



County of Monmouth Board of Chosen Freeholders
Department of Human Services
Division on Aging, Disabilities and Veterans Services

Office on Aging 732-431-7450

Office on Disabilities 732-308-3770, Extension: 3599

Veterans Services Office 732-683-8675

Revised April, 2012

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BENEFITS

General Information

HAAAD (Hearing Aid Assistance to the Aged and Disabled)

P.O. Box 715
Trenton, NJ 08625-0715
1-800-792-9745

www.nj.gov>Departments>Health & Senior Services

Eligible persons can receive a rebate of \$100 with proof of purchase of a hearing aid. Must meet PAAD eligibility requirements.

Lifeline Assistance Homeowners/Tenants/Renters Credit Program

P.O. Box 714
Trenton, NJ 08625-0714
1-800-792-9745

www.nj.gov>Departments>Health & Senior Services

This program provides a \$225 credit for utilities to PAAD recipients, (homeowners, renters, and tenants) whose utilities are not included in their rent. This program does not cover bottled gas, propane or oil. The credit can be divided between two utility companies. Applicants must be eligible for the PAAD Program.

Motor Vehicle Registration Discounts

1-888-486-3339

www.nj.gov>Departments>Motor Vehicles Commission

Persons eligible for the PAAD or Lifeline Programs qualify for reduced charges on car registration for their vehicles. Based on the age and type of vehicle, a credit is allowed against the total fee. A copy of your PAAD card or a letter from Lifeline showing your eligibility must be returned with your registration notice and check. Contact the New Jersey Motor Vehicle Commission for more information.

Pharmaceutical Assistance to the Aged and Disabled (PAAD)

P.O. Box 715
Trenton, NJ 08625
1-800-792-9745

www.nj.gov>Departments>Health & Senior Services>Senior Benefits

This program allows persons permanently disabled or 65 years of age or older, who meet eligibility requirements, to obtain certain prescription drugs at a reduced rate. Applications can be obtained from your local pharmacy or by calling the Monmouth County Office on Aging at **732-431-7450** or **1-877-222-3737**.

BENEFITS

Senior Gold Benefits

P.O. Box 724
Trenton, NJ 08625-0724
1-800-792-9745

www.nj.gov>Departments>Health & Senior Services>Benefits

Senior Gold is a prescription discount program for elderly and disabled New Jersey residents who do not qualify for PAAD. You would show the pharmacist both your Medicare Part D and Senior Gold cards so the combined savings can be applied.

Partnership for Prescription Assistance

1-888-477-2669
www.pparx.org

Program connects qualified low income people with discounted prescription drugs direct from the pharmaceutical manufacturers.

Social Security Administration

3310 Route 66
Neptune, NJ 07753
1-800-772-1213
www.socialsecurity.gov

Monday through Friday, 9:00 a.m. to 4:00 p.m.

Retirement, Survivors, Disability, Medicare, Burial Assistance and Supplemental Security Benefits; processes initial applications and provides post-entitlement assistance.

U. S. Railroad Retirement Board

20 Washington Place
Room 516
Newark, NJ 07102
1-877-772-5772
www.rrb.gov

Monday through Friday, 9:00 a.m. to 3:30 p.m.

Service to railroad employees in areas of unemployment, sickness, retirement and survivor benefits.

CONSUMER PROTECTION

General Information

Better Business Bureau - Central New Jersey

1700 Whitehorse Hamilton Square Road

Suite D5

Trenton, NJ 08690-3596

609-588-0808 Fax: 609-588-0546

www.newjersey.bbb.org

Monday through Friday, 9:00 a.m. to 4:30 p.m.

Provides information on companies and charitable organizations in their files.
Assists consumers with complaints against local firms.

Monmouth County Department of Consumer Affairs

Hall of Records Annex

1 East Main Street

P.O. Box 1255

Freehold, NJ 07728

732-431-7900

www.visitmonmouth.com

Monday through Friday, 8:30 a.m. to 4:30 p.m.

Mediates complaints for consumers. Arranges speaking engagements to interested groups, provides literature, pamphlets and brochures to the public.

State of New Jersey Division of Consumer Affairs (Main Office)

P.O. Box 45025

124 Halsey Street, 6th Floor

Newark, NJ 07102

973-504-6200

1-800-242-5846

www.nj.gov>Departments>Community Affairs

Monday, 9:00 a.m. to 4:30 p.m.

Tuesday through Friday, 10:00 a.m. to 2:00 p.m.

Complaints must be submitted in writing. Call for advice and information on the best way to proceed when you have a complaint.

EDUCATION

Adult Education Classes

MAECOM/Monmouth Ocean Educational Commission

100 Tornillo Way
Tinton Falls, NJ 07712
732-389-5555

www.moesc.org

For GED High School equalivant program information **x1011**, Informative and cultural classes **x1002**

Business and Community Development

765 Newman Springs Road
Lincroft, NJ 07738
732-224-2315

www.brookdalecc.edu/bcd

This area of Brookdale Community College offers certificate programs, continuing education credits as well as a wide variety of short-term seminars and workshops on various topics of interest for all ages.

Rutgers Cooperative Extension of Monmouth County - Family and Community Health Sciences

4000 Kozloski Road
P.O. Box 5033
Freehold, NJ 07728
732-431-7271

www.njaes.rutgers.edu/fchs

Monday through Friday, 9:00 a.m. to 4:30 p.m.

Offers adult education in nutrition and food safety. There are special events, lectures and home study courses.

SCAN (Senior Citizens Activites Network)

Monmouth Mall, Lower level
Intersection of Highways 35 and 36
Eatontown, NJ 07724
732-542-1326

www.scannj.com

Tuesday through Friday, 9:00 a.m. to 4:00 p.m.

Offers cultural, educational and informational programs in a familiar mall setting for persons age 55+. Programs include computer classes, physical fitness, health, art and music.

EDUCATION

College Services

Brookdale Community College (Main Campus)

765 Newman Springs Road

Lincroft, NJ 07738

732-842-1900

www.brookdalecc.edu

Monday through Friday, 8:30 a.m. to 10:00 p.m.

Offers entry-level courses in most college credit programs with support services to accommodate enrolled students. There are credit courses, non-credit courses, degree and certificate programs in a wide variety of disciplines available. Formal agreements can be made to define how courses you complete at Brookdale can be applied toward degree programs at other colleges and universities.

Other campus locations:

3680 Route 9 South

Freehold, NJ 07728

732-780-0020

1 Crown Plaza

Hazlet, NJ 07730

732-787-0019

213 Broadway

Neptune, NJ 07753

732-774-3363

60 Neptune Blvd.

Long Branch, NJ 07740

732-229-8440

800 Monmouth Road

Wall, NJ 07719

732-280-7090

EMPLOYMENT

General Information

Hispanic Affairs and Resource Centers of Monmouth County

913 Sewall Avenue Asbury Park, NJ 07712 732-774-3282	121 Bridge Ave. Red Bank, NJ 07701 732-747-9000	12 Throckmorton St. Freehold, NJ 07728 732-431-6977
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www.harcnj.org

Career counseling available.

Monmouth County Division of Employment, Training and Work Force Group

145 Wyckoff Rd., Suite 201
Eatontown, NJ 07724
732-683-8850

www.wnjp.in.net

Monday through Friday, 8:00 a.m. to 4:30 p.m.

Training is provided to low-income adults or individuals facing serious barriers to employment or have lost their job due to a layoff. An appointment is necessary for an information orientation workshop session before training is scheduled.

Monmouth County Library Eastern Branch

Career Center & Links
1001 Highway 35
Shrewsbury, NJ 07702
732-683-8980
1-866-941-8188

www.monmouthcountylib.org>Services & Collections>Career Centers & Links

Monday through Thursday, 9:00 a.m. to 9:00 p.m.

Fridays and Saturdays, 9:00 a.m. to 5:00 p.m.

Sundays, 1:00 p.m. to 5:00 p.m. (except in summer)

Computers are available to research employment opportunities.

Monmouth County Human Resources Department

Hall of Records
1 East Main Street
Freehold, NJ 07728
732-431-7300

www.visitmonmouth.com

EMPLOYMENT

National Council on Aging - Neptune One Stop

60 Taylor Ave
Neptune, NJ 07753
732-869-2202

www.ncoa.org

Monday through Friday, 9:00 a.m. to 4:00 p.m.

20 hours paid training for the disabled or income qualified seniors 55+, citizens or legal residents of the United States. English and Spanish spoken.

New Jersey Department of Labor - Division of Employment Services

60 Taylor Avenue
Neptune, NJ 07753
732-775-1566

www.wnjp.in.net

Monday through Friday, 8:30 a.m. to 4:30 p.m.

Offers an opportunity for employers to post jobs on the internet for the job seeking public to view and respond.

New Jersey Department of Labor - Workforce NJ 55 Plus

P.O. Box 055
Trenton, NJ 08625
1-609-341-2030

www.wnjp.in.net>Job Seekers>OneStop Career Center> Older Workers

Monday through Friday, 9:00 a.m. to 5:00 p.m.

EMPLOYMENT

Service Corps of Retired Executives (S.C.O.R.E.)

Brookdale Community College Career Services Center

765 Newman Springs Road

Lincroft, NJ 07738

732-224-2573

www.score36.org

Walk-in counseling without an appointment on Wednesdays, 10:00 a.m. to 12:00 noon

A volunteer organization of corporate executives, active or retired small business owners, assisting people seeking to start a business or manage/expand a current business. Free confidential counseling meetings at various locations in Monmouth County at convenient days and times, may require an appointment. Help includes seminars about promoting your business, acquiring a franchise, writing a business plan, establishing a computer based accounting program or selling on the internet.

HEALTH SERVICES

Adult Day Care

Centers

ASBURY PARK:

Jersey Shore Adult Day Health Care Center

(Medical Day Care)

600 Main Street
Asbury Park, NJ 07712
732-869-9090 or 732-775-4451

ATLANTIC HIGHLANDS:

Royal Senior Care, Inc.

(Medical & Social Day Care)

1041 State Highway 36
Suite 201
Atlantic Highlands, NJ 07716
732-291-0710

EAST BRUNSWICK:

Just Home Medical Adult Day Care Center

(Medical Day Care)

7 Edgeboro Road
East Brunswick, NJ 08816
732-432-9990

Serves Middlesex, Monmouth, and Ocean Counties. Transportation is provided.

EATONTOWN:

Young at Heart of Eatontown

(Medical Day Care)

139 Grant Avenue
Eatontown, NJ 07724
732-578-1888

ENGLISHTOWN:

All in a Day

(Medical Day Care)

104 Pension Road
Englishtown, NJ 07726
732-792-2273

www.allinadaydaycare.com

Wheelchair accessible transportation is available.

FREEHOLD:

Golden Years Care of Freehold

(Medical Care)

20 Jackson Street, Suite 1A
Freehold, NJ 07728
732-845-3332

**7 days a week, Morning shift 8:30 a.m. to 1:30 p.m.,
Afternoon shift 1:30 p.m. to 6:30 p.m.**
Multi-lingual, serves Monmouth, Middlesex, Ocean and Mercer Counties. Wheelchair accessible transportation is provided.

JACKSON:

Young at Heart Adult Center

(Medical Day Care)

115 Grawtown Road
Jackson, NJ 08527
732-928-9222

www.youngatheartadc.com

Serves Englishtown, Freehold area, Howell, Manalapan, Millstone, and Ocean County. Wheelchair accessible transportation is provided.

HEALTH SERVICES

LAKESWOOD:

Ocean View Adult Medical Day Care

699 Cross Street
Lakewood, NJ 08701
732-370-9400

Serves Cream Ridge, Freehold, Manalapan, and Ocean County. Wheelchair accessible transportation is available.

MORGANVILLE:

Golden Age Care

(Medical Day Care)
209 Commercial Court
Morganville, NJ 07751
732-583-9999

OCEAN TOWNSHIP:

Garden Hills Residence

(Social Day Care)
1213 West Park Avenue
Ocean Twp., NJ 07712
732-695-1935
www.gardenhillsresidence.com

RED BANK:

We Care Adult Care, Inc.

(Medical/Social Day Care)
Union Square Shopping Center
552A Highway 35 South
Red Bank, NJ 07701
732-741-7363
www.wecareadultdaycare.com

Wheelchair accessible transportation is available.

TINTON FALLS:

Kensington Court

(Medical Day Care)
864 Shrewbury Avenue
Tinton Falls, NJ 07724
732-784-2400

www.kensingtoncourt.net

Wheelchair accessible transportation is available.

WALL:

Allaire Senior Day Center

(Medical Day Care)
Wall Circle Park
1979 Route 34 South
Wall Township, NJ 07719
732-974-7666
www.allairecenter.net

Wheelchair accessible transportation is available.

WANAMASSA:

LADACIN Network

(Medical Day Care)
1701 Kneeley Blvd.
Wanamassa, NJ 07712
732-493-5900
www.ladacin.org

Monday through Friday, 9:30 a.m. to 3:30 p.m.

Wheelchair accessible transportation is available.

HEALTH SERVICES

Counseling

Mental Health Clinic Services

Booker Behavioral Health Center

661 Shrewsbury Avenue
Shrewsbury, NJ 07702
732-345-3400
www.meridianhealth.com

CentraState Medical Center Psychiatric Services

901 West Main Street
Freehold, NJ 07728
732-780-6023 (Crisis Hot Line)
www.centrastate.com

No out-patient services available.

CPC Behavioral Healthcare

1088 Highway 34 Aberdeen, NJ 07747 732-290-1700 www.cpcbhc.com	37 Court Street Freehold, NJ 07728 732-780-7387	270 Highway 35 Red Bank, NJ 07701 732-842-2000 x4221
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CPC provides behavioral healthcare services including, mental healthcare, addiction recovery, special education, residential and corporate services. Out-patient services are available.

Jersey Shore Medical Center Mental Health Services

Crisis Hotline 732-776-2325
www.meridianhealth.com

Jersey Shore Behavioral Health

1200 Jumping Brook Road
Bldg. 5, Suite 201
Neptune, NJ 07753
732-643-4400
www.meridianhealth.com

In and out patient services available.

HEALTH SERVICES

Jewish Family & Children's Service of Greater Monmouth County

705 Summerfield Avenue 25 Kilmer Drive, 1 Main Street
Asbury Park, NJ 07712 Bldg. 3, Suite 103 Suite 219
732-774-6886 Morganville, NJ 07751 Eatontown, NJ 07724
www.jfcsmonmouth.org **732-536-0050** **732-747-0777**

Individual, family and children's counseling, Out-patient substance in-home counseling for seniors.

Mental Health Association of Monmouth County

119 Avenue at the Common, Suite 5
Shrewsbury, NJ 07702
732-542-6422

www.mentalhealthmonmouth.org

Monday through Friday, 9:00 a.m. to 5:00 p.m.

This is a non-profit citizen's organization. It works to reduce stigma of mental illness through increasing public understanding of the disorders. Its primary function is to insure that every person in the county with a mental illness receives prompt and adequate treatment in the most therapeutic, least restrictive setting close to home.

Monmouth County Department of Mental Health

3000 Kozloski Road
Freehold, NJ 07728
732-431-7200

www.visitmonmouth.com>Departments>Human Services

Provides information and referral of mental health services available to county residents, coordinates planning, monitoring and advocacy activities on behalf of persons with mental illness.

Monmouth Medical Center Mental Health/Psychiatric Services

300 Second Avenue
Long Branch, NJ 07740
732-222-3030 or 732-923-6999 Crisis Hotline
www.barnabashealth.org

In-patient services

HEALTH SERVICES

Pollack Mental Health Center

75 North Bath Avenue

Long Branch, NJ 07740

732-923-6500

www.barnabashealth.org

Out-patient services

Prevention First

1405 Highway 35

Ocean, NJ 07712

732-663-1800

www.preventionfirst.net

Prevention, education, advocacy and public awareness regarding the disease of alcoholism and drug addiction.

Riverview Medical Center Mental Health Services

Crisis Hotline 732-219-5325

www.meridianhealth.com

Saint Barnabas Behavioral Health Network

1-800-300-0628

www.barnabashealth.org

Geriatric psychiatry

University Behavioral Health Care - UMDNJ

COPSA (Comprehensive Services on Aging) Resource Center for Alzheimers Disease and Related Disorders

1-800-424-2494

www.ubhc.umdnj.edu/copsa

COPSA provides Dementia Management Services, Geriatric Outpatient Services, consultation, counseling, referral, and information services. There are workplace programs for employers/employees and caregivers. A speakers bureau addresses various elder life topics of interest.

HEALTH SERVICES

Dental

Dental Lifeline Network-New Jersey - Donated Dental Service

P.O. Box 2117
Edison, NJ 08818
732-549-8909
www.nfda.org/donated_dental

No emergency services. Disabled, elderly or medically compromised individuals who cannot afford treatment may call a coordinator that assists the patient, labs and dentists. There may be a wait list.

New Jersey Division of Family Health Services

www.state.nj.us/health>Primary health>Dental/Oral Health

Provides a dental clinic directory to assist people with difficulty accessing appropriate dental care due to insurance or financial constraints.

New Jersey Dental Association Senior - Dent Program

1 Dental Plaza
P.O. Box 6020
North Brunswick, NJ 08902-6020
732-821-9400
www.njda.org

Seniors 65+, having a PAAD card or within the financial guideline who have *no* dental insurance or medicaid benefits can obtain a discount. You will receive a list of participating dentists in your area and a letter you must present at the time of your appointment.

HEALTH SERVICES

Health Departments of Monmouth County

The health departments of Monmouth County provide public health services such as: communicable disease control, rabies control, sewage disposal, air, water, and noise pollution; dog licensing and animal control. They also provide public health nursing services such as home health care, adult health maintenance programs; oral cancer, mammography, pap and chronic disease screenings; vital records (birth, death, and marriage certificates), health information and referral services. Some fees apply.

Monmouth County Health Department

435 Route 9

Freehold, NJ 07728

732-431-7456

www.visitmonmouth.com>Departments >Health Department

Monday through Friday, 8:30 a.m. to 4:30 p.m.

Monmouth County Health Department serves all towns in Monmouth County except for the towns listed below which have their own health departments.

- Freehold Area Health Department.....732-294-2060**
- Hazlet/Aberdeen Health Department.....732-264-5541**
- Long Branch Health Department.....732-571-5665**
- Manalapan Township Health Department.....732-446-8345**
- Middletown Township Health Department.....732-615-2094**

Monmouth County Regional Health Commission I

1540 West Park Avenue

Tinton Falls, NJ 07724

732-493-9520

www.visitmonmouth.com>Departments >Health Department >List of Health

Departments

Serving these contracted towns:

- | | | | | |
|------------|------------|----------------|---------------------|---------------------|
| Allenhurst | Highlands | Little Silver | Red Bank | Spring Lake |
| Brielle | Holmdel | Loch Arbour | Sea Bright | Spring Lake Heights |
| Deal | Interlaken | Monmouth Beach | Shrewsbury | Tinton Falls |
| Eatontown | Keansburg | Ocean Township | Shrewsbury Township | Wall |
| Fair Haven | Keyport | Rumson | West Long Branch | |

HEALTH SERVICES

Health Organizations

- Advancing Opportunities** (Formerly, Cerebral Palsy of NJ).....1-888-622-1918
www.cpofnj.org
- ALS (Amyotrophic Lateral Sclerosis Association)**732-239-4724
www.alsa.org
- Alzheimer's Association of Greater New Jersey**.....1-800-272-3900
www.alz.org/nj
- American Cancer Society**.....1-800-227-2345 or 732-758-8220
www.cancer.org
- American Diabetes Association**.....1-800-342-2383
www.diabetes.org
- American Heart & Stroke Association**.....1-800-242-8721
www.americanheart.org
- American Lung Association**.....1-800-586-4872
www.lung.org
- American Parkinson's Disease Association, Information & Referral
in New Jersey**.....732-745-7520
www.njapda.org
- American Red Cross of New Jersey**.....732-493-9100
www.redcross.org or www.jerseycoast-redcross.org
- American Stroke Association**.....1-888-478-7653
www.strokeassociation.org
- Arthritis Foundation New Jersey Chapter**.....732-283-4200 or
.....1-888-467-3112
www.arthritis.org
- Central Jersey Blood Center**.....732-842-5750
www.cjbcblood.org
- Epilepsy Foundation of New Jersey**.....1-800-336-5843
www.efnj.com
- Muscular Dystrophy Association**.....732-936-9940
www.mda.org
- New Jersey Stroke Activity Center**.....973-450-4114
www.njsac.org
- NJ Office of Ombudsman for the Institutionalized Elderly**.....
.....1-877-582-6995
www.nj.gov>Departments>Agencies

HEALTH SERVICES

ARC of Monmouth

1158 Wayside Road
Tinton Falls, NJ 07712
732-493-1919
www.arcofmonmouth.org

LADACIN Network (Lifetime Assistance for Developmental and Challenging Individual Needs)

(Formerly Cerebral Palsy of Monmouth and Ocean Counties)
1701 Kneeley Boulevard
Wanamassa, NJ 07712
732-493-5900
www.ladacin.org

Provides education, therapy, social, residential and support services for people with cerebral palsy and other physical disabilities.

Seniors First

1 Applewood Drive
Freehold, NJ 07728
732-780-3013

Program assists individuals through preventive care and education. Includes low cost social programs and support groups available for Parkinson, Strokes and Diabetes.

Visiting Nurse Association of Central Jersey, Inc.

1100 Wayside Road
Tinton Falls, NJ 07712
732-493-2220
1-800-862-3330
www.vnacj.org

VNACJ Community Health Care Centers

1301 Main St.	100 Main St.	35 Broad St.	176 Riverside Ave.
Asbury Park	Keansburg	Keyport	Red Bank
732-774-6333	732-787-1250	732-888-4149	732-219-6620

Appointments preferred call for office hours.

HEALTH SERVICES

Health Related Self-Help/Support Groups

Cancer Support Community

Victoria Commons
613 Hope Road
Eatontown, NJ 07724
732-578-9200
www.cscjerseyshore.org

Families Anonymous.....1-800-736-9805

www.familiesanonymous.org or www.tabw.org

National Alliance on Mental Illness Helpline.....1-800-950-6264

www.nami.org

NAMI of Greater Monmouth.....732-462-6448

www.namimonmouth.org or www.naminj.org

NJ Self-Help Group Clearing House

375 East McFarlan Street
Dover, NJ 07801
1-800-367-6274 (in NJ) or **973-989-1122** (outside NJ)
www.njgroups.org

Call the helpline to get information on many more groups not listed on the web.

Hearing

HAAAD Program.....1-800-792-9745

www.state.nj.us/health/seniorbenefits

Hearing Loss Association of America.....

www.shhh.org or

Telecommunications Relay Services (TRS).....711

TRS permits persons with a hearing or speech disability to use the telephone system via a text telephone (TTY) or other device to call persons with or without such disabilities.

HEALTH SERVICES

Home Health Care Services

Contact the Monmouth County Office On Aging at 732-431-7450, to obtain a comprehensive list of certified home health care agencies including medical, non-medical and those that accept medicaid.

Elder Life Management

931 West Park Avenue
Ocean, NJ 07712
732-493-8080
www.elderlifemanagement.org

Family and Children's Service Inc. of Monmouth County

191 Bath Avenue
Long Branch, NJ 07740
732-222-9111
www.fcsmonmouth.org

Halcyon Elder Care, LLC

P.O. Box 23
Atlantic Highlands, NJ 07716
732-495-2350
www.halcyoneldercare.com

A geriatric care management service company.

Jewish Family & Children's Service of Greater Monmouth County

705 Summerfield Avenue
Asbury Park, NJ 07712
732-774-6886
www.jfcsmonmouth.org

Provides geriatric care management.

Senior Care Options, Inc.

P.O. Box 385
Navesink, NJ 07752
732-872-8882
www.seniorcareoptionsinc.com

HEALTH SERVICES

Visiting Nurse Association of Central Jersey

176 Riverside Avenue
Red Bank, NJ 07701
732-747-1204 or 1-800-862-3330
www.vnacj.org

Hospitals

(Meridian Health Care System)

Jersey Shore University Medical Center

1945 State Highway #33
Neptune, NJ 07754-0397
732-775-5500
www.jerseyshoreuniversitymedicalcenter.com

Riverview Medical Center

One Riverview Plaza
Red Bank, NJ 07701
732-741-2700
www.riverviewmedicalcenter.com

Bayshore Community Hospital/Bayshore Community Health Service

727 North Beers Street
Holmdel, NJ 07733
732-739-5900 or 1-800-560-9990
www.bayshorehospital.org

(Robert Wood Johnson Health Network)

CentraState Health Care System

901 West Main Street
Freehold, NJ 07728
732-431-2000
www.centrastate.com

HEALTH SERVICES

(Saint Barnabas Health Care System)

Monmouth Medical Center

300 Second Avenue
Long Branch, NJ 07740
732-222-5200 or 1-888-724-7123
www.barnabashealth.org

Wound Center at Monmouth Medical Center

255 Third Avenue, Suite 10
Long Branch, NJ 07740
732-923-6060
www.barnabashealth.org

Monmouth County Community Long Term Care Centers

John L. Montgomery Care Ctr. Geraldine L. Thompson Care Ctr.

115 Dutch Lane Road
Freehold, NJ 07728
732-431-7420
www.visitmonmouth.com>CareCenters

P.O. Box 347
Hospital Road
Allenwood, NJ 08720
732-683-8600

Vision

Eye Care America (National Eye Care Project).....1-800-222-3937
www.eyecareamerica.org

New Jersey Blind Citizens Association, Inc.....732-291-0878
www.njbca.org

New Jersey Commission for the Blind & Visually Impaired.....
.....732-255-0723
www.cbvi.nj.gov

New Eyes for the Needy.....973-376-4903
www.neweyesforthe needy.org

NJ Foundation for the Blind.....973-627-0055
www.njffb.org

Vision USA.....1-800-766-4466
www.aoa.org

HOUSING

GENERAL AND OPTIONAL ARRANGEMENTS

Adult Retirement Communities

These facilities are registered with the New Jersey Department of Community Affairs, Office of Planned Real Estate Development.

ENGLISHTOWN:

Marlboro Greens

1 Ivy Hill Drive
Englishtown, NJ 07726
732-972-8202

Office in clubhouse

MANALAPAN:

Covered Bridge I

1 Amberly Drive & Route 9
Manalapan, NJ 07726
732-536-4330

www.coveredbridgenews.com

FREEHOLD:

Rain Tree

99 Pagoda Lane
Freehold, NJ 07728
732-780-1728

Not for adults only. Purchase thru sales office.

Covered Bridge II

1 Covered Bridge Boulevard
Manalapan, NJ 07726
732-536-3900

Heritage Village at Manalapan

216 Woodward Road
Manalapan, NJ 07726
1-877-834-9066

Surrey Downs

1 Queen Anne Boulevard
Freehold, NJ 07728
732-308-4134

<http://mysite.verizon.net/surreydowns>

Office in clubhouse.

MARLBORO:

Greenbriar North at Marlboro

31 Clubhouse Lane
Marlboro, NJ 07746
732-536-7171

The Villages

100 Dag Hammerskjold Blvd.
Freehold, NJ 07728
732-431-1646

MATAWAN:

Cheesequake Village Adult Community

33 Galewood Drive
Marlboro, NJ 07746
732-566-6323

OCEAN TOWNSHIP:

Whalepond Village

400 Stacey Drive
Ocean Township, NJ 07712
732-493-3833

MIDDLETOWN:

Conifer Village at Middletown

100 Beaman Blvd.
Atlantic Highlands, NJ 07716
732-291-0809

HOUSING

GENERAL AND OPTIONAL ARRANGEMENTS

Regal Pointe Senior Living at Middletown

1800 Highway 35
Middletown, NJ 07748
732-957-0083

RED BANK:

River Street Commons

49 Catherine Street
Red Bank, NJ 07701
732-345-1011

Shadow Lake Village

1 Loch Arbour Way
Red Bank, NJ 07701
732-842-9580
www.shadowlakevillage.com

Shady Oaks

1 Shady Oaks Way
Red Bank, NJ 07701
732-530-8787

TINTON FALLS:

Tinton Falls Senior Residence

2500 Shafto Road
Tinton Falls, NJ 07712
732-922-2320

Assisted Living

ASBURY PARK:

Asbury Towers

1701 Ocean Avenue
Asbury Park, NJ 07712
732-988-9090 or 732-988-3790

COLTS NECK:

Brandywine Reflections at Colts Neck

3 Meridian Circle
Colts Neck, NJ 07722
732-303-3100

www.brandycare.com

Specializing in Alzheimer Care

ENGLISHTOWN:

Brandywine Assisted Living at Governor's Crossing

49 Lasatta Avenue
Englishtown, NJ 07726
732-786-1000

www.brandycare.com

FREEHOLD:

Applewood Estates

One Applewood Drive
Freehold, NJ 07728
732-780-7370

www.centrastate.com

The Brookside Assisted Living

93 Manalapan Avenue
Freehold, NJ 07728
732-303-8800 or 1-866-339-3345

Monmouth Crossing

560 Iron Bridge Road
Freehold, NJ 07728
732-303-8600

www.centrastate.com

HOUSING

HOUSING

GENERAL AND OPTIONAL ARRANGEMENTS

HOLMDEL:

The Willows at Holmdel

713 North Beers Street
Holmdel, NJ 07733
732-335-4405
www.bchs.com

MATAWAN:

Victoria House

40 Freneau Avenue
Matawan, NJ 07747
732-566-0800
www.victoriahealthcarecenter.com

HOWELL:

Brandywine at Howell

100 Meridian Place
Howell, NJ 07731
732-961-2200 or 732-719-0100
www.brandycare.com

MIDDLETOWN:

Brighton Gardens of Middletown

620 State Highway 35 South
Middletown, NJ 07748
732-275-0790
www.sunriseseniorliving.com

KEANSBURG:

Bayside Manor

7 Laural Avenue
Keansburg, NJ 07734
732-471-1600
www.baysidemanor.com

MARLBORO:

Sunrise Assisted Living of Marlboro

3A South Main Street
Marlboro, NJ 07746
732-409-6665
www.sunriseseniorliving.com

LINCROFT:

Sunrise Assisted Living of Lincroft

734 Newman Springs Road
Lincroft, NJ 07738
732-212-1910
www.sunriseseniorliving.com

OCEAN GROVE:

Francis Asbury Manor

70 Stockton Avenue
Ocean Grove, NJ 07756
732-774-1316

MANALAPAN:

The Chelsea at Manalapan

445 Route 9 South
Manalapan, NJ 07726
732-972-6200
www.chelseaseniorliving.com

SHREWSBURY:

Brandywine Assisted Living at The Sycamore

5 Meridian Way
Shrewsbury, NJ 07702
732-212-2600
www.brandycare.com

HOUSING

GENERAL AND OPTIONAL ARRANGEMENTS

SPRING LAKE:

The Wexford at Wall Township

2018 Highway 35
Spring Lake, NJ 07762
732-282-1014

Waterford Glen Assisted Living

2021 Highway 35
Wall, NJ 07719
732-282-1910
www.springpointsl.org

TINTON FALLS:

Atria Tinton Falls

44 Pine Street
Tinton Falls, NJ 07753
732-918-1960
www.atriaseniorliving.com

The Chelsea at Tinton Falls

One Hartford Drive
Tinton Falls, NJ 07701
732-933-4700
www.chelseaseniorliving.com

Seabrook Village Renaissance Gardens

3002 Essex Road
Tinton Falls, NJ 07753
732-643-2000

Kensington Court

864 Shrewbury Avenue
Tinton Falls, NJ 07724
732-784-2400
www.kensingtoncourt.net

WALL:

Sunrise Assisted Living of Wall

2600 Allaire Road
Wall, NJ 07719
732-282-1700
www.sunriseseniorliving.com

Continuing/Lifetime & Comprehensive Personal Care Communities

FREEHOLD:

Applewood Estates

One Applewood Drive
Freehold, NJ 07728
732-780-7370
www.centrastate.com

HAZLET:

Regency Park

3325 Highway 35
Hazlet, NJ 07730
732-264-5800

HIGHTSTOWN:

Meadow Lakes

200 Etra Road
Hightstown, NJ 08520
609-448-4100

HOLMDEL:

Bayshore Health Care Center

715 North Beers Street
Holmdel, NJ 07733
732-739-9000
www.bchs.com

HOUSING

GENERAL AND OPTIONAL ARRANGEMENTS

MANASQUAN:

Sunnyside Manor

2501 Ramshorn Drive
Manasquan, NJ 08736
732-528-9311

SPRING LAKE HEIGHTS:

The Arbors

550 Warren Avenue
Spring Lake Heights, NJ 07762
732-449-4444

OCEAN GROVE:

Francis Asbury Manor

70 Stockton Avenue
Ocean Grove, NJ 07756
732-774-1316

TINTON FALLS:

Seabrook Village

3000 Essex Road
Tinton Falls, NJ 07753
732-918-9100

PERRINEVILLE:

Ave Care

839 Perrineville Road
Perrineville, NJ 08535
732-446-5225
www.avecure.com

A complete list of the optional living arrangements is available through the Monmouth County Office on Aging. To obtain a copy of this list, please call, **732-431-7450 or 1-877-222-3737**.

RED BANK:

The Atrium at Navesink Harbor

40 Riverside Avenue
Red Bank, NJ 07701
732-842-3400
www.springpointsl.org

Housing Assistance

Affordable Housing Alliance

59 Broad Street
Eatontown, NJ 07724
732-389-2958

Monday through Friday, 9:00 a.m. to 5:00 p.m.

www.housingall.com

The Alliance develops and expands the availability of affordable housing for low to moderate income and special needs groups for either rental or purchase. They provide home ownership, rental search, foreclosure assistance, information and referral services.

HOUSING

GENERAL AND OPTIONAL ARRANGEMENTS

Check-Mate, Inc.

910 4th Avenue

P.O. Box 1288

Asbury Park, NJ 07712

732-774-3100

www.check-mateinc.org

Monday through Friday, 9:00 a.m. to 4:30 p.m.

The community action agency of Monmouth County provides services to low and moderate income residents, including HUD counseling, emergency placement, referrals, community education workshops, and mediation in landlord/tenant disputes. There is weatherization help for home energy efficiency.

Interfaith Neighbors, Inc.

810 Fourth Avenue

Asbury Park, NJ 07712

732-775-5155

www.interfaithneighbors.org

Monday through Friday, 8:30 a.m. to 4:30 p.m.

This is a non-profit organization that provides rental subsidies for working families with children. They also provide home-delivered meals, throughout the county, with the help of volunteers.

Home Energy Assistance Programs.....609-633-2378

LIHEAP.....1-800-510-3102

Helps very low-income residents with their heating and cooling bills and makes provision for emergency heating system services and emergency fuel assistance.

NJ Shares.....1-800-657-4273

www.njshares.org

TRUE Program732-982-8710

www.housingall.org/Utility-help/asap

Help with gas and electric bills for low to moderate income residents of NJ over the LIHEAP Program income limit

Universal Service Fund (USF)1-866-240-1347

HOUSING

GENERAL AND OPTIONAL ARRANGEMENTS

Home Repair and Barrier Free Program

Unit 835
P.O. Box 3000, Kozloski Road
Freehold, NJ 07728
732-308-3770 x7999 or x7985

Monday through Friday, 8:30 a.m. to Noon

Monmouth County provides ramps and other modification to homes or apartments to seniors, the disabled and families. Income limits and some restrictions apply. Asbury Park, Little Silver, Long Branch, Middletown and Red Bank have similar programs for their residents.

Monmouth County Community Development Program

Hall of Records Annex
1 East Main Street
Freehold, NJ 07728
732-431-7490

Monday through Friday, 9:00 a.m. to 5:00 p.m.

Funds a variety of public improvements and public service activities for eligible non-profits and participating municipalities. Files housing discrimination complaints with appropriate federal and state agencies for county residents, provides education, training and referrals for fair housing.

Monmouth County Department of Human Services - Division of Social Services

Human Services Bldg.
3000 Kozloski Road
Freehold, NJ 07728
732-431-6000 or 1-800-662-3114
www.visitmonmouth.gov

Offers rental subsidies, rental assistance programs, resource development, tenant/landlord relations, rights and responsibilities counseling.

Monmouth County Fair Housing Board.....732-431-7490

www.co.monmouth.nj.us>Planning Board>Fair Housing

New Jersey Department of Community Affairs - Rental Assistance Program

609-292-4040 or 609-633-6303

www.state.nj.us/dca

HOUSING

GENERAL AND OPTIONAL ARRANGEMENTS

New Jersey Department of Consumer Affairs - Fair Housing Act Administration

P.O. Box 813
Trenton, NJ 08625
609-292-3000
www.state.nj.us/dca/services/lps/hss

New Jersey Housing Resource Center.....www.nj.gov/dca

New Jersey Housing & Mortgage Finance Agency.....**609-278-7400**

.....**Consumer hotline 1-800-654-6873**

www.nj.gov/dca/hmfa

New Jersey Weatherization Assistance Program (WAP)

NJ Division of Community Resources
Weatherization Assistance Program
P.O. Box 811, 5th Floor
101 South Broad Street
Trenton, NJ 08625-0811
609-633-2378 or 1-800-510-3102
www.state.nj.us/dca/divisions/dhcr

Assists seniors, disabled and low income families to weatherize their homes to improve their heating system efficiency and conserve energy. Some restrictions apply.

Project Paul, Inc.

211 Carr Avenue
Keansburg, NJ 07734
732-787-4887
www.projpaul.org
Monday through Friday, 10:00 a.m. to 3:00 p.m.
Saturday, 10:00 a.m. to 2:00 p.m.

Assists in preventing homelessness, by helping with utilities, rent and clothing. Project Paul disperses SSH and FEMA funds in the Bayshore area according to the guide-lines of the funding source. There is also a food pantry and thrift store.

HOUSING

AFFORDABLE OR SUBSIDIZED APARTMENTS FOR THE ELDERLY

ASBURY PARK:

Asbury Towers

1701 Ocean Avenue
Asbury Park, NJ 07712
732-988-9090
www.springpointsl.org

Comstock Court

1018 First Avenue
Asbury Park, NJ 07712
732-774-2660
Asbury Park Housing Authority

Lumley Homes A

1004 Comstock Street
Asbury Park, NJ 07712
732-774-2660
Asbury Park Housing Authority

Lumley Homes B

1025 Second Avenue
Asbury Park, NJ 07712
732-774-2660
Asbury Park Housing Authority

Philip Seaview Tower

206-220 First Avenue
Asbury Park, NJ 07712
732-774-3022
220 units HUD

Robinson Tower

1000 Third Avenue
Asbury Park, NJ 07712
732-774-2660
Asbury Park Housing Authority

Stephen Manor

1100 Atlantic Avenue
Asbury Park, NJ 07712
732-774-1700
Limited number of senior units

Vita Gardens

120 Monmouth Avenue
Asbury Park, NJ 07712
732-988-8808
Limited number of senior units

ATLANTIC HIGHLANDS:

Portland Point

202 First Avenue
Atlantic Highlands, NJ 07716
732-872-9040
www.springpointsl.org

BELMAR:

Belmar Plaza Apartments

710 Eighth Avenue
Belmar, NJ 07719
732-859-7088
HUD, 50 senior units

EATONTOWN:

Meadowbrook

55 Wyckoff Road
Eatontown, NJ 07724
732-542-6702
196 units

HOUSING

AFFORDABLE OR SUBSIDIZED APARTMENTS FOR THE ELDERLY

FREEHOLD:

Elton Corner at Heritage Village

895 Elton Adelphia Road

Freehold, NJ 07728

732-431-3456

www.cisnj.com

Active 55+

Hudson Manor

40 Hudson Street

Freehold, NJ 07728

732-431-4880

164 units, HUD

Monmouth Court

107 Throckmorton Street

Freehold, NJ 07728

732-462-2421

47 units, Housing Authority

Rug Mill Towers

30 Jackson Street

Freehold, NJ 07728

732-294-1483

HAZLET:

Bethany Towers

1 Clark Street

Hazlet, NJ 07730

732-264-9550

62+

Middle Road Village

423 Middle Road

Hazlet, NJ 07730

732-264-6555

212 units

HIGHLANDS:

Ptak Towers

215 Shore Drive

Highlands, NJ 07732

732-872-2022

Borough of Highlands Housing Auth.

HOLMDEL:

Holmdel Village

200 Crape Myrtle Drive

Holmdel, NJ 07733

201-308-5324

HOWELL:

The Crossroads at Howell

720 Route 9 South

Freehold, NJ 07728

732-683-1244

www.springpointsl.org

86 units

Friendship Gardens

100 Friendship Gardens

Howell, NJ 07731

732-370-9110

www.springpointsl.org

99 units, HUD

KEANSBURG:

Fallon Manor

43 Church Street

Keansburg, NJ 07734

732-787-6161

62 +, Tax Credit Subsidies

HOUSING

AFFORDABLE OR SUBSIDIZED APARTMENTS FOR THE ELDERLY

Granville Towers

1 Church Street
Keansburg, NJ 07734
732-787-6151

Church Street Housing Group

McGrath Towers

25 Hancock Street
Keansburg, NJ 07734
732-787-6161

110 units, HUD, Privately owned

KEYPORT:

Bethany Annex

500 Broad Street
Keyport, NJ 07735
732-264-9550

Keyport Legion Apartments

50 Beers Street
Keyport, NJ 07735
732-264-2711

209 units, 62+, NJHA

LINCROFT:

Luftman Towers

41 Hurley's Lane
Lincroft, NJ 07738
732-530-0668

189 units

LONG BRANCH:

Hobart Manor

58 Hobart Manor at James Street
Long Branch, NJ 07740
732-222-4533

www.lbhousingauthority.org
57 units, Long Branch Housing Auth.

Ocean Pointe Tower

10 Pavillion Avenue
Long Branch, NJ 07740
732-870-6400

www.lbhousingauthority.org
HUD, Long Branch Housing Auth.

Chester Arthur Apartments

111 Union Avenue
Long Branch, NJ 07740
732-222-4051

www.lbhousingauthority.org
60 units, Long Branch Housing Auth.

Kennedy Towers

36 Rockwell Avenue
Long Branch, NJ 07740
732-222-3747

www.lbhousingauthority.org
100 units, Long Branch Housing Auth.

Washington Manor

325 Ocean Blvd.
Long Branch, NJ 07740
732-571-1002

100 units, privately owned

MATAWAN:

Minnisink Village

1 Minnisink Drive
Matawan, NJ 07747
732-583-4980

108 units, 62+, Privately owned

HOUSING

AFFORDABLE OR SUBSIDIZED APARTMENTS FOR THE ELDERLY

MIDDLETOWN:

Alice V. Tomaso Plaza

2 Oakdale Drive
Middletown, NJ 07748
732-671-2990

151 units, HUD

Daniel Tower

1 Oakdale Drive
Middletown, NJ 07748
732-671-1629

100 units, HUD

NEPTUNE:

John W. Knox Homes

19 Davis Avenue
Neptune, NJ 07753
732-774-7692
www.tnha.org

Lake Alberta Homes

Taylor and Sixth Avenues
Neptune, NJ 07753
732-774-7692
www.tnha.org

55 units

Midtown Senior Housing

1512 Monroe Avenue
Neptune, NJ 07753
732-776-6092

R. W. Stout Homes

1810 Alberta Avenue
Neptune, NJ 07753
732-774-7692
www.tnha.org

Sebastian Villa

2305 West Bangs Avenue
Neptune, NJ 07753
732-775-6362

171 units

West Lake Senior Housing

1609 West Lake Avenue
Neptune, NJ 07753
732-988-8003

William Steele Homes

Atkins and Heck Avenues
Neptune, NJ 07753
732-774-7692
www.tnha.org

NEPTUNE CITY:

Neptune City Senior Housing Apartments

2000 Sixth Avenue
Neptune City, NJ 07753
732-988-2540

60 units, HUD

OCEANPORT:

Oceanport Gardens

274 East Main Street
Oceanport, NJ 07757
732-542-2436

101 units

PORT MONMOUTH:

Bayshore Village

Shoal Harbor Court
Port Monmouth, NJ 07758
732-787-8840

96 units

HOUSING

AFFORDABLE OR SUBSIDIZED APARTMENTS FOR THE ELDERLY

RED BANK:

Evergreen Terrace

P.O. Box 2158
Red Bank, NJ 07701

732-741-1808

50 units, 62 and older and disabled,
Housing Authority

Weselyan Arms

9 Wall Street
Red Bank, NJ 07701

732-936-0760

www.umh-nj.org

60 units

WALL TOWNSHIP:

Allaire Crossing

2011 New Bedford Road
Wall, NJ 07719

732-449-5889

www.springpointsl.org

66 units for seniors and disabled.

WEST LONG BRANCH:

Peter Cooper Village

200 Forest Street
West Long Branch, NJ 07764

732-229-3800

150 units

ROOSEVELT:

Solar Village

North Valley Road
Roosevelt, NJ 08555

609-371-1350

Tuesday afternoons

Thursday mornings

20 units, for aged and disabled, send
mail to: P.O. Box 535, Roosevelt, NJ
08555

TINTON FALLS:

Tinton Falls Senior Residence

2500 Shafto Road
Tinton Falls, NJ 07712

732-922-2320

The Pines at Tinton Falls

70 Pine Street
Tinton Falls, NJ 07753

732-922-9960

95 units, Tax credit

INSURANCE

General Information

**New Jersey Department of Banking, Insurance and Real Estate
Commission Helpline.....609-292-7272 or 1-800-446-7467**

**Insurance Ombudsman.....609-292-7272 or 1-800-446-7467
www.state.nj.us/dobi**

New Jersey Department of Banking and Insurance

20 West State Street
PO Box 325
Trenton, NJ 08625
609-292-7272

www.nj.gov>Departments>Banking & Insurance

Medigap and Long Term Care policy information.....1-800-792-8820

SHIP - (State Health Insurance Assistance Program)

732-728-1331 or 732-431-7450 (Monmouth County Office on Aging)

Call to find locations, times or make an appointment. Volunteer counselors are trained by the New Jersey Department of Health and Senior Services, to assist you in contacting insurance companies, answering questions about filing claims or appeals. They assist with Medicare plans, PAAD or Senior Gold applications.

Medicare

**Medicare Toll-Free Information Service.....1-800-633-4227
Monday through Friday, 8:00 a.m. to 4:00 p.m. www.medicare.gov**

Ask Medicare.....www.medicare.gov/caregivers
Offers one-stop credible and easy to find decision making tools to help caregivers to make the most of Medicare.

Counseling on Health Insurance for Medicare Enrollees (SHIP)

Coordinator.....732-531-5511

Medicare Enrollment (Social Security Office).....1-800-772-1213

**Medicare Fraud and Abuse.....1-800-447-8477
www.cms.hhs.gov/ContactCMS**

Medicare Beneficiary Helpline.....1-800-624-4557

LEGAL SERVICES

General Information

Community Health Law Project

1 Main Street, Suite 413

Eatontown, NJ 07724

732-380-1012 or 973-275-1175 (Administrative Office, South Orange)

www.chlp.org/eatontown

Legal and non-legal advocacy services for mentally and developmentally impaired individuals, medicare beneficiaries outreach and assistance.

LSNJ LAW

1-888-576-5529 (Hotline)

Monday through Friday, 8:00 a.m. to 5:30 p.m.

www.lsnjlaw.org

Free legal help for low-income New Jersey residents, *by phone*. Advice on civil matters. No court representation or criminal law advice.

Monmouth County Adjuster

Hall of Records

1 East Main Street

Freehold, NJ 07728

732-431-6302

www.visitmonmouth.com>Departments

Acts as referee for the County Court in all matters pertaining to admissions to State facilities, both for mentally-ill and mentally challenged.

Monmouth County Legal Aid Society, Inc.

Location:

2407 Route 66 (inside the Probation Bldg.)

Ocean, NJ 07712

732-869-5619

www.monmouthbarassociation.com/legal_aid

Mailing Address:

P.O. Box 86

Asbury Park, NJ 07712

To provide legal counsel and assistance on problems of civil law to eligible residents of Monmouth County, including court representation where necessary.

LEGAL SERVICES

Monmouth County Sheriff's Office - TRIAD Program

50 East Main Street

Freehold, NJ 0772

732-431-7138

www.monmouthsheriff.org

The TRIAD Program is a three-way cooperative effort among the Sheriff's Office, the Chiefs of Police Association and the leadership of various local senior organizations. The primary goal is to reduce the criminal victimization of older citizens and enhance the delivery of law enforcement.

Ocean/Monmouth Legal Services

303 West Main Street, 3rd Floor

Freehold, NJ 07728

732-866-0020

www.lsnj.org/omls

Provides legal services, advice, counsel and/or representation to eligible applicants in a broad range of matters. The level of service provided is based on the type of case. Eligibility for individuals is based on household income and assets. OMLS does not help in criminal or municipal court cases.

Office of the Public Guardian for the Elderly

P.O. Box 812

Trenton, NJ 08625

609-341-5555

www.state.nj.us/nj/community/senior

Monday through Friday, 8:30 a.m. to 5:00 p.m.

Guardianship services for unbefriended individuals 60 years or older deemed incapacitated by the Superior Court of New Jersey. Efforts are made to provide compassionate and fundamental responsibility while honoring the choices of the client when possible.

Surrogate's Office

Hall of Records

1 East Main Street

Freehold, NJ 07728

732-431-7330

www.visitmonmouth.com>Departments

Probates wills, Administrations, Guardianships, Adoptions

NUTRITION PROGRAMS

Congregate Nutrition

Sites

Asbury Towers

1701 Ocean Avenue
Asbury Park, NJ 07712
732-774-4447

Bayshore Senior Day Center

100 Main Street
Keansburg, NJ 07734
732-495-2454
bayshoreseniorcenter.com

Howell Senior Center

P.O. Box 580
251 Preventorium Road
Howell, NJ 07731
732-938-4937 (Nutrition Ctr.)
732-938-4500 x2552 (Sr. Ctr.)
www.twp.howell.nj.us

Jewish Family & Children's Services of Greater Monmouth County

Congregation Brothers of Israel
250 Park Avenue
Elberon, NJ 07740
732-774-6886
www.jfcsmonmouth.org
Tuesday and Thursday at 12:00 noon

Keyport Senior Center

110 Second Street
Keyport, NJ 07735
732-888-4876 (Nutrition Ctr.)
732-264-4916 (Senior Ctr.)
www.keyportonline.com
Monday through Friday, 9:00 a.m. to
3:30 p.m.

Middletown Senior Center

Croydon Hall
900 Leonardville Road
Leonardo, NJ 07737-1339
732-291-0999 (Nutrition Ctr.)
732-615-2265 (Senior Ctr.)
www.middletownnj.org

Neptune Township Senior Center

1607 Corlies Avenue
Neptune, NJ 07754
732-988-8855
www.neptunetownship.org
Monday through Friday 9:00 a.m. to
3:30 p.m.

Red Bank Senior Center

80 Shrewsbury Avenue
Red Bank, NJ 07701
732-747-5204
www.redbanknj.org
Monday through Friday, 8:30 a.m. to
4:00 p.m.

NUTRITION PROGRAMS

Home Delivered Meals

Interfaith Neighbors, Inc.

810 Fourth Avenue

Asbury Park, NJ 07712

732-775-5155

www.interfaithneighbors.org

Monday through Friday, 8:30 a.m. to 4:30 p.m.

Kosher Meals on Wheels see Jewish Family and Childrens Services

Nutrition Programs/Food Pantry Programs

Bradley Food Pantry

605 4th Avenue

Bradley Beach, NJ 07720

732-775-0161

Monday through Friday, 8:30 a.m. to 11:30

Serving Belmar and Spring Lake areas for Meals on Wheels call 732-502-3277.

Calico Cat Cupboard Food Pantry and Emergency Assistance Fund

96 Kings Highway

Middletown, NJ 07748

732-671-8775

Serves the Bayshore area. Referral needed.

CHANT (Conquer Hunger & Needy Together)

131 Corlies Avenue Unit 1B/D

Neptune, NJ 07753

732-774-2712

Monday through Friday, 9:00 a.m. to 1:00 p.m.

Freehold Area Open Door

39 Throckmorton Street

Freehold, NJ 07728

Send mail to: P.O. Box 1073

732-780-1089

Monday through Friday, 10:00 a.m. to 1:30 p.m.

NUTRITION PROGRAMS

Howell Emergency Food Pantry, Inc.

450 Adelphia Road
Farmingdale, NJ 07727
732-938-2368

Mail to:
P.O. Box 580
Howell, NJ 07731

Monday mornings, 9:00 a.m. to 11:00 a.m. for emergencies or donations.
Food distribution last Monday of the month 3:30 p.m. to 7:30 p.m.

Jewish Family & Children's Services of Greater Monmouth County

705 Summerfield Avenue
Asbury Park, NJ 07712
732-774-6886

www.jfcsmonmouth.org

Monday through Friday, 9:00 a.m. to 5:00 p.m.

Pantry opens each Friday, 1:00 p.m. Clients may receive food one time per month.
For Kosher home delivered meals, please call.

Keyport Ministerium Food Pantry

St. Mary the Virgin Episcopal Church
10 East Front Street
P.O. Box 35
Keyport, NJ 07735
732-888-1986

www.keyportfoodpantry.org

Tuesday and Thursday, 9:30 a.m. to 11:30 a.m.

The pantry is located in St. Mary's Hall at #8, on the left, behind the church.

Lunch Break

121 Drs. James Parker Blvd.
Red Bank, NJ 07701
732-747-8577

www.lunchbreak.org

Soup kitchen serves meals Monday through Friday, 11:00 a.m. to 1:00 p.m., Saturday, 11:00 a.m. to 1:00 p.m.

A donation of time is requested, if possible. Clothing distribution is the first Saturday of the month at 8:00 a.m. Homebound meals.

NUTRITION PROGRAMS

Mercy Center

1106 Main Street

Asbury Park, NJ 07712

732-774-9397

www.mercycenternj.org

Monday through Friday, 8:30 a.m. to 4:00 p.m.

Middletown Assembly of God

628 Palmer Avenue

Middletown, NJ 07748

732-977-9767

www.mag-afm.com/EMERGENCY-FOOD-ASSISTANCE.html

Tuesdays & Fridays, 11:00 a.m. to 1:00 p.m.

Tuesday evenings, 6:00 p.m. to 7:00 p.m. by appointment only

Emergency food assistance pantry.

Project Paul, Inc.

211 Carr Avenue

Keansburg, NJ 07734

732-787-4887

www.projpaul.org

Pantry operates Monday, Wednesday and Friday, 9:45 a.m. to 11:45 a.m. and 12:45 p.m. to 2:45 p.m.

If there is a food emergency call during office hours.

Saint Benedict Catholic Church

165 Bethany Road

Holmdel, NJ 07733

732-264-4712 x234

www.stbenedicholmdel.org

Pantry operates Tuesday through Friday, 10:00 a.m. to 1:00 p.m.,

Tuesday evenings 5:00p.m. to 7:00 p.m.

Those coming for the first time, please call ahead for important information.

NUTRITION PROGRAMS

Saint Mark's Church Soup Kitchen

247 Carr Avenue
Keansburg, NJ 07734
732-495-5227

Lunch, Monday through Saturday 11:15 a.m., Dinner Tuesday and Thursday 4:30 p.m. Food pantry Tuesday and Thursday, Noon to 2:00 p.m., Wednesday evenings 6:00 p.m. to 7:30 p.m.

Emergency food for low income people.

Saint Peter's Episcopal Church Soup Kitchen

Throckmorton Street (near West Main St.)
Freehold NJ 07728
732-431-8383 (Church Office)
www.stpetersfreehold.org/community-outreach

Lunches Monday, (some Tuesdays), Wednesday & Thursday 11:30 a.m. to 1:30 p.m. Community Suppers September through June, 2nd and 4th Fridays at 5:30 p.m.

Samaritan Center Food Pantry

3 Harrison Avenue
Englishtown, NJ 07726
732-446-1142

Tuesday, Thursday 9:30 a.m. to 12:30 p.m., Saturday, 9:30 a.m. to 11:00 p.m.

SNAP (Supplemental Nutrition Assistance Program)

Monmouth County Division of Social Services

3000 Kozloski Road	2405 Route 66
Freehold, NJ 07728	Ocean, NJ 07712
732-431-6000	732-431-6000 x5800

Monday through Friday, 8:30 a.m. to 4:30 p.m.

Evening hours only at the Ocean location, Tuesday and Wednesday, 4:30 to 8:00 p.m.

Formerly known as New Jersey Food Stamp Program.

SENIOR ORGANIZATIONS

General Information

American Association of Retired Persons (AARP) - NJ

101 Rockingham Row
Forrestal Village
Princeton NJ, 08540
1-866-542-8165
www.aarp.org/states/nj

National Active and Retired Federal Employees Association

606 North Washington Street
Alexandria, VA 22314
703-838-7760
www.narfe.org

National Council on Aging

1901 L Street, NW
Washington, DC 20036
202-479-1200 or New Jersey Chapter 732-367-7111
www.ncoa.org

SOCIAL & RECREATIONAL

Senior Centers

Asbury Park Senior Center

1201 Springwood Avenue
Asbury Park
732-504-5040 or 732-988-5252
www.cityofasburypark.com

>City information>Departments>Senior Center

Monday through Friday, 9:00 a.m. to 4:30 p.m.

Send mail to: 1 Municipal Plaza
Asbury Park, NJ 07712-7026

Bayshore Senior Day Center

100 Main Street
Keansburg, NJ 07734-1725
732-495-2454

Monday through Friday, 8:30 a.m. to 4:00 p.m.

Eatontown Community Center

72 Broad Street
Eatontown, NJ 07724
732-389-7666

Monday, Wednesday, Friday, 8:30 a.m. to 4:30 p.m.

Send mail to: 47 Broad St.

Freehold Township Senior Center

116 Jackson Mills Road
Freehold, NJ 07728
732-294-2029

R. D. Wilson Memorial Community Center

22 Snug Harbor Avenue
Highlands, NJ 07732-1465
732-872-1959

Thursday, 12:00 a.m. to 3:00 p.m.

Howell Senior Center

251 Preventorium Road
P.O. Box 580
Howell, NJ 07731
732-938-4500 x2550

Monday through Friday, 8:30 a.m. to 4:30 p.m.

Keyport Senior Center

110 Second Street
Keyport, NJ 07735-1848
732-264-4916

Monday through Friday, 9:00 a.m. to 3:30 p.m.

Long Branch Senior Center

85 Second Avenue
Long Branch, NJ 07740-6724
732-571-6542

Monday through Friday, 8:30 a.m. to 4:30 p.m.

Manalapan Senior Center

211 Freehold Road
Manalapan, NJ 07726
732-446-8401

Monday through Friday, 9:00 a.m. to 4:00 p.m.

SOCIAL & RECREATIONAL

Marlboro Twp. Senior Program

Marlboro Recreation Center

1996 Recreation Way

Marlboro, NJ 07746

732-617-0100

www.marlboro-nj.gov

Monday through Friday, 8:30 a.m. to 4:00 p.m.

Neptune Township Senior Center

1607 Corlies Avenue

Neptune City, NJ 07753

732-988-8855

www.neptunetownship.org

Monday through Friday, 9:00 a.m. to 3:30 p.m.

Middletown Senior Center

Croydon Hall

900 Leonardville Road

Leonardo, NJ 07737-1750

732-615-2265 (Senior Center)

Monday through Friday, 8:30 a.m. to 4:30 p.m.

Red Bank Senior Center

80 Shrewsbury Ave.

Red Bank, NJ 07701

732-747-5204

Monday through Friday, 8:30 a.m. to 3:30 p.m.

Neptune City Community Center

117 Third Avenue

Neptune City, NJ 07753

732-774-0089

Recreation

National Parks in New Jersey

Appalachian, Delaware Water Gap, Edison, Ellis Island, Gateway National Recreation Area, Morristown, New Jersey Coastal Heritage Trail, and New Jersey Pinelands

www.nps.gov or store.usgs.gov/pass/senior.html

America the Beautiful - National Parks and Federal Recreation Lands Pass - for Seniors - Cost \$10.

America the Beautiful - National Parks and Federal Recreation Lands Pass - Access Pass (for the disabled) - Free

This is a lifetime pass for U. S. citizens or permanent residents age 62 or over. The pass, obtained in person, at the park, permits access to Federal Recreation sites. Proof of age, citizenship and documentation of permanent disability (if applicable) are required. Other restrictions apply.

SOCIAL & RECREATIONAL

Gateway Sandy Hook National Recreation Area

P.O. Box 530
Sandy Hook, NJ 07732
732-872-5970
www.nps.gov/gate

New Jersey State Parks

Residents of the State of New Jersey who are 62 years of age and older or people who are totally disabled, may apply for a free or discounted Annual State Park Pass upon providing adequate verification of their status. Applications are obtained on line or by calling.

1-800-843-6420 or 609-984-1423

www.state.nj.us > Things to do in NJ

Allaire State Park.....	732-938-2371
Leonardo State Marina.....	732-291-1333
Monmouth Battlefield State Park.....	732-462-9616
Spring Meadow Golf Course.....	732-449-0806

Family Fishing and Shellfish Licenses

(NJ Dept. of Environmental Protection Division of Fish & Wildlife)

P.O. Box 402
Trenton, NJ 08625
609-292-2965
www.njfishandwildlife.com

Walk-in at 501 East State Street, 3rd floor. State applications available for those 62 years of age or older. Proof of residency and age required. A moderate fee applies.

NJ Hall of Fame

973-648-0516
www.njhalloffame.com

NJ Historical Commission

609-292-6062
www.state.nj.us > Things to do in NJ

SOCIAL & RECREATIONAL

NJ Office of Travel & Tourism

1-800-847-4865 Free Publications
609-599-6540 For Inquiries
www.visitnj.org

NJ State Council on the Arts

609-292-6130
www.njartscouncil.org or www.state.nj.us >Things to do in NJ

Monmouth County Department of Tourism

1 East Main Street
Freehold, NJ 07728
732-431-7476 or **1-800-523-2587**
www.tourism.visitmonmouth.com

Monmouth County Library - Headquarters

125 Symmes Drive
Manalapan, NJ 07726
732-431-7220
www.monmouthcountylib.org

Monmouth County Park System

805 Newman Springs Road
Lincroft, NJ 07738
732-842-4000
www.monmouthcountyparks.com

There are varied activities and events year round.

P.N.C. Bank Arts and Cultural Center

Exit 116 Garden State Parkway
Holmdel, NJ 07733
732-203-2500

Community YMCA Family Health and Fitness Center

166 Maple Avenue
Red Bank, NJ 07701
732-741-2504
732-671-5505 Administration Office
www.TheCommunityYMCA.org

SOCIAL & RECREATIONAL

YMCA of Western Monmouth County

470 East Freehold Road
Freehold, NJ 07728
732-462-0464
www.ymcanj.org

Golf Courses

Golf ID cards are needed to take advantage of discounts and automated tee time reservations. Information is available by telephone and the internet. ID cards are purchased in person at a Monmouth County Park System golf course.

732-758-8383

www.monmouthcountyparks.com or www.golfable.com

Bel Aire Golf Course

3120 Allaire Road at Route 34
Wall Township, NJ 07719
732-449-6024

This facility permits walk ons.

Charleston Springs

101 Woodville Road
Millstone Township NJ 07726
732-409-7227

Hominy Hill Golf Course

92 Mercer Road
Colts Neck, NJ 07722
732-462-9222

Howell Park Golf Course

Preventorium Road (next to the
high school on Rt. 524)
Howell Township, NJ 07731
732-938-4771

Pine Brook Golf Course

1 Covered Bridge Boulevard
Manalapan, NJ 07726
732-536-7272

Shark River Golf Course

320 Old Corlies Road
Neptune Township, NJ 07753
732-922-4141

SOCIAL SERVICES

General Information

Adult Protective Services - Family and Children's Service of Monmouth County

191 Bath Avenue
Long Branch, NJ 07740
732-531-9191

www.fcsmonmouth.org

Monday through Friday, 8:30 a.m. to 4:30 p.m.

Protective Services receives and investigates reports of suspected abuse, neglect and exploitation of vulnerable adults living in the community. Disabled persons 18 years and older who live alone and are unable to care for themselves or protect themselves from jeopardy are also served.

American Red Cross Jersey Coast Chapter

1540 West Park Avenue
Tinton Falls, NJ 07724
732-493-9100

www.jerseycoast-redcross.org

Monday through Friday, 9:00 a.m. to 5:00 p.m.

A non-profit volunteer organization that provides relief to victims of disasters and helps people prevent, prepare for and respond to emergencies. CPR, First Aid, Water Safety and AIDS education; Blood Services; Emergency services for military personnel and their families; International Tracing Services; and Lifeline Emergency Response System.

Barrier Free Program

Unit 835
P.O. Box 3000
Kozloski Road
Freehold, NJ 07728
732-308-3770 x7999

Monday through Friday, 8:30 a.m. to Noon

Provides ramps and other modifications to homes or apartments to enhance mobility to low income persons with physical limitations.

SOCIAL SERVICES

Catholic Charities Family & Community Services

145 Maple Avenue
Red Bank, NJ 07701
732-747-9660 or 1-800-360-7711 (Trenton)
www.dioceseoftrenton.org

Mental Health; anger management. Accepts medicare insurance.

Check-Mate, Inc.

910 4th Avenue	20 Jackson Street	40 Memorial Parkway
P.O. Box 1288	Freehold, NJ 07728	Long Branch, NJ 07740
Asbury Park, NJ 07712	732-780-7656	732-870-6685
732-774-3100		
www.check-mateinc.org		

Monday through Friday, 9:00 a.m. to 4:30 p.m.

Provides services to low and moderate income residents. These include: Housing Assistance, Emergency Shelter Program, AIDS Education Project, Day Care Project, Energy Projects, Weatherization and Resource Centers.

Emergency Shelter and Transitional Housing Program Monmouth County Division of Social Services

732-431-6000 (after hours) or **1-800-662-3114** (Clients only)
www.visitmonmouth.com

Provides temporary shelter for homeless eligible families and allows for the provision of social services and transportation.

Family & Children's Services - RSVP Money Management Program

191 Bath Avenue
Long Branch, NJ 07740
732-222-9111 x173
www.fcsmonmouth.org

The program helps people be independent in their homes as long as possible. Help is provided to low-income seniors and disabled citizens having difficulty paying routine bills and keeping track of financial matters. Money management materials are provided. A Representative Payee Service is available for clients that are incapable of handling their own funds.

SOCIAL SERVICES

Hispanic Affairs and Resource Centers of Monmouth County

913 Sewall Avenue

Asbury Park, NJ 07712

732-774-3282

www.harcnj.org

12 Throckmorton St.

Freehold, NJ 07728

732-431-6977

121 Bridge Avenue

Red Bank, NJ 07701

732-747-9000

The centers provide assistance to the Hispanic community in the following areas: Interpretive translation, escort services, advocacy, notary, applications and forms assistance, information and job referrals, technical assistance to other human service providers, youth support services, and English as a second language.

Monmouth County Division of Social Services

Human Services Bldg.

3000 Kozloski Road

Freehold, NJ 07728

732-431-6000 (after hours for all offices) TDD 732-294-5462 or

1-800-662-3114 (Clients only)

www.visitmonmouth.com

All programs and services can be obtained through the central office in Freehold. The Division of Social Services provides assistance to senior citizens with financial, medical, and social service needs. Some services are; emergency assistance, income assistance, food stamps, medicaid programs, volunteer unit, and burial assistance. The "New Jersey Care Program" provides full medicaid coverage to aged, blind and disabled people who meet specified income and asset guidelines.

Monmouth County Division of Social Services Outreach Location Ocean Township

2405 Route 66

Ocean, NJ 07712

Monday through Friday, 8:30 a.m. to 4:30 p.m. 732-431-6000

Tuesday and Wednesday evenings only, 4:30 p.m. to 8:00 p.m. call

732-431-6000 x 5800

Outreach offices offer applications and re-determination activities for food stamps, general assistance and medicaid.

Salvation Army

605 Asbury Avenue

Asbury Park, NJ 07712

732-775-8698

Thrift Store:

821 Main Street

Asbury Park, NJ 07712

732-775-8633

SOCIAL SERVICES

Salvation Army - Red Bank Corps

180 Newman Springs Road
Red Bank, NJ 07701
732-747-1626

www.newjerseysalvationarmy.org

Serves all members of the community on a case by case basis depending on the resources available.

Grandparent/Relative Caregiver Respite Program-Child Care Resources of Monmouth County

3301C Route 66
P.O. Box 1234
Neptune, NJ 07753
732-918-9901 x 106 or 1-800-734-4810

www.ccrnj.org>Families>Financial Assistance>Specialized Programs

Short term child care relief for grandparents or relatives 60+ years that are primary caregivers of a child/children younger than 18 years old residing with them in Monmouth County. Applicants must have a legal relationship to the child for whom they are seeking respite care, such as legal custody or guardianship or be a grandparent who is raising the child informally.

Statewide Respite Care Program-Family and Children's Service

191 Bath Avenue
Long Branch, NJ 07740
732-222-9111

www.fcsmonmouth.org

This program provides respite services to families experiencing fatigue and stress due to long-term caregiving of frail elderly and/or disabled relatives. Priority is given to families where the impaired member is at risk of long-term institutionalization due to the inability of the caregiver to continue in the role.

SOCIAL SERVICES

United Way of Monmouth County

1415 Wyckoff Road

Wall Township

Farmingdale, NJ 07727

First Call For Help - 732-938-5988

www.uwmonmouth.org

This is a non-profit volunteer organization, making an impact on the lives of our friends and neighbors. For further information, United Way of Monmouth County can serve you by telephone or their online directory.

Non-Emergency Help Line

Dial: 211

www.nj211.org

Free, confidential, 24/7, TTY and multilingual help for families and seniors.

TAX BENEFITS

General Information

Federal

Internal Revenue Service

4 Paragon Way
Freehold, NJ 07728
732-660-0063 or 1-800-829-1040
www.irs.gov
Monday through Friday, 8:30 a.m. to 4:30 p.m.

Taxpayer Advocate Service of the IRS

1-877-777-4778
www.irs.gov

See publication 1546 and Topic 104.

State

New Jersey Department of Taxation-Regional Office

1828 West Lake Ave, 3rd Floor
Neptune, NJ 07753
732-869-8044 or 1-800-323-4400
www.njtaxation.org

NJ Homestead Rebate

732-869-8044 or 1-800-323-1233 Benefit hotline
1-877-658-2972 Filing and inquiry system

Must file the N.J. 1040 tax return and rebate forms, Rebate for qualified homeowners and tenants based on income and amount of property taxes or rent paid during the previous year.

NJ Property Tax Freeze Reimbursement (Senior Freeze)

1-800-882-6597
www.njtaxation.org

A yearly reimbursement for eligible homeowners where there has been an increase from the previous year's tax amount. File paper application form PTR-1 (or PTR-2 if reimbursement was received the previous year).

TAX BENEFITS

Annual Property Tax Deduction for Senior Citizens, Disabled Persons:

732-869-8044 or 1-800-882-6597

Up to a \$250 deduction from property taxes to homeowners 65 or older or disabled who meet certain income and residency requirements. Contact your local municipality.

Annual Property Tax Deduction for Veterans:

Up to \$250 deduction from taxes due on real or personal property of qualified war veterans and their unmarried surviving spouse/civil union/domestic partner. Contact your local municipality.

Property Tax Exemption for Disabled Veterans:

Full exemption from property taxes on a principal residence for certain totally and permanently disabled war veterans and their unmarried surviving spouses/civil union/domestic partner. Unmarried surviving spouses/surviving civil union/domestic partners of service persons who died on wartime active duty may also qualify. Contact your local municipality.

Free tax preparation help for seniors offered through the AARP Volunteer Program between February and April each year. Call **732-431-7450** for locations and times.

TRANSPORTATION

Amtrak.....1-800-872-7245
www.amtrak.com

There are discounts on the lowest available coach rail fares for veterans, disabled persons or seniors 60 years and older. Restrictions apply.

Bridge Fees - Reduced Fee Tickets

Delaware River Port Authority of Pennsylvania and New Jersey
1-877-567-3772
www.drpa.org

NJ E-Z Pass Customer Service Center

1-888-288-6865 or 732-442-8600 x2100
www.ezpassnj.com

Discount on NJ Turnpike/GSP rates, non-peak hours, Mon.-Fri. only. Licensed drivers, 65+ for vehicle registered in driver's name, one per household.

ezRide-Community Cars Program

Meadowlink

1 Industrial Way West, Building A
Eatontown, NJ 07724
732-462-3333
www.ezride.org

Monday through Friday, 8:00 a.m. to 4:00 p.m.

A membership-based program that begins with an annual registration fee for a transportation account. Flexible routes and schedules. Rides are paid from your prepaid account, replenished monthly. Drivers do not accept cash. Spouse or caregivers ride for free if traveling to/from the same location. 24 hour advance registration required. Additional stops permitted if scheduled in advance. Rides are not exclusive and may include other riders. Possible shared ride discount for those with the same pick-up/drop off. Call for mileage rates and other important information.

Borough of Freehold Bus

732-431-7599 or 732-431-4880

Monday through Friday, 8:30 a.m. to 3:30 p.m.

Freehold Borough Residents *only*. Free for seniors, 62 years and older or persons with disabilities. 24 hour advance reservation required for local shopping, doctors and hospital trips.

TRANSPORTATION

J & D Shared Ride Service

732-918-4844

732-431-6480 make advance reservations with SCAT

Monday, Wednesday, Fridays and Saturdays, 9:15 a.m. to 4:00 p.m.

Thursday evenings, 4:00 p.m. to 9:00 p.m.

24-hour advance reservation required; for this multiple destination, shared ride, for shopping, medical or personal trips. Open to seniors 60+ and disabled residents. Wheelchair accessible transportation is available.

NJ Transit

1-973-275-5555 (24 hour access, Operator-assisted 7:00 a.m. to 7:00 p.m.)

1-800-772-2287 (TTY 6:00 a.m. to 9:00 p.m.)

www.njtransit.com

Lift assisted buses.

Access Link (NJ Transit)

1-800-955-2321 or TTY 1-800-955-6765

7 days a week

ADA Services (NJ Transit)

1-973-491-7385

Monday through Friday 8:30 a.m. to 5:00 p.m.

Senior Citizen and Disabled Persons Reduced Fare Program

1-973-491-7112

www.njtransit.com

Half price discount on the purchase of regular one-way fares for NJ Transit trains, buses or light rail. Seniors, 62+ (proof of age required). If disabled, have application completed by a physician. A personal assistant rides free if properly certified. The NJ Commission for the Blind and Visually Impaired at **1-973-648-3333**, completes, and certify applications. Apply on line or call.

TRANSPORTATION

Saint Benedict Senior Program - Assisted Transportation

165 Bethany Road
Holmdel, NJ 07733
732-264-4712 x37

Limited to the Bayshore Area *only* for medical appointments, grocery store, bank or pharmacy, Rx pick-up. Not a taxi service. Volunteers spare time to help seniors who are unable to get a SCAT appointment, shut-ins or have just returned from a hospital stay.

SCAT (Special Citizen Area Transportation)

250 Center Street
Freehold, NJ 07728
732-431-6480 or 732-431-6485

www.visitmonmouth.com>Social Services>Transportation

Monday through Friday, 6:30 a.m. to 4:00 p.m.

Pick-up and return 9:00 a.m. to 2:00 p.m.

SCAT is available for medical transportation for persons age 60+ and the permanently disabled. Transportation for shopping is available in some municipalities that have contracted with SCAT. No less than 48 hours notice required for reservations.

VETERANS SERVICES

Department of Veterans Services - Newark VA Regional Office

20 Washington Place
Newark, NJ 07102-3174

1-800-827-1000

www.va.gov

Monday through Friday, 8:00 a.m. to 4:30 p.m.

Monmouth County Veterans Services Office

21 Main & Court Center
PO Box 1255
Freehold, NJ 07728

732-683-8675

www.visitmonmouth.com

Monday through Friday, 8:30 a.m. to 4:30 p.m.

Local full service agency staffed by certified veteran services officers that assist veterans and dependents applying for service-connected compensation, pension benefits and other earned entitlements through the U. S. Department of Veterans Affairs.

New Jersey Department of Military and Veterans' Affairs

630 Bangs Avenue
Suite 320
Asbury Park, NJ 07712

732-775-7009

www.state.nj.us/military

Monday through Friday, 8:30 a.m. to 4:30 p.m.

Processes benefits and claims for veterans.

Tinton Falls Community Based Outpatient Clinic-Veterans Affairs

New Jersey Health Care System

55 North Gilbert Street
Tinton Falls, NJ 07701

732-842-4751

Pharmacy 1-800-480-5590

Monday through Friday, 8:30 a.m. to 4:30 p.m.

NO Emergency Department at this location.

See also Tax Benefits for veterans, disabled veterans and surviving spouses, civil union/domestic partners.

VOLUNTEER PROGRAMS

American Red Cross of New Jersey

1540 West Park Avenue
Tinton Falls, NJ 07724
732-493-9100
www.jerseycoast-redcross.org

Cancer Support Community

Victoria Commons
613 Hope Road
Eatontown, NJ 07724
732-578-9200
www.cscjerseyshore.org

Family and Children's Service - Retired Senior Volunteer Program (RSVP)

191 Bath Avenue
Long Branch, NJ 07740
732-222-9111 x152
www.fcsmonmouth.org
Monday through Friday, 8:30 a.m. to 4:30 p.m.

A variety of volunteering opportunities exist in the county for anyone 55 years of age or older.

SHIP - (State Health Insurance Assistance Program)

732-728-1331 or 732-431-7450 (Monmouth County Office on Aging)
Call to find locations, times or make an appointment. Volunteer counselors are trained by the New Jersey Department of Health and Senior Services, to assist you in contacting insurance companies, answering questions about filing claims, or appeals. They assist with Medicare plans, PAAD or Senior Gold applications.

Interfaith Neighbors, Inc.

810 Fourth Avenue
Asbury Park, NJ 07712
732-775-5155
www.interfaithneighbors.org

Volunteers welcome for home delivery of meals, vehicle required.

VOLUNTEER PROGRAMS

Literacy Volunteers of Monmouth County

213 Broadway
Long Branch, NJ 07740
732-571-0209
www.lvmonmouthnj.org

New Jersey Anti-Hunger Coalition (NJAHC)

1-201-569-1804
www.njahc.org

Food pantry volunteer options are under Food pantries and Soup kitchens.

SCAN (Senior Citizens Activity Network)

Monmouth Mall
180 Highway 35 South
Eatontown, NJ 07724
732-542-1326
www.scannj.com

Volunteers provide office support, instruct classes, join committees or host various activities. SCAT bus transportation is available to the Monmouth Mall. Call directly to schedule your ride with SCAT at **732-431-6480**.

Service Corps of Retired Executives - S.C.O.R.E.

Score Chapter 36 of Monmouth County
Brookdale Community College
Newman Springs Road
Lincroft, NJ 07738
732-219-9119
www.score36.org

Meets the first Friday of every month at 10:00 a.m.

Room 220 at the ATeC Building, Brookdale Community College

This is a non-profit organization and resource partner with the U. S. Small Business Administration (SBA). The aim is to have business people active or retired who wish to volunteer their time and talents to help start new businesses or help existing businesses grow.

VOLUNTEER PROGRAMS

Superior Court of New Jersey

71 Monument Street, W. Wing (LL)

Freehold, New Jersey 07728

732-677-4471

www.njcourtsonline.com

Seniors welcome to help on community boards. Contact Volunteer Services Liason

The Food Bank of Monmouth and Ocean Counties

3300 Route 66

Neptune, NJ 07753

732-918-2600

www.foodbankmoc.org

Volunteers assist with food drives, sorting donations, filling orders, bulk mail preparation. Some volunteers contribute their professional or trade skills. Try a “Mix, Mingle and Sort” evening on the first Thursday of the month from 6:00 p.m. to 8:00 p.m., from September through June. Please wear closed shoes.

United Way of Monmouth County

1415 Wyckoff Road

Farmingdale, NJ 07727

732-938-5988

www.uwmonmouth.org/volunteer

VolunteerMatch

www.volunteermatch.org

Options are listed to match interests and special skills with needs in your zip code or nearby towns. All sorts of options can be found. There are hands-on and virtual projects that can be done without leaving your home.

There are many charitable organizations and faith based groups throughout Monmouth County that need volunteers and are very grateful for whatever time you can offer them.

TOLL-FREE NUMBERS & WEB SITES

- American Foundation for the Blind.....1-800-232-5463**
www.afb.org
- Brain Injury Association of New Jersey.....1-800-669-4323**
www.bianj.org
- Council on Compulsive Gambling of NJ.....1-800-426-2537**
www.800gambler.org
- Drug Abuse Hotline.....1-800-238-2333**
www.nj211.org
- Federal Trade Commission.....1-877-382-4357**
www.ftc.gov
- Holy Redeemer Home Health and Hospice Service....1-888-678-8678**
www.holyredeemer.com
- Home Energy Assistance.....1-866-240-1347 or 1-800-510-3102**
www.energyassistance.nj.gov/dca/dcr
- Homelessness Prevention Line.....1-866-889-6270**
www.state.nj.us/dca/divisions/dhcr
- Housing Discrimination Hotline.....1-800-669-9777**
- International Hearing Society1-800-521-5247**
www.ihinfo.org
- Lead Education/Outreach.....1-877-322-5323**
www.state.nj.us>Division of Community Affairs
- League of Women Voters.....1-800-792-8683**
www.lwvnj.org
- Legislation Hotline (NJ Bills).....1-800-792-8630**
www.njleg.state.nj.us
- Library for Blind & Handicapped (NJ).....1-800-792-8322**
www.njlbh.org
- Mental Health America (Formerly, National Mental Health Association).....**
1-800-969-6642
www.mentalhealthamerica.net
- Meridian Home Care.....1-800-665-2555 or 1-800-894-6885**
www.meridianathome.com
- Monmouth County Department of Human Service - Division of
 Human Services (clients only).....1-800-662-3114**
www.visitmonmouth.com
- Multiple Sclerosis Foundation.....1-800-544-1213**
www.msfocus.org

TOLL-FREE NUMBERS & WEB SITES

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- National Do Not Call Registry.....1-888-382-1222**
www.donotcall.gov
- National Foundation for Credit Counseling1-800-388-2227**
www.nfcc.org
- National Hospice Foundation Helpline.....1-800-658-8898**
www.nationalhospicefoundation.org
- National Institute of Health, Osteoporosis & Related Bone Diseases,
 National Resource Center.....1-800-624-2663**
www.osteoporosis.gov
- National Institute of Neurological Disorders.....1-800-352-9424**
www.ninds.nih.gov
- National Poison Control Center Emergency Line.....1-800-222-1222**
www.njpies.org
- New Jersey Domestic Violence Hotline.....1-800-572-7233**
- New Jersey Podiatric Medical Society.....1-800-366-8227**
www.njpms.org
- 180 Turning Lives Around Domestic Violence Hotline.....**
1-888-843-9262
www.180nj.org/domesticviolence_services.html
- Opt-Out of Prescreened Offers of Credit and Insurance.....**
.....1-888-567-8688
www.optoutprescreen.com
- Opt-Out of receiving unsolicited commercial mail from direct-mail
 marketers and organizations.....www.dmachoice.org**
- Opt-Out of receiving unsolicited commercial e-mail/Email
 Preference Service (eMPS).....www.dmachoice.org**
- State of New Jersey Department of Health & Senior Service.....**
.....1-800-792-8820 or 1-800-367-6543
www.state.nj.us>Health & Social Service >Senior Services
- Violent Crimes Compensation Board Hotline.....1-800-242-0804**
or 1-877-658-2221
www.njvictims.org
- Women's Referral Central.....1-800-322-8092**
www.state.nj.us/dca/divisions/dow

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