

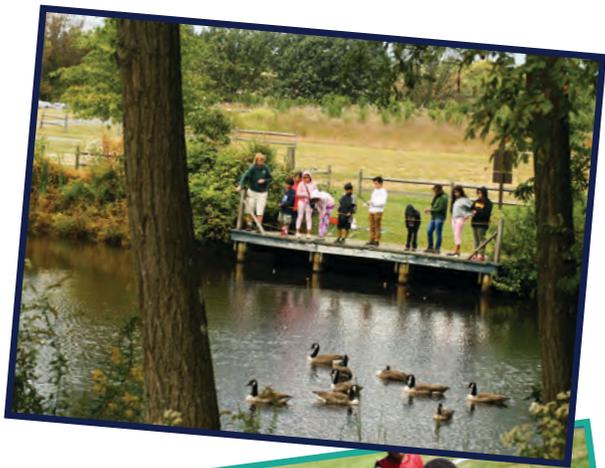
MONMOUTH COUNTY PARK SYSTEM

RECREATION ASSISTANCE PROGRAM



2019 ACTIVITY LISTING

MonmouthCountyParks.com



Who We Are

The Monmouth County Park System was established in 1960 when 24 acres of land left over from the construction of the Garden State Parkway were used to create Shark River Park. We have been growing ever since. Today, we manage 43 park areas that include forests, wetland/marine habitats, golf courses, historic sites, recreation areas and conservation sites. One of our long-term goals is to preserve more than 19,000 acres - 7% of the county - as public space. Along with securing land for future generations, we also offer more than 6,000 programs, camps, activities and events each year.

What We Do

The Monmouth County Park System is proud to offer many opportunities for school, community, scout and other groups. Our group programming creates opportunities to develop leadership skills, participate in team building, and enhance critical thinking. We strive to assist people of all ages and abilities to develop a deeper appreciation of the natural world. We invite you to take advantage of the programs listed here to help achieve our common goal of teaching the value of our natural resources.

For more information, please visit www.MonmouthCountyParks.com and click on Environmental and Outdoor Adventure Programs for Groups under Activities.

Our Mission

To provide all county residents who have been qualified by a certified agency, the opportunity to participate in Monmouth County Park System recreation programs and activities at a low cost.

Philosophy:

The Monmouth County Park System is committed to providing recreation for all Monmouth County citizens, regardless of their financial status. In order to make recreation services available to all county citizens, the Monmouth County Park System initiated the Recreation Assistance Program (RAP) to meet the recreation needs of county residents who are unable to pay the established program fees.

Goals:

To provide safe, positive leisure experiences that contribute to an individual's overall growth and development and lead to a healthy and enriched life.

To evoke an appreciation of oneself, nature, outdoors and parks.

To learn lifetime skills that contribute to the recreation of an individual's body and mind.

Procedure:

The Recreation Assistance Program provides recreation services in the non-curricular activities. It serves Monmouth County citizens of all ages through a contract with a certified non-profit agency or a governmental department that will attest to the economic status of the participants. The published prices of the Recreation Assistance Program activities in this booklet reflect a discount of 15-50% from the prices advertised to the general public. The certified participating agency is responsible for covering the program costs listed in this booklet.



Table of Contents



Recreation Assistance Program Application Process	2
Reserving Programs	2
Summer Transportation Assistance	3
Recreation on the Go	3
Arts & Crafts Programs	4-5
Health & Fitness	6-7
Sports & Games	8
Equestrian Programs	9
Kids on the Block	10
Nature Programs and Activities	11-18
Horticultural Programs	19-20
Outdoor Recreation	21-24
Pool Time	25
Summer Specials	26
Historic Walnford	27-28
Historic Longstreet Farm	29-30
Event Planning	31
Staff Enrichment	32
Group Activity Reservation Planning	Appendix A
Monmouth County Park System Release Form	Appendix B

Icon Legend



Recreation On The Go





Recreation Assistance Program Application Process

1. Complete the Recreation Assistance Program Agency Information. Be sure to list the names of ALL the individuals who will be coordinating programs with the Monmouth County Park System on behalf of your agency. Include their phone numbers (work, cell). If they have an e-mail address, please include that also.
2. Complete the Recreation Program Agreement.
3. Complete the Summer Transportation Application, if applicable.
4. Complete the Recreation Assistance Program Affidavit and have it signed and sealed by a notary public.
5. Make copies for your agency. Mail the originals to:
Urban & Community Recreation Division
Monmouth County Park System
805 Newman Springs Road
Lincroft, New Jersey 07738-1695
6. By submitting these forms you agree to the \$25.00 registration fee.
7. These forms must be completed and **ON FILE** with the Monmouth County Park System before you call to reserve programs. You will receive confirmation that you are a certified Recreation Assistance Program agency. We cannot accept faxed copies of these forms.
8. Please note: If you wish to add the names of others who are authorized to reserve programs for your agency after your forms are on file, please contact our office. If an individual's name is omitted, (s)he will not be able to reserve programs. Please make sure your list is complete!
9. Now you are ready to reserve programs!



Reserving Programs

1. Read this book at your leisure. Mark the programs that are of interest to you.
2. Once you have found the program(s) you would like to reserve, phone the person directly responsible for scheduling the program. This information is listed with each specific Monmouth County Park System program.
3. Please refer to the Group Activity Reservation Planning Worksheet on Appendix A and have the following information ready:
 - a. program name
 - b. program location
 - c. date and time requested
 - d. group size
 - e. age of participants
4. You will receive a verbal confirmation of the requested program at this time.
5. Then you will receive a mailed program receipt and confirmation from our Reservations Department.
6. If you reserve a program at Historic Longstreet Farm, you will receive an invoice that must be paid in advance of your program date. If this is not done, your farm program may be cancelled.
7. For all other programs, your invoice will be mailed for payment after your program has taken place.
8. If you have any questions or concerns about reserving programs, please call 732-834-9606, ext. 1#.

Summer Transportation Assistance



During the months of June, July and August, the Monmouth County Park System, with the assistance of the Friends of the Parks, will be able to provide *limited* school bus transportation to programs booked at Monmouth County Park System locations for agencies that would not otherwise be able to take advantage of the Recreation Assistance Program.

In order to partake in the Summer Transportation Assistance, please make sure to fill out the Summer Transportation Assistance Application.

Min of 15 passengers/Max of 54 passengers

We will try to honor as many requests as possible.

Early requests are advised. If you have any questions, please call 732-834-9606, ext. 1#.

GENERAL GUIDELINES

Bookings will be on a first call, first served basis.

Timeline for booking:

3-6 weeks  Ideal
1-2 weeks  Standard
4 days notice  Based on Availability

We cannot accommodate a bus request made less than 72 hours prior to your program.

CANCELLATION POLICY/PENALTY

If you need to cancel a bus, please call the transportation coordinator a minimum of 24 hours prior to your scheduled program.

A penalty fee of \$200.00 will be billed to your agency if less than 24 hours notice is given or if the bus is canceled on site.

Recreation on the Go



Be on the lookout for our Recreation on the Go programs: 

Let the Monmouth County Park System bring programs to you!

Our knowledgeable and enthusiastic staff will bring all the supplies and equipment necessary to provide quality recreation programs at your facility.

- We can put a fresh, new and exciting twist to your normal day.
- We service almost all ages.
- We can arrange our programs to fit your needs.
- We can run our programs in just about any space size.
- Programs travel to your facility at no additional cost!



Arts & Crafts Programs

Contact: Barbara Zarella
Phone: 732-842-4000, ext. 4253

Origami

The ancient art of origami has one simple rule: transform a flat sheet of paper into an object without using scissors or glue. The possibilities are endless to create your own work of art.

Location: Thompson Park, Lincroft, or your facility

When: year-round

Time/Length: 1 hour

Ages: 8-adult

Group Size: min: 7; max: 15

Price: \$4.50/person

Things with String

Explore the many art forms that can be made using string, yarn, floss and more. Projects may include friendship bracelets, necklaces or keychains.

Location: Thompson Park, Lincroft, or your facility

When: year-round

Time/Length: 1 ½ hours

Ages: 9-15

Group Size: min: 7; max: 15

Price: \$4.50/person

Ceramics

Glaze pre-cast ceramic pieces. They will then be kiln fired and the finished work will be ready a week later. Pieces include small figures or decorative boxes.

Location: Thompson Park, Lincroft

When: year-round

Time/Length: 1 ½ hours

Ages: 6-adult

Group Size: 14

Price: \$5.00/person

Painted Canvas

Create your own masterpiece! Use traditional painting techniques to make your art come to life.

Location: Thompson Park, Lincroft, or your facility

When: year-round

Time/Length: 1 ½ hours

Ages: 7-15

Group Size: 14

Price: \$4.50/person



Arts & Crafts Programs



Contact: Elyse Badal
Phone: 732-834-9606, ext. 1

Bead Blast

Fascinating activity! Each participant will get a peg board. Beads are placed on the board to make designs. The beads are then ironed to fuse them together. Create your own designs or use the ones provided. Simple, yet engaging.

Location: Your facility

When: year-round

Time/Length: 1 hour

Ages: 6 and up

Group Size: min: 10; max: 20

Price: \$3.50/person

Krafty Crafts

Need something new and fresh for your program? Paint, glitter, glue and a whole lot more. Supplies will be provided. Ideas available for all ages and seasons.

Location: Your facility

When: year-round

Time/Length: 1 hour

Ages: 6 and up

Group Size: min: 10; max: 20

Price: \$3.50/person

Sand Art - Cards

Fun and easy! Staff will assist participants in a great craft project. A stencil is placed on a card and filled in with sand. After the stencil is removed more sand is used to create the background. Watch in wonder as a beautiful postcard is created.

Location: Your facility

When: year-round

Time/Length: 1 hour

Ages: 6 and up

Group Size: min: 10; max: 20

Price: \$3.50/person





Health & Fitness

Contact: Elyse Badal
Phone: 732-834-9606, ext. 1#

About the Instructor: Basha Alperin MA, a certified elementary school educator, has been practicing and teaching yoga and dance for over 30 years, specializing in African and Caribbean dance and movement for theatre. She has written and produced many dance dramas in NYC and NJ.

Location: Your facility 
When: year-round, Mon-Fri
Time/Length: 1 hour
Ages: 6 - adult
Group Size: min: 10
Price: \$100/group



African Caribbean Dance

Groups will learn to move to the beat of traditional African and Caribbean dances drawn from such countries as: Cuba, Puerto Rico, Senegal, Nigeria, Mali, Ivory Coast, etc. Multiple sessions can be reserved as an ongoing series.

Yoga for Kids (and all ages)

Yoga for kids involves all of the basic postures, stretching and toning used in regular yoga, but also includes yoga games and imagery especially for children, with an emphasis on having fun. Working out, relaxing, chanting, learning animal shapes, breathing and visualizing are all components for a kid's yoga experience.

Yoga-Dance

For those who like to mix the beauties of yoga with creative movement and music. Workshops will include live drumming, with several healing modalities involving movement, such as Qi Gong and Tai Chi.

Dramatic Expression

Explore the world of drama through techniques of improvisation, creative movement, dialogue and other dramatic exercise and games. Children have fun learning to feel comfortable expressing themselves through dialogue, movement and creative role playing.

Story Telling

An interactive workshop with stories drawn from around the world, with an emphasis on Africa and the Caribbean. The program will encourage audience participation through song, words and movement. Many of the stories have universal 'morals' that may be discussed as part of the presentation.

Health and Fitness



Contact: Elyse Badal
Phone: 732-834-9606, ext. 1#

Pilates

Pilates is known for strengthening the core muscles, while flexing and toning all the muscles. Pilates can transform the body, rid the mind and body of stress, and help with posture alignment.

ZUMBA

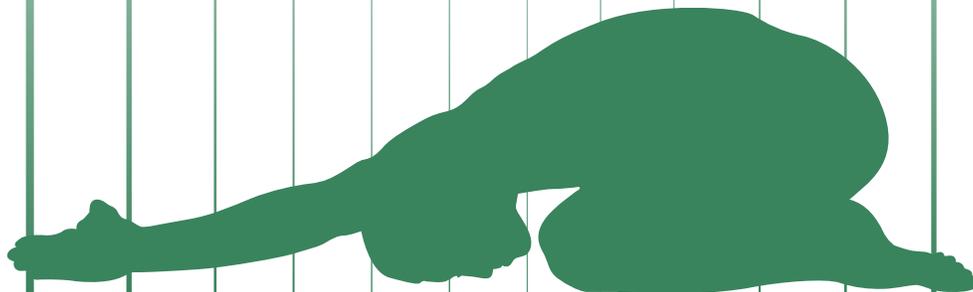
Zumba fuses hypnotic Latin rhythms and easy to follow moves to create a dynamic fitness program that will blow you away. Over the past few years, Zumba has become nothing short of a revolution. Coining the concept of fitness-party and making fitness fun, Zumba has spread like wildfire, and has positioned itself as the single most influential movement in the industry of fitness.

ZUMBATOMIC - (Zumba for kids)

Zumbatomic is fun and engaging for all kids. It draws on many sources of music including the latest in hip-hop and Latin beat. Steps are broken down slowly for the children to be able to follow. No experience is necessary. Children will dance and exercise at the same time, while having fun and being exposed to a wide variety of dance forms.

Yoga-lates

Yoga-lates is a combination of yoga and Pilates that brings benefits of both systems. There will be Pilates movements to the beat of the music, which build core strength while also stretching and toning all the major muscles. Workshop will also include the meditational and relaxing practices of yoga for a newer and better you!





Sports & Games

Contact: Elyse Badal
Phone: 732-834-9606, ext. 1#

Golf

Get out and see one of the Monmouth County Park System's beautiful golf courses! This clinic will give basic instruction and time to practice driving and putting.

Location: Bel-Aire Golf Course, Wall

When: year-round

Time/Length: 1 ½ hours

Ages: 10 and up

Group Size: min: 5; max: 15

Price: \$5.00/person

Sport Crazy

Get outside and play two sports of your choosing. Sports can include: flag football, hockey, soccer, volleyball, basketball, team hand ball, pickleball, disc golf and gaga. If at your facility, activities will be dependent on the space available.

Location: Big Brook Park, Marlboro

When: April - October

Time/Length: 1 ½ hours

Ages: 6 and up

Group Size: min: 10; max: 30

Price: \$3.50/person

Group Games

Relay races, tag games, backyard games and more! Our staff will play a variety of games to keep your group having fun! If at your facility, activities will be dependent on the space available.

Location: Big Brook Park, Marlboro, or your facility

When: April - October

Time/Length: 1 ½ hours

Ages: 6 and up

Group Size: min: 10; max: 30

Price: \$3.50/person



Equestrian Programs



Contact: Pat Bernstein
Phone: 732-224-1367, ext. *#

Fun with Horses

Participants will take a tour of the barn, learn to groom a horse, and go for a short ride. Groups must bring three to five chaperones, dependent on group size.

Please Note: There is a 185 lb. weight limit for all riders. An alternate activity will be provided for those that exceed the weight limit.

Location: Sunnyside Equestrian Center, Middletown
When: year-round, Monday-Friday, Limited after school hours
Time/Length: 1 ½ hours
Ages: 7 and up
Group Size: min: 5; max: 10
Price: \$150.00/group

Equestrian Experience

Learn about our horses and basic horse care. Participants will groom, interact, and learn to lead horses at Sunnyside Equestrian Center.

Location: Sunnyside Equestrian Center, Middletown
When: year-round, Monday-Friday, Limited after school hours
Time/Length: 1 ½ hours
Ages: 7 and up
Group Size: min: 5; max: 15
Price: \$125.00/group





Kids on the Block

Contact: Therapeutic Recreation

Phone: 732-460-1167

Kids on the Block is an interactive puppet show designed to teach children about acceptance. Each show typically consists of three program topics and runs approximately 60 minutes. There is a limit of two shows per day.

Topics include: Visual impairment, Downs Syndrome, Cerebral Palsy, learning disabilities, being the sibling of a child with a disability, teasing, obesity and autism.

The following combination of program topics are suggested:

Visual impairments, teasing and Cerebral Palsy **or** learning disabilities, teasing, and visual impairment or Cerebral Palsy.

We recommend consulting the KOTB puppeteers with questions regarding your school's/ organization's puppet show.

The Kids on the Block, Inc. originated in 1977, and today there are more than 1,700 troupes performing around the world. The characters and scripts are carefully developed and updated to reflect the most current information and language regarding disabilities.

The show offers children an opportunity to meet puppet "kids" who are much like them in many ways, yet live with a unique set of challenges.

A Japanese style of puppetry called Bunraku (boon-rah-koo) is used to bring the Kids on the Block to life and helps to create an atmosphere where children feel comfortable with the characters in the show. Throughout the performance the children are encouraged to participate by the "kids" with questions and suggestions. It is a valuable experience that effectively models relationships and interactions between all types of people stressing that every individual is unique and special. In an educational and fun way, the "kids" demonstrate that we all have feelings and should celebrate our differences.

The aim of the Kids on the Block is not merely to heighten understanding and awareness around the world, but also to help everyone accept differences in others and themselves.

Location: Your facility, stage provided by the Monmouth County Park System

When: year-round

Time/length: 1-1 ½ hours

Ages: Grades K-4 (not appropriate for preschool)

Group Size: max: 75

Price: \$60.00/one show within Monmouth County
\$100.00/ two shows, same day & location



Nature Programs and Activities



Contact: Sue Provost
Phone: 732-751-9453

Manasquan Reservoir Boat Tour

Cruise the reservoir on a pontoon boat while searching for wildlife.

Location: Manasquan Reservoir Environmental Center, Howell
When: May - September
Time/Length: 1 hour
Ages: Pre-K and up
Group Size: min: 17; max: 28
Price: \$70/boat



Exploring the Reservoir

Enjoy a one-hour nature walk and a one-hour pontoon boat ride.

Location: Manasquan Reservoir Environmental Center, Howell
When: May - September
Time/Length: 2 hours
Ages: Grades 2 and up
Group Size: min: 17; max: 56
Price: \$5.00/person

A Day at the Reservoir

Live animal presentation, nature walk and pontoon boat ride.

Location: Manasquan Reservoir Environmental Center, Howell
When: May - September
Time/Length: 3 hours
Ages: Pre-K and up
Group Size: min: 17; max: 75
Price: \$6.00/person

Nature Walk

Explore the great outdoors on the trail with a Monmouth County Park System Naturalist.

Location: Manasquan Reservoir Environmental Center, Howell;
Shark River Park, Wall;
Turkey Swamp Park, Freehold

When: year-round
Time/Length: Approximately 1 hour
Ages: All ages
Group Size: max: 25
Price: \$26.00/group





Nature Programs and Activities

Contact: Sue Provost
Phone: 732-751-9453

Nature Presentation

Introduce children to the natural world through live animals and nature knickknacks.

Location: Manasquan Reservoir Environmental Center, Howell

When: year-round

Time/Length: 45 mins-1 hour

Ages: Pre-K and up

Group Size: max: 30

Price: \$35.00/group



Reservoir Adventures

Enjoy a live animal show and short nature walk.

Location: Manasquan Reservoir Environmental Center, Howell

When: year-round

Time/Length: 1 hour

Ages: Pre-K and up

Group Size: min: 12; max: 50

Price: \$3.00/person

Little Critters

Meet some live animals, explore the outside world and make a craft.

Location: Manasquan Reservoir Environmental Center, Howell

When: year-round

Time/Length: 1 ½ hours

Ages: Grades K-2

Group Size: min: 12; max: 75

Price: \$4.25/person

Welcome to the Reservoir

Live animal presentation, short nature walk and a game about wildlife.

Location: Manasquan Reservoir Environmental Center, Howell

When: year-round

Time/Length: 1 ½ hours

Ages: Grades K-2

Group Size: min: 12; max: 75

Price: \$3.75/person



Nature Programs and Activities



Contact: Sue Provost
Phone: 732-751-9453

Bugs, Birds and Biodiversity

Nature walk, live animal presentation and a hands-on lab on biodiversity.

Location: Manasquan Reservoir Environmental Center, Howell

When: year-round

Time/Length: 1 ½ hours

Ages: Grades 3-5

Group Size: min: 12; max: 75

Price: \$3.75/person

Pond Study

Hands-on activities with nets and microscopes that allow students to collect, identify and observe pond life. Program includes a nature walk. Might get wet, so spare clothes are advised.

Location: Manasquan Reservoir Environmental Center, Howell

When: May - October

Time/Length: 2 ½ hours

Ages: Grades 3-6

Group Size: min: 12; max: 40

Price: \$5.75/person



Butterflies!

Explore the lives of butterflies. Learn about their amazing life cycle, make a simple craft, and take a guided tour of our butterfly and pollinator garden to see what you find.

Location: Manasquan Reservoir Environmental Center, Howell

When: July - September

Time/Length: Approximately 1 hour

Ages: Grades K-5

Group Size: min: 12; max: 50

Price: \$3.00/person

Fossil Exploration

Bring your group to learn about the rich fossil history of New Jersey. Includes a real fossil hunt in one of the creeks. Participants take home any fossils they find! Must wear closed-toe shoes and bring a complete change of clothes since you will get wet.

Location: Shark River Park, Wall

When: May - September

Time/Length: 2 ½ hours

Ages: Grades 3-8

Group Size: min: 12; max: 50

Price: \$5.00/person





Nature Programs and Activities

Contact: Regina DeVeau
Phone: 732-872-7369

Nature Story Hours



During these fun, interactive programs, children learn about a few local animals through story, crafts and activities. The programs are informative and engaging!

Location: Your facility or any park with an indoor facility

When: year-round

Time/Length: 1 hour

Ages: Pre-K-K

Group Size: max: 25

Price: \$34.00/group

Big Fish, Little Fish

Location: Also available at Bayshore Waterfront Park, Port Monmouth

Hear a lively tale about a school of small fish living among the big fish in the big ocean.

Owl Hoots

Location: Also available at Holmdel Park Activity Center, Holmdel (spring-fall)

Children learn about the amazing characteristics of owls including their excellent hearing, eyesight and flying skills.

Turtle Tales

These amazing reptiles are unique among the animal world. Children will learn how these slow creatures have been able to thrive from the age of dinosaurs until today.

Funny Freckled Frogs

Learn about how frogs undergo metamorphosis as well as why they croak, how they jump and move.

Dinosaur Bones and Tales

Location: Also available at Holmdel Park Activity Center, Holmdel (spring-fall)

Children learn what secrets fossils can reveal about the animals that lived on our planet thousands of years ago.



Nature Programs and Activities



Contact: Regina DeVeau
Phone: 732-872-7369

Nature Walks

Enjoy the fresh air while you accompany one of our naturalists along the park trails and become familiar with the animal and plant life in that park.

Location: Bayshore Waterfront Park, Port Monmouth; Holmdel Park, Holmdel; Huber Woods Park, Middletown; and Seven Presidents Oceanfront Park, Long Branch

When: year-round

Time/Length: 45 min-1 hour

Ages: All ages

Group Size: max: 25

Price: \$26.00/group



Nature Explorers

You are never too young to discover the wonders of nature. During this program children are introduced to the simple aspects of our natural world through a craft, guided nature walk and a live animal show.

Location: Huber Woods Park, Middletown (year-round) and Holmdel Park Activity Center, Holmdel (spring-fall)

Time/Length: 1½ hours

Ages: 3-6 (Pre-K-K)

Group Size: min: 12; max: 50

Price: \$3.75/person



Fun with Nature

Discover the wonders of nature during a guided nature walk and live animal show featuring some of the well-known animals of Monmouth County. Children create a craft to remind them of the fun they had with nature that day.

Location: Huber Woods Park, Middletown

When: year-round

Time/Length: 1½ hours

Ages: Grades 1-2

Group Size: min: 12; max: 50

Price: \$3.75/person

Live Animal Presentation

Groups are offered a choice of presentations highlighting live specimens of reptiles, amphibians or insects. Information on the life cycle, habitat and habits of the animals are the focus of these presentations with an emphasis on the role each has in nature.

Location: Huber Woods Environmental Center, Middletown

When: year-round

Time/Length: 45 min-1 hour

Ages: 3-adult (Pre-K & up)

Group Size: max: 30

Price: \$36.00/group



Nature Programs and Activities

Contact: Regina DeVeau
Phone: 732-872-7369

Forests of Monmouth County

Our forests are alive with many beautiful and exciting plants and animals. A Monmouth County Park System Naturalist introduces various natural items that can be discovered in our forests. Participants may count tree rings, discover the difference between a bee's nest and a bird's nest, touch a turtle shell and more.

Location: Huber Woods Park, Middletown

When: year-round

Time/Length: 35 min-1 hour

Ages: 3-adult (Pre-K & up)

Group Size: max: 30

Price: \$34.00/group

Animal Tracks

Learn the ancient skill of animal tracking through an interactive presentation and demonstration. Participants learn about wildlife as they create their own casts of animal footprints, and then look for signs of local wildlife during a naturalist-guided walk through the woods. Please bring a one pound coffee can for each participant.

Location: Holmdel Park Activity Center, Holmdel

When: spring & fall

Time/Length: 2½ hours

Ages: Grades 2-6

Group Size: min: 12; max: 50

Price: \$4.25/person

Seining at the Bayshore

Explore the edge of the Bayshore for fish, crabs, eels and other critters during an hour of seining and discover how these animals have adapted and endured in a world of tides, salt and surf. Participants learn how to haul a 20 to 30 foot seine net through calm shallow waters in order to encounter and study a variety of marine life and then return them safely back into the water. This is a hands-on educational program. Closed-toe shoes are required to be worn throughout the hour.

Location: Bayshore Waterfront Park, Port Monmouth

When: May - October

Time/Length: 1 hour

Ages: Grades 3-adult

Group Size: min: 15; max: 30

Price: \$3.75/person



Nature Programs and Activities



Contact: Regina DeVeau
Phone: 732-872-7369

Periwinkles

Search the beach for shells and explore the water for fish, crabs and other fascinating creatures of Sandy Hook Bay. Activities include a nature walk along a bay beach, shell collecting, a seine net demonstration and a craft project.

Location: Bayshore Waterfront Park, Port Monmouth

When: July - August (Mondays, Wednesdays or Fridays at 12:30 p.m.)

Time/Length: 1½ hours

Ages: 3-6 (Pre-K-K)

Group Size: min: 15; max: 30

Price: \$4.25/person



Welcome to the Jersey Shore

Enjoy a beautiful morning at the beach as we take you on a fun shore adventure. We begin with a visit to our Activity Center where you will meet an array of cool shore critters. Next we head out to the beach where you will explore the world of seashells, hermit crabs and sand pipers. This is your chance to begin a seashell collection, find a buried pirate treasure or simply snap the perfect picture of the vast ocean. Treat your group to an unforgettable visit of the Jersey shore.

Location: Seven Presidents Oceanfront Park, Long Branch

When: May - October (Mondays, Tuesdays or Wednesdays at 9 a.m.)

Time/Length: 1½ hours

Ages: All ages

Group Size: min: 12; max: 25

Price: \$3.00/person



Down by the Bay

Explore the estuary environment of Sandy Hook Bay and observe the dynamic influences of wind, water, waves, sand and salt. During a seining demonstration, children have the opportunity to study living creatures of the bay collected in our seine net. Children also explore the beach to collect and learn about shells and shellfish, and a craft project helps children better understand the biodiversity of the bay.

Location: Bayshore Waterfront Park, Port Monmouth

When: July - August (Mondays, Wednesdays or Fridays at 12:30 p.m.)

Time/Length: 2 hours

Ages: 5-8 (grades K-2)

Group Size: min: 15; max: 30

Price: \$4.25/person





Nature Programs and Activities

Contact: Regina DeVeau
Phone: 732-872-7369

Dinosaur Tracks

Participants learn about fossil formation during an interactive discussion and act as paleontologists by creating their very own plaster casts of a dinosaur footprint to take home. Participants take a guided walk along woodland and wetland trails as they imagine what it was like in prehistoric times. Please bring a one pound coffee can for each participant.

Location: Holmdel Park Activity Center, Holmdel

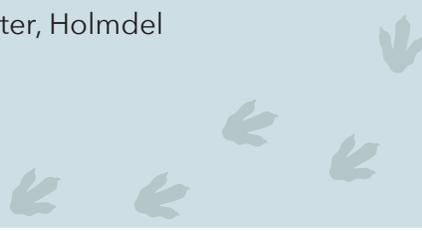
When: spring & fall

Time/Length: 2½ hours

Ages: Grades 2-6

Group Size: min: 12; max: 50

Price: \$4.25/person



Indian Coil Pots

The Lenape cooked in clay pots and used them to store food and other household items. Participants create and take home a small clay vessel using the coil pot method, an ancient technique of pottery building (for decorative use only).

Location: Holmdel Park Activity Center, Holmdel

When: April - November

Time/Length: 1 hour

Ages: Grades 3-6

Group Size: min: 12; max: 50

Price: \$4.25/person



Horticultural Programs



Contact: Regina DeVeau
Phone: 732-872-7369

Ready, Set, Grow!

Plants are amazing living organisms. Participants in this program explore the different parts of plants and how each part contributes to their survival. This program includes hands-on activities and a visit to Deep Cut's All-American Garden for a scavenger hunt to see real examples of what they have learned.

Location: Deep Cut Gardens, Middletown

When: March - September

Time/Length: 1½ hours

Ages: 3-6 (grades PreK-K)

Group Size: min:12; max: 25

Price: \$3.50/person



Terrific Terrariums

Plants need sunlight, water and nutrients to grow and survive. Participants in this program will explore this concept while creating a healthy environment - a terrarium - for their plant. Each student will create their own terrarium to bring home and observe. The program leader will also provide follow-up activity suggestions that will extend the learning opportunities of the terrariums.

Location: Deep Cut Gardens, Middletown

When: year-round

Time/Length: 1 hour

Ages: 3-9 (grades PreK-3)

Group Size: min: 12; max: 25

Price: \$2.50/person



Worms Work Wonders!

Plant matter would cover the Earth if it weren't for worms and other decomposers. Participants in this workshop explore decomposition, including composting, and the vital role decomposers play in the ecosystem. This program includes hands-on activities with live earth worms and a visit to Deep Cut's All-American Garden to see real examples of what they have learned.

Location: Deep Cut Gardens, Middletown

When: March - September

Time/Length: 1 ½ hours

Ages: 3-7 (grades PreK-1)

Group Size: min:12; max: 25

Price: \$4.00/person

Garden Discovery Tour

Explore Deep Cut Gardens with a guide who will share its secrets and stories. The pace is slow and the information fascinating. The guides will have hands-on items to explore and a passion for plants.

Location: Deep Cut Gardens, Middletown

When: April - October

Time/Length: 1 hour

Ages: 5-12 (grades K-5)

Group Size: min: 12; max: 50

Price: \$2.50/person





Horticultural Programs

Contact: Regina DeVeau
Phone: 732-872-7369

Deep Cut Gardens Tour for Adults

Pick up some gardening tips while learning about the history, folklore and plants of Deep Cut. Visit includes the rockery, rose parterre, lily pond, vegetable garden, compost demonstration site, and display greenhouse featuring orchids, bonsai, houseplants, cacti and succulents.

Location: Deep Cut Gardens, Middletown

When: April - October

Time/Length: 1 hour

Ages: teens & adults

Group Size: max: 50

Price: \$3.25/person

The Ultimate Marketing Team: Flowers! (Presentation)

The roles of a flower are all about communication, enticement and reward. Learn about the ways that flowers are well suited for these roles and the amazing ways they excel at marketing. Your garden will be alive with the chatter of flowers once you understand what they are saying.

Location: Deep Cut Gardens, Middletown or your facility

When: Year-round

Time/Length: 1 hour

Ages: teens & adults

Group Size: max: 75

Price: \$40.00/group

Botany for Gardeners (Presentation)

Gardening would be so much easier if we understood why plants do what they do! You will learn the reasons behind successful gardening techniques and leave with a better understanding of how to help plants achieve your gardening goals.

Location: Deep Cut Gardens, Middletown or your facility

When: Year-round

Time/Length: 1 hour

Ages: teens & adults

Group Size: max: 75

Price: \$40.00/group



Outdoor Recreation



Contact: Elyse Badal
Phone: 732-834-9606, ext.1#

Low Zipline

Calling all adventurers! Soar across the new 175 ft. zipline at Big Brook Park. Suspended up to 12 ft. in the air, this experience will bring enjoyment to anyone new or experienced. All equipment will be provided.

Location: Big Brook Park, Marlboro

When: April - October

Time/Length: 2 hours

Ages: 8-12

Group Size: max: 12

Price: \$40.00/group

High Tower Zipline

Go outside your comfort zone and try something new! Challenge yourself as you rock climb a 30 ft. climbing tower with the combination of zipping down Big Brook Park's steepest zipline. This challenge-by-choice adventure is led by professionally trained and enthusiastic staff that cover safety standards, gear outfitting and basic ground school. All equipment will be provided. Experience recommended.

Location: Big Brook Park, Marlboro

When: April - October

Time/Length: 3 hours

Ages: 12 and up

Group Size: max: 12

Price: \$50.00/group



Archery

Archery is a unique sport that can be enjoyed by virtually anyone, regardless of previous experience. It instills confidence, greater attention spans and a willingness in participants to try other sports activities. This program can be conducted indoors or outdoors.

Location: Big Brook Park, Marlboro

When: April - October

Time/Length: 2 hours

Ages: 10 and up

Group Size: min: 8; max: 15

Price: \$5.00/person





Outdoor Recreation

Contact: Elyse Badal
Phone: 732-834-9606, ext. 1#

Group Camping

The perfect place for groups looking to camp close to home. Rustic woodland setting with platform tents, picnic shelters, showers and restroom facilities.

Location: Nomoco Group Campgrounds at Turkey Swamp Park, Freehold

When: March 15 - November 30

Time/Length: Overnight

Ages: 7-adult

Group Size: 1 chaperone per 5 children; max: 30 (25 children and 5 chaperones)

Price: \$30.00/night



Portable Rock Climbing Wall

Rock climbing for your school, camp or event! Participants of all ages can enjoy this exciting activity. Staff provides a safe experience where participants are challenged to climb to the very top of our wall!

Location: Location must be pre-approved by Monmouth County Park System staff

When: April - October (weather permitting)

Time/Length: Min: 2 hours

Ages: 6 and up

Group Size: 15 and up

Price: \$175.00/2 hours (\$75.00/each additional hour)

Splash & Play

Heat this summer up with your choice of two activities and cool off with time in Big Brook Park's newly renovated pool.

Pick one activity from Tier 1 and another activity from Tier 2! A covered pavilion for lunch will be included in your reservation.

Location: Big Brook Park, Marlboro

When: April - October

Time/Length: 3 hours

Ages: 8 and up

Group Size: max: 30

Price: \$100/group

Pick 1 Tier 1 Activities

- Low zipline
- Tower zipline
- Rock climbing
- Archery

Pick 1 Tier 2 Activities

- Fishing
- Crafts
- Hiking
- Games or Sports



Outdoor Recreation



Contact: Ann Marie Osnato
Phone: 732-842-4000, ext. 4240

Low Challenge Course

The low challenge course is comprised of team problems or obstacles that challenge groups and teams both mentally and physically. The course forces participants to break down interpersonal barriers and work as a team, because each member is needed to succeed. These activities allow for the instructor to work alongside the group, help them work through their objectives, and assist in making them a cohesive unit.

Location: Thompson Park, Lincroft

When: year-round

Time/Length: 3-6 hours

Ages: 10-adult

Group Size: min: 8; max: 36

Price: \$11.50/person



High Challenge Course

The high challenge course is comprised of a variety of obstacles, at a height of thirty feet above ground level, that challenge the individual mentally, physically and emotionally. Most activities teach balance, coordination and concentration along with a sense of confidence, positive view of self, and leaping beyond the barriers of perceived limits. All obstacles are challenge by choice; the degree of difficulty found within each obstacle is dependent upon the level at which each person challenges themselves.

Location: Thompson Park, Lincroft

When: year-round

Time/Length: 3-6 hours

Ages: 12-adult

Group Size: min: 10; max: 24

Price: \$15.00/person

Kayak Discovery

Learn how to kayak in a sit-on-top, touring, or white water kayak! This is the perfect class for those who want to learn the basics of kayaking and begin a lifelong pastime of water fun.

Location: Thompson Park, Lincroft

When: June - October

Time/Length: 2-3 hours

Ages: 10-adult

Group Size: min: 8; max: 14

Price: \$13.00/person



You Can Sail!

Bring your group to the Manasquan Reservoir and set sail on a 15' American sailboat. Outdoor Adventures will provide the captain on each boat and you will be the crew. Captains will teach their crew about the basics of sailing as they cruise around the reservoir. Maximum of three people per boat.

Location: Manasquan Reservoir, Howell

When: June - August

Time/Length: 3 hours

Ages: 8-adult

Group Size: min: 6; max: 12

Price: \$50.00/person



Outdoor Recreation

Contact: Ann Marie Osnato
Phone: 732-842-4000, ext. 4240

Thrill of the Hunt Geocaching

Go off the beaten path and go geocaching, the high-tech scavenger hunt! We will teach you how to geocache and help you find hidden trinkets throughout the park.

Location: Thompson Park, Lincroft;
Huber Woods Park, Middletown

When: year-round

Time/Length: 2 hours

Ages: 8-adult

Group Size: min: 8; max: 12

Price: \$12.00/person



Outdoor Adventure Sampler

Can't decide which adventure your group would like? Your group size is larger than the maximum number allowed? Then try one of our samplers listed below:

Summer Sampler: Canoeing, Games & Thrill of the Hunt Geocaching

Winter Sampler: Cross-Country Ski Clinic, Hiking & Thrill of the Hunt Geocaching

Location: Thompson Park, Lincroft

When: Based on Sampler

Time/Length: 5 hours maximum

Ages: 8 -adult

Group Size: min: 15; max: 36

Price: \$18.00/person

Cross-Country Ski Clinic

Get outside this winter and learn how to cross-country ski. Our instructors will be there as you develop basic cross-country skiing skills. Be sure to dress in layers and be ready for the outdoors.

Please Note: Clinics can be held with or without snow. You can still learn the basics on special mats that are made for cross-country skiing.

Location: Thompson Park, Lincroft

When: December - March

Time/Length: 2 hours

Ages: 10-adult

Group Size: min: 10; max: 15

Price: \$10.00/person



Don't see the Outdoor Adventure program you want listed here?
Call the Group Program Coordinator to see if we can make the program
you want happen!

Pool Time



Contact: Jenn Troisi
Phone: 848-456-4278, ext. 1#

Pool Time

Come splash around in our newly renovated pool (3-10 feet deep). Picnic tables, changing rooms and bathrooms are available. Each participant will have to participate in a "swim test" before swimming in the deep end. Lifeguards will be on duty during all swim times.

Number of chaperones: 1:15, your staff must actively supervise participants and maintain compliance of all pool area rules with your group.

Location: Fort Monmouth Recreation Area, Tinton Falls

When: Tuesdays and Thursdays, June 25 - August 29

Time/Length: 1½ hours; 10 -11:30 a.m.

Ages: 5 and up

Group size: max: 50

Price: Small group - \$50 (max 25 participants)

Large group - \$100 (26-50 participants)

Contact: Elyse Badal
Phone: 732-834-9606, ext. 1#

NEW! Pool Time

Come splash around in our newly renovated pool. Picnic tables, changing rooms and bathrooms are available. Each participant will have to participate in a "swim test" before swimming in the deep end. Lifeguards will be on duty during all swim times.

Number of chaperones: 1:15, your staff must actively supervise participants and maintain compliance of all pool area rules with your group.

Location: Big Brook Park, Marlboro

When: Mondays, Wednesdays and Fridays, June 24 - August 30

Time/Length: 1 ½ hours; can be scheduled between 10 a.m. and 3 p.m.

Ages: 5 and up

Group size: max: 50

Price: Small group - \$50 (max 25 participants)

Large group - \$100 (26-50 participants)





Summer Specials

Contact: Elyse Badal
Phone: 732-834-9606, ext. 1#

Beach Outing

Enjoy a day at the beach at Seven Presidents Oceanfront Park. Lifeguards are on duty daily beginning June 14.

Location: Seven Presidents Oceanfront Park, Long Branch

When: Summer (Memorial Day through Labor Day), weekdays only, not available on holidays

Time/Length: 1-8 hours

Ages: Pre-K and up

Group Size: max: 75

Price: Free

Paddle and Play

Paddle boats and recreation games...split your group or split your time, enjoy some paddle boating time and some play time. If the group is large, half can go paddle boating while the other half play games led by our staff. If your group is small, play some games led by our staff and finish up with paddle boating. (Paddle boats require a 1:1, child:adult ratio. Anyone under 18 must be with an adult.)

Location: Turkey Swamp Park, Freehold

When: June - August (Tuesday, Wednesday or Thursday)

Time/Length: 1-2 hours

Ages: 8-adult

Group Size: min: 10; max: 40

Price: \$4.00/person

Paddle Pleasures

Paddle boats, canoes or rowboats are available for your group to use.

(All boats require a 1:1, child:adult ratio. Anyone under 18 must be with an adult.)

Location: Turkey Swamp Park, Freehold

When: June - August (Tuesday, Wednesday or Thursday)

Time/Length: 1½ hours

Ages: 10-adult

Group Size: max: 25

Price: \$3.00/person



Historic Walnford



Contact: Sarah Bent
Phone: 609-259-6275

Guided Site Tour

Travel to the western corner of the county to explore life 200 years ago through the legacy of the Waln family. Tour includes Carriage House and 19th century transportation, ice house, smoke house, gristmill and the largest home in Monmouth County built before the American Revolution.

Location: Historic Walnford, Upper Freehold

When: April - November

Time/Length: 45-60 minutes

Ages: 5-7, 8-12, 13-adult

Group Size: max: 25

Price: \$20.00/group

Guided Mill Tour

Experience the sights, sounds and smells of corn ground into cornmeal in the gristmill. Learn how water power and gravity were used to create an engineering marvel, and why water power was the key to early American industry.

Location: Historic Walnford, Upper Freehold

When: April - November

Time/Length: 45-60 minutes

Ages: 5-7, 8-12, 13-adult

Group Size: max: 25

Price: \$20.00/group





Historic Walnford

Contact: Sarah Bent
Phone: 609-259-6275

Hands-On Historical Activity

Choose one. Call Historic Walnford for more options. Available only with one of the other reserved tour/programs.

1. Write with a quill pen and learn about communication before telephone, text and tweet.
2. Explore the historic site with an eye for detail on a visual scavenger hunt.
3. Learn the ins and outs of weaving with paper strips then see the same basics used for fabric woven on a loom and baskets woven with wood.

Location: Historic Walnford, Upper Freehold

When: May - October

Time/Length: 45 minutes

Ages: 5-7, 8-12, 13-adult

Group Size: max: 25

Price: \$15.00/group

Old-Fashioned Fun

Have fun with a variety of historical games of skill and chance including: trap ball, cup and ball, corn cob darts, puzzles, riddles, checkers and pick-up sticks. Enjoy lots of laughter as you play with the games and toys children played over 200 years ago.

Location: Historic Walnford, Upper Freehold

When: May - September

Time/Length: 45-60 minutes

Ages: 5-7, 8-12, 13-adult

Group Size: max: 25

Price: \$20.00/group



Historic Longstreet Farm



Contact: Julie Hunt
Phone: 732-946-3758

Please Note: All Historic Longstreet Farm Programs Must Be Paid in Advance.

Barnyard Adventure

Take a tour of the farm, and make chicken feed using 1890s technology.

When: year-round
Time/Length: 1 hour
Ages: 4-5
Group Size: max: 25
Price: \$44.50/group

Butter Making

Fresh butter is the reward as we make this delicious treat.

When: April - June
Time/Length: 1½ hours
Ages: 6-adult
Group Size: max: 25
Price: \$75.00/group

Cider Making

It's apple-harvesting time; let's make cider as they did in the 1890s!

When: October - December
Time/Length: 1½ hours
Ages: 6-adult
Group Size: max: 25
Price: \$75.00/group

Daily Chores

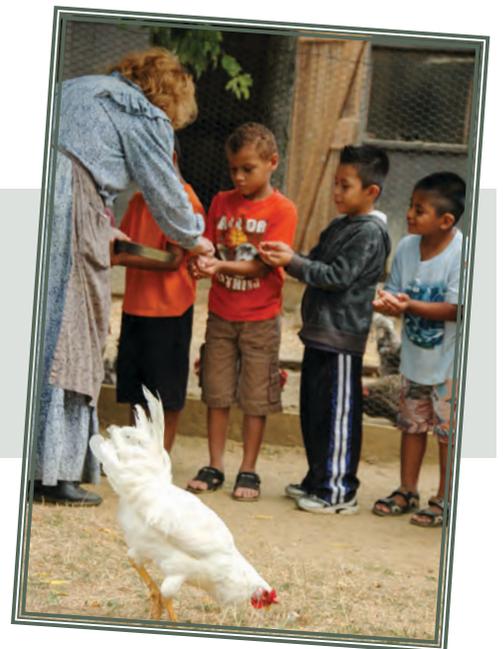
Participate in a chore such as fieldwork or bedding the stalls. Chore will be selected by the Longstreet Farm interpreter, who will consider the age of the group.

When: year-round
Time/Length: 1½ hours
Ages: 6-adult
Group Size: max: 25
Price: \$45.00/group

Feed Processing

Tour the farm and make chicken feed using 1890s technology.

When: year-round
Time/Length: 1½ hours
Ages: 6-adult
Group Size: max: 25
Price: \$45.00/group





Historic Longstreet Farm

Contact: Julie Hunt
Phone: 732-946-3758

Please Note: All Historic Longstreet Farm Programs Must Be Paid in Advance.

Children's Games

Children will play Victorian lawn games like hoop and stick, sack races and tug-of-war.

When: year-round
Time/Length: 1½ hours
Ages: 6-adult
Group Size: max: 25
Price: \$45.00/group



Ice Cream Making

Make ice cream with methods used at the turn of the century.

When: June - September
Time/Length: 1½ hours
Ages: 6-adult
Group Size: max: 25
Price: \$75.00/group

Self-Guided Tour

Take your own tour and linger where your interest lies. Orientation material provided with registration.

When: year-round
Time/Length: 30 minutes
Ages: All ages
Group Size: max: 25
Price: Free

Guided House Tour

Visit this Victorian farmhouse to see how the Longstreet family lived.

When: year-round
Time/Length: 1 hour
Ages: 4-adult
Group Size: max: 25
Price: \$22.50/group

Group Wagon Ride

Experience old-fashioned fun with a horse-drawn wagon ride through Holmdel Park.

When: year-round
Time/Length: 30 minutes
Ages: 6-adult
Group Size: max: 25
Price: \$55.00/group

Guided Farm Tour

Tour is tailored for varying age groups who will explore 1890s life.

When: year-round
Time/Length: 1 hour
Ages: 6-adult
Group Size: max: 25
Price: \$22.50/group



Event Planning



Contact: Elyse Badal
Phone: 732-834-9606, ext. 1#

Enjoy a fun-filled field day at the parks! We run the activities as your participants make their way through all the excitement. Large groups must be split into groups of 15 and must be accompanied by one adult chaperone.

(The playground equipment is not available to groups attending this program.)

You must make a reservation - no walk-ins!

- Jumbo Basketball
- 4-Way Volleyball
 - Tug-O-War
- Soccer Shootout
 - Craft Table
- Ladder Golf & Corn Hole
 - Rock Climbing

When: Tuesday, June 25, 2019
Where: Thompson Park, Lincroft

When: Tuesday, July 23, 2019
Where: Shark River Park, Wall

Time: 9:45 a.m. - 12 p.m.
Group Size: max: 100
Ages: 5-12
Price: \$50/group



Let us provide fun activities that supplement your community event or special day. Staff will set up and organize large scale games. We will discuss what activities will suit you best and one of our staff members will be at each station to lead participants in play.

Planning Something Big



Maximum 3 activities

Great for established events that need a boost!

Location: At one of our Monmouth County parks or your facility

When: year-round

Time/Length: 2-4 hours

Ages: All ages

Group Size: 50+

Price: \$85



Planning Something Really Big



4 or more activities

Our staff will bring as many activities as needed to accommodate your field day event! One of our staff members will be at each station to lead participants in play.

Location: At one of our Monmouth County parks or your facility

When: year-round

Time/Length: 2-4 hours

Ages: All ages

Group Size: 50+

Price: \$200

Activities could include:

- Soccer • Races • Corn Hole • Football Toss
- Jumbo Jam • Disc Golf • Tug-O-War
- Craft • Game Table • Tag

Please see page 22 for Portable Rock Wall Climbing prices if you are interested in adding on to the fun!



Staff Enrichment

Contact: Elyse Badal
Phone: 732-834-9606, ext. 1#

Fun for Everyone



Looking for some new ideas? We can teach you and your staff fun and cooperative games to play with all types of groups. This program will provide you with fresh ideas and the knowledge to play numerous games that people of all ages will enjoy.

Location: Your facility

When: Call for availability

Time/Length: 1½ hours

Group Size: max: 30

Ages: adult or camp counselor

Price: \$60.00/group



Group Activity Reservation Planning Worksheet



Do **NOT** mail or fax this form to us, this is for your planning needs. Call to make reservations.
Please have **ALL** of the following information available before calling for a reservation.

Agency:
Contact: Phone:
Program Name:
Requested Date and Alternative Dates:
Start Time - End Time:
Location of the Program: (which park or at your location)
Age/Grade of participants:
Quantity / Size of group:
Requesting Transportation: Min. of 15 PARTICIPANTS for bus YES <input type="checkbox"/> NO <input type="checkbox"/>
Pick up address:
Destination:
Pick up time: (45 min before program start)
Departure time: (15 min after program ends)
Notes:

PROGRAM NUMBER _____



MONMOUTH COUNTY PARK SYSTEM RELEASE FORM

PARTICIPANT NAME _____
(Please print)

I have enrolled myself or my child/dependent in a program sponsored by the Monmouth County Board of Recreation Commissioners (Board) and in connection with the enrollment, I certify that:

1. I have read the synopsis of the program and I hereby accept and assume all of the risks of my or my child's/dependent's participation in the activity.
2. To the best of my knowledge, my child/dependent or I are physically able to participate in the program and I know of no physical condition and/or disability, which would prevent my or his/her participation in the activity.
3. My child/dependent or I will abide by the decisions of the program leader with regard to all aspects of the activities in the program.
4. To the best of my knowledge, my child/dependent or I have all of the necessary qualifications to perform all activities in the program.
5. I hereby agree to hold harmless and release the Board, its employees, agents, and the County of Monmouth from all claims that I or my child/dependent may have including the institution of a lawsuit against the County of Monmouth, County Board of Recreation Commissioners, its agents, officers or employees for injuries or losses sustained by me or my child/dependent as the result of my or my child/dependent participation in the program.
6. I give permission for the use, without fee, of my or my child's/dependent's name and picture in any broadcast, telecast, or print media account of this program for promotional and publicity purposes.
7. ON OCCASION, MEDICAL EMERGENCIES MAY ARISE WHICH REQUIRE THE MEDICAL SERVICES OF ATTENDING PHYSICIANS, OTHER MEDICAL SERVICES, AND/OR HOSPITAL SERVICES WITHOUT RECEIVING THE PATIENT'S CONSENT. THEREFORE, IN THE EVENT OF NEED FOR EMERGENCY MEDICAL SERVICE, I AUTHORIZE AND CONSENT TO SAID SERVICES BEING PROVIDED TO MYSELF OR MY CHILD/DEPENDENT.

Participant's Signature
(Parent or Guardian if minor)

Date

Minor's Signature (under 18 yrs. of age)

Date

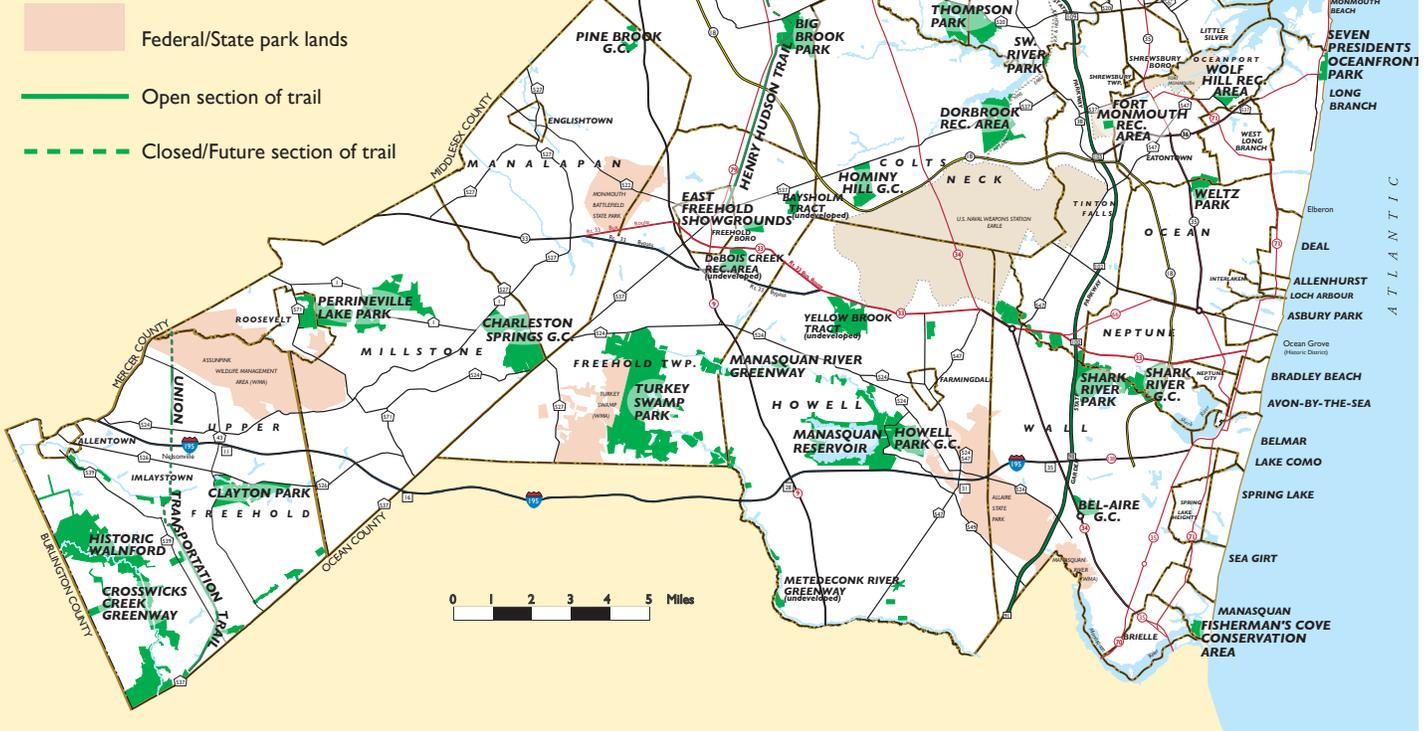
Minor's Birth Date

Emergency Contact's Name (please print)

Work #

Home #

Monmouth County Park Locations



PARKS/HISTORIC SITES

- Baysholm Tract***, Burlington Road, Freehold
- Bayshore Waterfront Park**, Port Monmouth Road, Port Monmouth
- Big Brook Park**, Route 520, Marlboro
- Clayton Park**, Emley's Hill Road, Upper Freehold
- Crosswicks Creek Park**, Upper Freehold
- DeBois Creek Recreation Area***, Highway 33, Freehold
- Deep Cut Gardens**, Red Hill Road, Middletown
- Dorbrook Recreation Area**, Route 537, Colts Neck
- East Freehold Showgrounds**, Kozloski Road, Freehold
- Fisherman's Cove Conservation Area**, Third Avenue, Manasquan
- Fort Monmouth Recreation Area**, Guam Lane, Tinton Falls
- Freneau Woods Park***, Monastery Road, Marlboro & Aberdeen
- Hartshorne Woods Park**, Navesink Avenue, Locust
- Henry Hudson Trail**, Highlands to Aberdeen to Freehold
- Holmdel Park**, Longstreet Road, Holmdel
- Huber Woods Park**, Browns Dock Road, Locust
- Historic Longstreet Farm**, Longstreet Road, Holmdel
- Manasquan Reservoir**, Windeler Road, Howell
- Manasquan River Greenway***, Freehold to Howell
- Metedeconk River Greenway***, Freehold to Howell
- Monmouth Cove Marina**, Port Monmouth Road, Port Monmouth
- Mount Mitchell Scenic Overlook**, Ocean Boulevard, Atlantic Highlands
- Perrineville Lake Park**, Sweetmans Lane, Millstone
- Seven Presidents Oceanfront Park**, Ocean Avenue, Long Branch

- Shark River Park**, Schoolhouse Road, Neptune
- Sunnyside Equestrian Center**, Middletown-Lincroft Road, Lincroft
- Swimming River Park**, West Front Street, Middletown
- Tatum Park**, Red Hill Road, Middletown
- Thompson Park**, Newman Springs Road, Lincroft
- Turkey Swamp Park**, Georgia Road, Freehold
- Union Transportation Trail**, Upper Freehold
- Historic Walnford**, Walnford Road, Upper Freehold
- Weltz Park***, West Park Avenue, Ocean
- Wickatunk Recreation Area***, Rt. 79, Marlboro
- Wolf Hill Recreation Area**, Eatontown Boulevard, Oceanport
- Yellow Brook Tract***, Highway 33, Howell

GOLF COURSES

- Bel-Aire Golf Course†**, Allaire Road, Wall
- Charleston Springs Golf Course**, Smithburg Road, Millstone
- Hominy Hill Golf Course**, Mercer Road, Colts Neck
- Howell Park Golf Course**, Preventorium Road, Howell
- Pine Brook Golf Course†**, Covered Bridge Boulevard, Manalapan
- Shark River Golf Course**, Old Corlies Avenue, Neptune

* Monmouth County Park System sites that offer limited facilities (parking lot, informal trails, portable toilets, etc.) at this time.

† FootGolf available.



Monmouth County
Board of Chosen Freeholders
Board of Recreation Commissioners
805 Newman Springs Road
Lincroft, NJ 07738