

Support is necessary for everyone. We all need it. We especially need support during times of stress or when we or the people we love are involved in a crisis.

Reaching out for support is sometimes difficult to do. We often think we should be able to handle a difficult situation on our own - that we will appear weak or ineffectual if we ask for help or even a listening ear. Sometimes we wonder what people will think of us or whether we will be judged. At other times we may blame ourselves and decide to tough it out all alone.

No matter what you are going through, you are not alone. There are always many others in the same situation or that have gone through the same thing you are facing right now.

Finding the right support for you in a time of difficulty is easier than you might think. Supportive individuals and organizations are all around you.

- ❖ Your church or religious group
- ❖ Your school counselor or School-based Youth Services
- ❖ Your local counseling or community center
- ❖ Your friends and neighbors
- ❖ Your extended family network
- ❖ Help line and support groups
- ❖ Family Success Centers

All of these organizations can offer support through direct counseling, one-to-one conversations, groups, family peer contact, information and referral or activities.

Support Services

- ❖ Al-Anon973-744-8686
support for family members of alcoholics
- ❖ Ala-teen973-744-8686
support for teens with alcoholism in family
- ❖ Nar-Anon 877-424-4491
support for families of narcotic users
- ❖ New Jersey 211 First Call for Help..... 211
- ❖ Second Floor - Youth Helpline.....888-222-2228

- ❖ Bayshore Family Success Center.....732-497-3811
- ❖ Coastal Communities Family Success Center.....732-571-1670
- ❖ Oceans Family Success Center (Asbury Park).....732-455-5257
- ❖ Child Care Resources of Monmouth County.....732-918-9901
- ❖ Families Anonymous.....800-736-9805
Support groups for relatives and friends of those who have alcohol,
drug or behavior problems
- ❖ Family-Based Services Association of NJ.....732-542-4502
Parent-run organization offering parent-to-parent support groups for
families of children with emotional, behavioral health challenges or
developmental delays.
- ❖ Family and Children’s Service.....732-222-9111
- ❖ Community Affairs and Resource Center732-774-3282
- ❖ Jewish Family and Children’s Service.....732-774-6886
- ❖ Mental Health Association of Monmouth732-542-6422
- ❖ Mercy Center (Family Resource Center).....732-774-9397
- ❖ Monmouth County Department of Human Services 732-308-3770
 - Division of Social Services732-431-6000
 - Office of Addiction Services732-431-6451
 - Office of Mental Health732-431-7200
 - Office of Youth Services Planning.....732-866-3585
 - Juvenile Detention Alternatives732-866-3688
- ❖ Monmouth County Workforce Development.....732-683-8850
- ❖ New Jersey Self-Help Clearinghouse800-367-6274
Maintains a database of over 6,700 self-help groups statewide
- ❖ Parents Anonymous of New Jersey800-843-5437
24 Hour Stress Line -Confidential peer support groups around child
abuse and neglect
- ❖ Parents Support Group of New Jersey.....973-736-3344

If Things Go Wrong

As a parent having a child involved within the court system, it is not unusual for you and your child to feel overwhelmed. It is important to begin by looking over your court papers and understanding what is expected of you and your child.

Over time, many of our children forget the time when they were in front of the Judge and begin to create their own rules. This is when parental involvement becomes most important. If your child does begin to act out, you want to try to talk to them in a calm, clear manner to try to find out what may be going on. Tell them that you are trying to understand them and want to help them through these tough times. Don't threaten or yell at them because this could only make the situation worse. If this doesn't work, you could use the court system to your advantage. For example, if your child is involved with a Detention Alternatives Program then call the Detention Alternatives Coordinator; if your child is involved with Probation, call the Probation Officer. Talk to them about what is going on.

*Everyone makes
mistakes - it's
how you deal
with it that
counts*

Keep in mind that if your child is acting out of the ordinary, it could be an emotional or behavioral issue. Therefore, you will want to have the situation assessed by a mental health professional. If you are not involved with any other agency, your first step is to call NJ Division of Children's System of Care at 877-652-7624 and request assistance with your difficulties. Note that there are plenty of people and services that are set up to help you through this experience so you do not have to do it on your own.

As a child involved within the court system, it is important that you understand that you need to follow what the Judge tells you to do (refer to court order). You are responsible for your actions, choices, and decisions. Everyone makes mistakes, but it is how you deal with it that counts. The number one thing to remember is that you should never run from your problems because they will catch up to you sooner or later. If you feel you need help or extra support, it is important that you ask for what you need in order to succeed. For example, if you are on Home Detention and are having trouble in school, don't think that cutting the bracelet and running will solve this problem. Instead, call your Detention Alternatives Coordinator and talk to them about your difficulties so that you can avoid getting into trouble down the road. Try to think things out while keeping in mind the consequences instead of acting within the moment. Poor decisions can lead you back to court and possibly to the Youth Detention Center. Try to get involved in positive activities such as school, sports, writing songs, spending time with your family, and finding a job. The busier you are, the less time you will have to get into trouble. Think of yourself as a leader, not a follower and make your own choices. Surround yourself with those who are doing positive things with their lives and do the same for yourself!

Resources

- ❖ NJ Division of Children's System of Care877-652-7624
- ❖ Probation Division (main number) 732-358-8700 ext. 87310
- ❖ Division of Juvenile Detention Alternatives732-866-3688
- ❖ Office of the Public Defender 732-308-4320
- ❖ NJ Division of Child Protection and Permanency (Northern)
(formerly DYFS)800-392-9511
- ❖ NJ Division of Child Protection and Permanency (Southern)
(formerly DYFS)800-392-9512
- ❖ New Jersey Child Abuse Hotline.....877-NJABUSE



**Monmouth County Court House
Family Division
732-358-8700**

**Monmouth County Division of
Juvenile Detention Alternatives
732-866-3688**

**Monmouth County Office of
Youth Services Planning
732-866-3585**