### Senior Services Directory

<table>
<thead>
<tr>
<th>Name of Service &amp; Contact</th>
<th>Service Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>1. Pharmaceutical Assistance to the Aged and Disabled (PAAD)</strong>&lt;br&gt;..........................1-800-792-9745&lt;br&gt;Department of Human Services&lt;br&gt;Division of Medical Assistance and Health Services&lt;br&gt;State of New Jersey Department of Health and Senior Services&lt;br&gt;Mailing Address:&lt;br&gt;PAAD Program, P.O. Box 715&lt;br&gt;Trenton, NJ 08625</td>
<td>This program allows persons permanently disabled or 65 years of age or older, who meet eligibility requirements, to obtain certain prescription drugs and insulin at a reduced rate. Applications can be obtained from your local pharmacy or by calling the Monmouth County Office on Aging at (732) 431-7450 or 1-800-246-9292.</td>
</tr>
</tbody>
</table>

**I. Subsidiaries:**

<table>
<thead>
<tr>
<th><strong>A. HAAAD Program (Hearing Aid Assistance to the Aged and Disabled)</strong></th>
<th>Persons eligible can receive a rebate of $100 with proof of purchase of a hearing aid. Must meet PAAD eligibility requirements.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>B. Lifeline Assistance Homeowners/ Tenants/Renters Credit Program</strong></td>
<td>This program provides $225 credit for utilities to homeowners, renters, and tenants whose utilities are included in their rent. Must be eligible for the PAAD Program. This program does not cover bottled gas, propane or oil. The credit can be divided between (2) utility companies or one company of your choice.</td>
</tr>
</tbody>
</table>

| **2. Motor Vehicle Registration Discount**<br>..........................1-888-486-3339 | Persons eligible for the PAAD Program or Lifeline Program qualify for reduced charges for car registration for their vehicles. Based on the age and type of vehicle, a |
3. **Senior Dent Program**
-------------------------
1-800-792-8820

A 15% discount will be given to seniors with a PAAD card. Hotline staff will forward name, address and county to proper Dental Society who will then forward a list of the participating dentists.

4. **Social Security Administration**
-----------------------------------
1-800-772-1213
645 Neptune Blvd.
Neptune, NJ 07753
(732) 869-1834
Hours: 9:00 a.m. to 4:00 p.m.
Monday through Friday

Benefits: Process initial applications and provide post-entitlement assistance.

5. **U.S. Railroad Retirement Board**
-----------------------------------
(973) 645-3990
60 Park Place, Rm. 516
Newark, NJ 07102
Hours: 9:00 a.m. to 3:30 p.m.
Monday through Friday

Service to the railroad public in areas of retirement, survivor, unemployment and sickness benefits.

6. **Veterans Service Bureau**
-------------------------------
(973) 645-3596
1-800-872-1000
20 Washington Place
VARO, Rm. 439
Newark, NJ 07102-3174
Hours: 8:30 a.m. to 4:30 p.m.
Monday through Friday

Processing of benefits and claims for veterans.
Continued: Benefits

Monmouth County Veterans Service
601 Bangs Avenue
Asbury Park, NJ 07712
(732) 775-7009

<table>
<thead>
<tr>
<th>Name of Service &amp; Contact</th>
<th>Service Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Better Business Bureau-Central New Jersey……..(609) 588-0808 1700 Whitehorse-Hamilton Square Rd. D-5, Trenton, NJ 08690 Fax: 609-588-0546 Hours: 9:00 a.m. to 4:30 p.m.</td>
<td>Provide information on companies in their files. Provide information on charitable organizations. Provide assistance to consumers with complaints against local firms.</td>
</tr>
<tr>
<td>2. Monmouth County Dept. of Consumer Affairs .........................(732) 431-7900 50 E. Main Street P.O. Box 1255 Freehold, NJ 07728 Hours: 8:30 a.m. to 5:00 p.m. Monday through Friday</td>
<td>Mediates complaints for consumers. Provides speaking engagements to interested groups, provides literature, pamphlets and brochures to the public.</td>
</tr>
<tr>
<td>3. State of New Jersey Office of Consumer Protection (Main Office) .........................1-800-242-5846 124 Halsey St., P.O. Box 45025 Newark, NJ 07102 Hours: 9:00 a.m. to 5:00 p.m. Monday through Friday</td>
<td>Complaints must be submitted in writing. However, you can call for information and advice on the best way to proceed when you have a complaint.</td>
</tr>
</tbody>
</table>
EDUCATION

Adult Education Classes:

Asbury Park Adult Learning Center……………………..(732) 776-2666
Bayshore Adult Education Program……………………(732) 264-5313
MAECOM/Monmouth Ocean Educational Services…..(732) 542-3439
Search Adult Program……………………………………(732) 938-3003
Senior Citizens Activities Network, Inc. (SCAN)………(732) 542-1326

Colleges:

I. Brookdale Community College (Main Campus)
Hours: 8:30 a.m.- 10 p.m.
Monday through Friday
  Offers Credit Courses, Non-Credit Courses, Degree and Certificate Programs-in
  a wide variety of disciplines.

A. Brookdale/Asbury Park Learning Center
   601 Grand Avenue, Asbury Park, NJ 07712
   732-224-2780
   Monday through Thursday  8:30 a.m.- 5 p.m.
   • Offers entry-level courses in most of the College’s credit programs and
     provides academic support services to accommodate enrolled students.

B. Freehold Education Resources Center
   3680 Route 9 South, Freehold NJ 07728
   732-780-0020 or 732-625-7003
   Monday through Friday 8:30 a.m.- 5p.m.
   • Offers Credit Courses, Non-Credit Courses, Displaced Homemaker
     Counseling, GED, Adult Basic Education, Career Resource File, Career
     Information Delivery Systems, Computerized Job Information.

C. Community Development
   Newman Springs Rd., Lincroft, NJ 07738
   732-224-2315
   • Community Development is the non-credit area of Brookdale
     Community College. It offers a wide variety of short-term seminars and
     workshops on a variety of topics ranging from personal growth to
     business skills for all ages.
D. Office of Adult Education
213 Broadway, Long Branch, NJ 07740
732-229-8440 (outside line) or 732-224-2757
Monday through Friday 8:30 a.m.-5 p.m.
• Offers Non-Credit Adult Education and basic skills programs throughout Monmouth County for adults.

II. Rutgers Cooperative Extension of Monmouth County-Home Economics Department
20 Court Street, Freehold, NJ 07728
732-431-7271
Monday through Friday 9:00 a.m.-4:30 p.m.
Adult education program in home economics. The program offers special events; lectures; home study courses; and an education letter series.

III. Senior Citizens Activities Network (SCAN)
Monmouth Mall, Intersection of Highways 35 and 36
Eatontown, NJ, 07724
732-542-1326
Monday through Friday 10:00 a.m.–3:00 p.m.
Offers over 100 cultural, educational and informational programs in a non-traditional, familiar mall setting for persons age 55 and older. Classes include: languages, computers, art, aerobics, physical fitness, financial, health, music, TV production and dance programs.

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**EMPLOYMENT**

<table>
<thead>
<tr>
<th>Name of Service &amp; Contact</th>
<th>Service Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Monmouth County Division of Employment and Training</td>
<td>Assessments, vocational training and job readiness training is provided to adults, either on-the-job or in a classroom setting. For individuals of low-income facing serious barriers to employment or who lose their jobs due to a layoff.</td>
</tr>
<tr>
<td>170 Monmouth St., Red Bank, NJ 07701</td>
<td>Monday through Friday 8:30 a.m.- 5 p.m.</td>
</tr>
<tr>
<td>(732) 747-2282</td>
<td></td>
</tr>
</tbody>
</table>

| 2. The National Council on Aging | NCOA, Inc. is a national non-profit organization dedicated to improving the lives of older Americans. The New Jersey Workforce Resource Center has part- |
| 170 Broad Street, Red Bank, NJ 07701 | (732) 345-0038 |
| | |
time employment and training opportunities in a variety of occupations.

3. **Green Thumb, Inc./Experience Works!**
   
   ………………………..(609) 890-2121

   P.O. Box 8303, Trenton, NJ 08650-0303
   Monday through Friday  8:30 a.m.- 5 p.m.

   2139 State Highway 33, Suite 2
   Hamilton-Square, NJ 08690
   New Jersey-Maryland Office

   Offers employment counseling; job development; referrals to skills training; senior community service employment (temporary employment/training); referrals to supportive services to provide the basics of food, clothing, shelter; free or low-cost health care.

   …(for appointments)……(732) 219-9119

   Brookdale Community College Career Services Center
   Newman Springs Rd., Lincroft, NJ 07738

   A volunteer organization of retired executives and active small business owners and corporate executives who assist people who wish to start a small business or who are already in business. Offers free counseling on starting up your own business and maintaining it. Tuesday afternoons at 2:00 and 3:00 p.m.; Thursday evenings at 7:00 and 8:00 p.m. at the Monmouth County Library in Manalapan call (732) 431-7222 for an appointment.

5. **New Jersey Division of Employment Services**………………..(732) 775-1566

   60 Taylor Avenue, Neptune, NJ 07753
   Monday through Friday  8:30 a.m.-4:30 p.m.

   Offers a free labor exchange for individuals and employers; offers free placement service to people seeking work and a centralized pool of workers to employers who have jobs to fill; assists individuals who receive public assistance to become self-sufficient.
Monmouth County One-Stop Career Center Sites:

• NJ Department of Labor
  ...................................................................(732) 775-1566
  60 Taylor Avenue, Neptune, NJ 07753
  Monday through Friday  8:30 a.m.-4:30 p.m.

• Monmouth County Vocational School District:
  ..................................................(732) 431-3773
  Career Center, Kozloski Rd., Freehold, NJ

  ..................................................(732) 229-3019
  Adult Tech. Center., 255 West End Ave., Long Branch

• Hispanic Affairs and Resource Centers of Monmouth County
  ..................................................(732) 774-3282
  913 Sewall Avenue, Asbury Park

  ..................................................(732) 222-4473
  46 Memorial Parkway, Long Branch
  Contact: Antonia Alvarez

• Monmouth County Library Eastern Branch, Rte. 35, Shrewsbury
  Monday through Thursday 9:00 a.m.-9 p.m., Fridays and Saturdays 9:00 a.m.-5 p.m.

• Monmouth County Division of Social Services
  ..................................................(732) 431-6000
  Kozlowski Rd., Freehold, NJ

  ..................................................(732) 872-3200
  95 First Avenue, Atlantic Highlands

• Check-Mate, Inc.
  Fort Monmouth Shelter, 417 Burns Avenue, Ft. Monmouth............(732) 542-8264
  25-10 Broad St., Freehold, NJ..........................................................(732) 780-7656
  550 Cookman Ave., Asbury Park, NJ..............................................(732) 774-3100
  40 Memorial Parkway, Long Branch, NJ......................................(732) 870-6693

HEALTH SERVICES

  Alzheimer’s Association, Central New Jersey Chapter……1-800-883-1180
  American Cancer Society....................................................... 1-800-227-2345
  American Diabetes Association..............................................1-888-DIABETES
  American Heart Association................................................1-800-634-1242
  American Lung Association...............................................(732) 505-0077
American Red Cross…………………………………………………………...(732) 741-3443
Arthritis Foundation……………………………………………………………1-888-467-3112
Central Jersey Blood Center…………………………………………………..(732) 842-5750
Community Health Center
Visiting Nurse Association of Central Jersey…………………...(732) 774-6333
Epilepsy Foundation of New Jersey………………………………. 1-800-372-6510
Greater Monmouth Visiting
Nursing Association, INC…………………………………………………..1-800-229-0816
Muscular Dystrophy Association……………………………………….. (732) 229-1161
Ombudsman for the Institutionalized Elderly…………………1-800-792-8820

1. Cerebral Palsy of Monmouth County
…………………………(732) 493-5900
1701 Kneeley Blvd., Wanamassa, NJ 07712
Monday through Friday  7:30 a.m.-6:00 p.m.
Provides education, therapy, social, residential, and support services for people with cerebral palsy and other physical disabilities.

2. Elder Life Management, INC.
…………………………..(732) 517-1552
Ocean Park Center, Suite 300,
1900 Highway 35, Oakhurst, NJ 07755
Monday through Friday  9:00 a.m.-5 p.m.
To assist families and others in the community in issues of elder life management and future planning. Emphasis is on prevention and the maintenance of the elderly in community settings.

3. Health and Disability Services/Monmouth County Division of Social Services
…………………………..(732) 845-2082
Kozloski Road, P.O. Box 3000 Freehold, NJ 07728
Monday through Friday  8:30 a.m.-4:30 p.m.
Offers telephone and home visitation, social workers provide case management, information and referral, advocacy and counseling to mentally alert, physically or developmentally-disabled children, adults, and their families.

Health Departments of Monmouth County:

The health departments of Monmouth County provide public health services such as; communicable disease control; rabies control; sewage disposal; air, water and noise pollution; dog licensing and animal control. They also provide public health nursing services such as, home health care, adult health maintenance programs; chronic disease screening; vital records (birth, death, and marriage certificates); health information and referral services.
Monmouth County Health Department
..............................................(732) 431-7456
3435 Highway #9, Freehold, NJ 07728
Monday through Friday 8:30 a.m.-4:30 p.m.

Monmouth County Health Department serves all towns in Monmouth County except for the towns listed below which have their own health departments.

Hazlet/Aberdeen Health Department........................................(732) 264-5541
Manalapan Township Health Department...............................(732) 446-8345
Matawan Regional Health Department.................................(732) 566-0740
Middletown Township Health Department..............................(732) 615-2094
Red Bank Health Department..............................................(732) 530-2754

• COUNSELING

Mental Health Clinic Services

CentraState Medical Center
Services
Psychiatric Services (Outpatient)
901 West Main Street
Freehold, NJ 07728
(732) 294-2805

Jersey Shore Counseling
1945 Route 33
Neptune, NJ 07754
(732) 776-2325

Monmouth Medical Center
Mental Health/Psychiatric Services
300 Second Avenue
Long Branch, NJ 07740
(732) 923-6900

Riverview Medical Center
Mental Health Services
One Riverview Plaza
Red Bank, NJ 07701
(732) 530-2451

CPC Behavioral Healthcare
...(Administration).........(732) 591-750
High Point Center
One High Point Center Way
Morganville, NJ 07751

CPC provides behavioral healthcare services including, mental healthcare, addiction recovery, special education, residential and corporate services.

Mental Health Association of Monmouth County
..............................................(732) 542-6422
59 Broad Street
Eatontown, NJ 07724
Monday through Friday

The Mental Health Association of Monmouth County is a non-profit, citizen’s organization that has been active since 1950. It works to reduce

CPC Behavioral Healthcare
...(Administration).........(732) 591-750
High Point Center
One High Point Center Way
Morganville, NJ 07751

CPC provides behavioral healthcare services including, mental healthcare, addiction recovery, special education, residential and corporate services.

Mental Health Association of Monmouth County
..............................................(732) 542-6422
59 Broad Street
Eatontown, NJ 07724
Monday through Friday

The Mental Health Association of Monmouth County is a non-profit, citizen’s organization that has been active since 1950. It works to reduce
stigma of mental illness through increasing public understanding of these disorders. Its primary function is to insure that every person in Monmouth County with a mental illness receives prompt and adequate treatment in the most therapeutic, least restrictive setting close to home.

University Behavioral Health Care-UMDNJ
COPSA Institute for Alzheimers Disease and Related Disorders
.....(Freehold Office).....(732) 863-1207
.....(Resource Center).....1-800-424-2494
3499 Highway 9 North, Suite 1A,
Freehold, NJ 07728

The Freehold Office of the COPSA Institute provides the following services: Dementia Management Services; Geriatric Outpatient Services; Education and Consultation Services including all elder life issues. The Resource Center is a comprehensive counseling, referral, and information service.

Carrier Foundation
Freehold Center for Counseling and Outpatient Services:
.........................(732) 780-0707
Juniper Plaza
3499 Highway 9 North, Suite 1A
Freehold, NJ 07728

Carrier is a private, non-profit behavioral healthcare system offering a full continuum of services for adults and adolescents with psychiatric, addiction and emotional problems. Services include inpatient, partial hospital, intensive outpatient and traditional outpatient treatment.

• ADULT DAY CARE CENTERS

Asbury

1. Young At Heart Adult Medical Day Care Center (Medical Day Care)
.........................(732) 775-4451
600 Main Street, Asbury Park, NJ 07712
Holmdel

2. **Pleasant Valley at Bayshore** (Social Day Care)
   
   …………………………..(732) 888-4567
   
   678 N. Beers Street, Holmdel, NJ 07733

Jackson

3. **Young at Heart Adult Medical Day Care Center** (Medical Day Care)

   …………………………..(732) 928-9222
   
   115 Grawtown Rd., Jackson, NJ 08527

Long Branch

4. **Our House**

   …………………………..(732) 923-6600 (Medical and Social Day Care)
   
   Monmouth Medical Center
   
   Affiliate of St. Barnabas Health Care System
   
   127 bath Ave., Long Branch, NJ 07740

Point Pleasant

5. **Day Break** (Social Day Care)

   …………………………..(732) 840-9400

   Beaver Dam Rd., Point Pleasant, NJ 08742

Wall

6. **Allaire Center** (Medical Day Care)

   …………………………..(732) 974-7666

   Wall Circle Park, Route 34 South
   
   Wall Township, NJ 07719

   Monday through Friday  8:30 a.m.-5:30 p.m.

Wayside

7. **Wayside Retirement Center** (Social Day Care)

   …………………………..(732) 493-3096

   West Park Ave., Wayside, NJ 07712

• **DENTAL**

1. **Monmouth-Ocean Dental Society**

   …………………………..(732) 571-6300

   55 Ocean Ave., Unit 3H,
   
   Monmouth Beach, NJ 07750
2. New Jersey Dental Association  
                         .................................(908) 821-9400

3. Senior Dent Program  
                          .................................1-800-792-8820

4. Donated Dental Society  
                          .................................(908) 821-2977  
                          DDS Program Coordinator  
                          One Dental Plaza  
                          North Brunswick, NJ 08902

• HEALTH RELATED SELF-HELP/ SUPPORT GROUPS

1. Alzheimer’s Association  
                         Central New Jersey Chapter  
                         .................................1-800-883-1180

2. American Cancer Society  
                          .................................(732) 758-8220

3. American Diabetes Association  
                         .................................1-888-DIABETES

4. American Lung Association  
                          .................................(732) 505-0077

5. Arthritis Foundation  
                         .................................1-888-467-3112

6. American Heart Association  
                          .................................(732) 821-2610

7. NJ Self-Help Clearing House  
                          .................................1-800-367-6274

8. Epilepsy Foundation  
                          .................................1-800-372-6510
9. Families Anonymous  
..............................................(732) 291-1467

- HEARING

1. HAAAD Program  
.................................1-800-792-9745

2. Early Intervention Program  
for the Hearing Impaired  
..............................................(732) 776-2023

- VISION

1. New Jersey Blind Citizens Association, Inc.  
..............................................(732) 291-0878

2. New Jersey Commission for the Blind and Visually Impaired  
..............................................(732) 684-3333  
..............................................(732) 255-0723

3. Eyeglasses for the Needy  
..............................................(732) 376-4903

4. Vision USA  
.................................1-800-766-4466

5. NJ Lions Eyes for the Needy  
..............................................1-888-248-7471

6. National Eye Care Project  
(Medical Eye Care For Free)  
..............................................1-800-222-3937

HOME HEALTH CARE SERVICES

1. Visiting Nurse Association of Central Jersey Foundation, INC.  
..............................................(732) 502-5100

624 Bangs Avenue  
Asbury Park, NJ 07712  
Monday through Friday  
8:30 a.m.-4:30 p.m.
2. **Family and Children’s Service INC. of Monmouth County**  
   …………………………..(732) 531-9111  
   1900 Highway 35 South, Box 639,  
   Oakhurst, NJ 07755-0639  
   
   * * **Statewide Respite Care Program**  
   See Page 34  

3. **Meridian Home Care**  
   …………………………..1-800-894-6885  
   615 Hope Road  
   Eatontown, NJ 07724  
   24 hours a day, 7 days a week

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**HOSPITALS**

1. **Bayshore Community Hospital/ Bayshore Community Health Service**  
   …………………………..(732) 739-5900  
   727 North Beers St., Holmdel, NJ 07733

2. **CentraState HealthCare System**  
   …………………………..(732) 431-2000  
   Route 537 (West Main Street)  
   Freehold, NJ 07728

3. **Jersey Shore Medical Center,**  
   a division of Meridian Health System  
   …………………………..(732) 775-5500  
   1945 State Highway #33, P.O. Box 397  
   Neptune, NJ 07754-0397

4. **Monmouth Medical Center,**  
   an Affiliate of the Saint Barnabas Health Care System  
   …………………………..(732) 222-5200  
   300 Second Ave., Long Branch, NJ 07740

5. **Riverview Medical Center**  
   a division of Meridian Health System  
   …………………………..(732) 741-2700  
   One Riverview Plaza  
   Red Bank, NJ 07701
A complete list of the above optional living arrangements is available through the Monmouth County Office on Aging. To obtain a copy of this list, please call (732) 431-7450 or 1-800-246-9292.

<table>
<thead>
<tr>
<th>Name of Service &amp; Contact</th>
<th>Service Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>1. Check-Mate, Inc.</strong></td>
<td>The community action agency of Monmouth County providing services to low and moderate-income residents. Provides HUD counseling, emergency placement, referrals, community education workshops, and mediation in landlord/tenant disputes.</td>
</tr>
<tr>
<td>............................(732) 774-3100</td>
<td></td>
</tr>
<tr>
<td>550 Cookman Avenue</td>
<td></td>
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<tr>
<td>Asbury Park, NJ 07712</td>
<td></td>
</tr>
<tr>
<td>Monday through Friday 9:00 a.m.-4:30 p.m.</td>
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</tbody>
</table>

| 2. Monmouth County Community Development Program | Funds a variety of public improvements and public service activities for eligible non-profits and participating municipalities. Files housing discrimination complaints with appropriate federal and state agencies for county residents; provides education, training and referrals for fair housing. |
| ..............................................(732) 431-7490 | |
| East Main St., P.O. Box 1255 | |
| Freehold, NJ 07728 | |
| Monday through Friday 9:00 a.m.-5:00 p.m. | |

| 3. Interfaith Neighbors, Inc. | Interfaith Neighbors is a non-profit organization formed in May 1988, for the express purpose of aiding the homeless. They provide rental subsidies for the homeless or nearly homeless families in Monmouth County. |
| .................................(732) 775-0525 | |
| 1206 Main Ave., Asbury Park, NJ 07712 | |
| Monday through Friday 8:30 a.m.-4:30 p.m. | |
4. **Jewish Family and Children’s Service**  
   *(Russian Resettlement)*  
   705 Summerfield Ave.,  
   Asbury Park, NJ 07712  
   Monday through Friday  9:00 a.m.-5:00 p.m.  
   Assistance to newly arrived immigrants regarding  
   housing, medical referral,  
   education, and employment.

5. **Monmouth County Department of Human Services**  
   Division of Social Services  
   Kozloski Rd., P.O. Box 3000  
   Freehold, NJ 07728  
   Offers rental subsidies,  
   Rental Assistance Programs,  
   resource development,  
   tenant/landlord relations,  
   rights and responsibilities counseling.

6. **New Jersey Department of Community Affairs – Rental Assistance Programs**  
   Monmouth County Office  
   1 Main St., Room 109, Eatontown, NJ 07724  
   Monday through Friday  9:00 a.m.-5:00 p.m.  
   The Bureau of Housing Services offers, at  
   the present time, three programs designed to provide  
   rental subsidies to the elderly, handicapped, disabled and  
   low-income families. Some families may be eligible for  
   assistance with rental arrearages or security monies to prevent homelessness.

7. **Project Paul, Inc.**  
   211 Carr Ave., Keansburg, NJ 07734  
   Monday through Friday  10:00 a.m.-3:00 p.m.  
   Saturday  10:00 a.m.-3:00 p.m.  
   Assists in preventing homelessness. Project Paul disperses SSH and FEMA funds, according to the guidelines of the funding source in the Bayshore area.
<table>
<thead>
<tr>
<th>Location</th>
<th>Property Name</th>
<th>Address 1</th>
<th>Address 2</th>
<th>Units 1</th>
<th>Units 2</th>
<th>Phone 1</th>
<th>Phone 2</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ASBURY PARK</strong></td>
<td><strong>Asbury Towers</strong></td>
<td>1018 First Avenue</td>
<td>1701 Ocean Avenue</td>
<td>350</td>
<td>50</td>
<td>(732) 774-2660</td>
<td>(732) 988-9090</td>
</tr>
<tr>
<td></td>
<td><strong>Comstock Courts</strong></td>
<td>1701 Ocean Avenue</td>
<td>Asbury Park, NJ 07712</td>
<td></td>
<td>50</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Kingsley Arms</strong></td>
<td>1004 Comstock Street</td>
<td>200 Deal Lake Drive</td>
<td>94</td>
<td>30</td>
<td>(732) 774-2660</td>
<td>(732) 774-1453</td>
</tr>
<tr>
<td></td>
<td><strong>Lumley Homes A</strong></td>
<td>1004 Comstock Street</td>
<td>Asbury Park, NJ 07712</td>
<td></td>
<td>30</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Lumley Homes B</strong></td>
<td>1025 Second Avenue</td>
<td>206-220 First Avenue</td>
<td>30</td>
<td>220</td>
<td>(732) 774-2660</td>
<td>(732) 774-3022</td>
</tr>
<tr>
<td></td>
<td>**Philip Seaview Tower</td>
<td>1025 Second Avenue</td>
<td>Asbury Park, NJ 07712</td>
<td></td>
<td>220</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Robinson Tower</strong></td>
<td>1000 Third Avenue</td>
<td>206-220 First Avenue</td>
<td>105</td>
<td>90</td>
<td>(732) 774-2660</td>
<td>(732) 774-1700</td>
</tr>
<tr>
<td></td>
<td><strong>Stephen Manor</strong></td>
<td>1000 Third Avenue</td>
<td>Atlantic and Union Avenues</td>
<td></td>
<td>90</td>
<td>(732) 774-2660</td>
<td>(732) 774-1700</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>ATLANTIC</strong></td>
<td><strong>Portland Point</strong></td>
<td>202 First Avenue</td>
<td>710 Eighth Avenue</td>
<td>58</td>
<td>50</td>
<td>(732) 872-9040</td>
<td>(732) 449-2780</td>
</tr>
<tr>
<td><strong>HIGHLANDS</strong></td>
<td><strong>Belmar Plaza Apartments</strong></td>
<td>710 Eighth Avenue</td>
<td>Belmar, NJ 07719</td>
<td></td>
<td>50</td>
<td></td>
<td></td>
</tr>
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<td></td>
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<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>EATONTOWN</strong></td>
<td><strong>Meadowbrook</strong></td>
<td>55 Wyckoff Road</td>
<td>40 Hudson Street</td>
<td>196</td>
<td>164</td>
<td>(732) 542-6702</td>
<td>(732) 431-4880</td>
</tr>
<tr>
<td></td>
<td><strong>Hudson Manor</strong></td>
<td>55 Wyckoff Road</td>
<td>Freehold, NJ 07728</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
HAZLET

**Monmouth Court**
107 Throckmorton Street
Freehold, NJ 07728
(732) 462-2421
47 units

**Bethany Towers**
1 Clark Street
Hazlet, NJ 07730
(732) 264-9550
140 units

HIGHLANDS

**Middle Road Village**
423 Middle Road
Hazlet, NJ 07730
(732) 264-6555
212 units

**Ptak Towers**
215 Shore Drive
Highlands, NJ 07732
(732) 872-2022
95 units

HOWELL

**Friendship Gardens**
100 Friendship Gardens
Howell, NJ 07731
(732) 370-9110
99 units

**The Crossroads at Howell**
Route 9 & Strickland Road
Howell, NJ 07731
1-(800)-222-0609
85 units

KEANSBURG

**Granville Towers**
1 Church Street
Keansburg, NJ 07734
(732) 787-6151
80 units

**McGrath Towers**
25 Hancock Street
Keansburg, NJ 07734
(732) 787-6161
110 units

KEYPORT

**Bethany Tower Apartments**
And Annex
500 Broad Street
Keyport, NJ 07735
(732) 264-9550
331 units

**Keyport Leisure Bay Apartments**
50 Beers Street
Keyport, NJ 07735
(732) 264-2711
209 units
<table>
<thead>
<tr>
<th>Location</th>
<th>Name</th>
<th>Address 1</th>
<th>Address 2</th>
<th>City, State ZIP</th>
<th>Phone 1</th>
<th>Phone 2</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>LINCROFT</strong></td>
<td><strong>Luftman Towers</strong></td>
<td>41 Hurley’s Lane</td>
<td>Lincroft, NJ 07738</td>
<td>Lincroft, NJ</td>
<td>(732) 530-0668</td>
<td>(732) 222-4051</td>
<td>189</td>
</tr>
<tr>
<td></td>
<td>Hobart Manor</td>
<td>James and Joline Avenues</td>
<td>Long Branch, NJ 07740</td>
<td>Long Branch, NJ</td>
<td>(732) 222-4533</td>
<td>(732) 222-3747</td>
<td>57</td>
</tr>
<tr>
<td></td>
<td>Ocean Point Tower</td>
<td>10 Pavillion</td>
<td>Long Branch, NJ 07740</td>
<td>Long Branch, NJ</td>
<td>(732) 870-6400</td>
<td>(732) 571-9373</td>
<td>151</td>
</tr>
<tr>
<td><strong>LONG BRANCH</strong></td>
<td>Chester Arthur Apartments</td>
<td>11 Union Avenue</td>
<td>Long Branch, NJ 07740</td>
<td>Long Branch, NJ</td>
<td>(732) 222-4051</td>
<td>(732) 222-3747</td>
<td>60</td>
</tr>
<tr>
<td></td>
<td>Kennedy Towers</td>
<td>36 Rockwell Avenue</td>
<td>Long Branch, NJ 07740</td>
<td>Long Branch, NJ</td>
<td>(732) 222-3747</td>
<td>(732) 571-9373</td>
<td>100</td>
</tr>
<tr>
<td></td>
<td>Washington Manor</td>
<td>325 Presidential Parkway</td>
<td>Long Branch, NJ 07740</td>
<td>Long Branch, NJ</td>
<td>(732) 571-9373</td>
<td>(732) 571-9373</td>
<td>100</td>
</tr>
<tr>
<td><strong>MATAWAN</strong></td>
<td>Minnisink Village</td>
<td>Minnisink Drive</td>
<td>Matawan, NJ 07747</td>
<td>Matawan, NJ</td>
<td>(732) 583-4980</td>
<td>(732) 671-2990</td>
<td>108</td>
</tr>
<tr>
<td></td>
<td>Bayshore Village</td>
<td>Shoal Harbor Court</td>
<td>Port Monmouth, NJ 07758</td>
<td>Port Monmouth, NJ</td>
<td>(732) 787-8840</td>
<td>(732) 671-1629</td>
<td>96</td>
</tr>
<tr>
<td><strong>MIDDLETOWN</strong></td>
<td>Alice V. Tomaso Plaza</td>
<td>Oakdale Drive</td>
<td>Middletown, NJ 07748</td>
<td>Middletown, NJ</td>
<td>(732) 671-2990</td>
<td>(732) 671-1629</td>
<td>152</td>
</tr>
<tr>
<td></td>
<td>Daniel Tower</td>
<td>Oakdale Drive</td>
<td>Middletown, NJ 07748</td>
<td>Middletown, NJ</td>
<td>(732) 671-1629</td>
<td>(732) 671-1629</td>
<td>100</td>
</tr>
<tr>
<td><strong>NEPTUNE CITY</strong></td>
<td>Neptune City Senior Housing Apartments</td>
<td>2000 Sixth Avenue</td>
<td>Neptune City, NJ 07753</td>
<td>Neptune City, NJ</td>
<td>(732) 988-2540</td>
<td>(732) 774-7692</td>
<td>60</td>
</tr>
<tr>
<td></td>
<td>John W. Knox Homes</td>
<td>19 Davis Avenue</td>
<td>Neptune, NJ 07753</td>
<td>Neptune, NJ</td>
<td>(732) 774-7692</td>
<td>(732) 774-7692</td>
<td>50</td>
</tr>
<tr>
<td><strong>Lake Alberta Homes</strong></td>
<td><strong>R.W. Stout Homes</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>------------------------</td>
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<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Taylor and Sixth Avenues</td>
<td>1810 Alberta Avenue</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Neptune, NJ 07753</td>
<td>Neptune, NJ 07753</td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>(732) 774-7692</td>
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<tr>
<td>55 units</td>
<td>75 units</td>
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<table>
<thead>
<tr>
<th><strong>Sebastian Villa</strong></th>
<th><strong>William Steele Homes</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>2305 West Bangs Avenue</td>
<td>Atkins and Heck Avenues</td>
</tr>
<tr>
<td>Neptune, NJ 07753</td>
<td>Neptune, NJ 07753</td>
</tr>
<tr>
<td>(732) 775-6362</td>
<td>(732) 774-7692</td>
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<tr>
<td>171 units</td>
<td>45 units</td>
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<table>
<thead>
<tr>
<th><strong>OAKHURST</strong></th>
<th><strong>OCEANPORT</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Poplar Village</strong></td>
<td><strong>Oceanport Gardens</strong></td>
</tr>
<tr>
<td>67 Skinner Drive</td>
<td>274 East Main Street</td>
</tr>
<tr>
<td>Oakhurst, NJ 07755</td>
<td>Oceanport, NJ 07757</td>
</tr>
<tr>
<td>(732) 531-2929</td>
<td>(732) 542-2436</td>
</tr>
<tr>
<td>93 units</td>
<td>101 units</td>
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</table>

<table>
<thead>
<tr>
<th><strong>RED BANK</strong></th>
<th><strong>WALL TOWNSHIP</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Evergreen Terrace</strong></td>
<td><strong>Weselyan Arms</strong></td>
</tr>
<tr>
<td>P.O. Box 2158</td>
<td>9 Wall Street</td>
</tr>
<tr>
<td>Red Bank, NJ 07701</td>
<td>Red Bank, NJ 07701</td>
</tr>
<tr>
<td>(732) 741-1808</td>
<td>(732) 922-9802 ext. 127</td>
</tr>
<tr>
<td>50 units</td>
<td>60 units</td>
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<table>
<thead>
<tr>
<th><strong>ROOSEVELT</strong></th>
<th><strong>WALL TOWNSHIP</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Roosevelt Senior Housing</strong></td>
<td><strong>Allaire Crossing</strong></td>
</tr>
<tr>
<td>North Valley Road</td>
<td>2011 New Bedford Road</td>
</tr>
<tr>
<td>Roosevelt, NJ 08555</td>
<td>Wall, NJ 07719</td>
</tr>
<tr>
<td>(609) 371-1350</td>
<td>(732) 449-5889</td>
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<tr>
<td>20 units</td>
<td>66 units</td>
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<table>
<thead>
<tr>
<th><strong>WEST LONG BRANCH</strong></th>
<th><strong>Peter Cooper Village</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>200 Forest Street</td>
<td>200 Forest Street</td>
</tr>
<tr>
<td>West Long Branch, NJ 07764</td>
<td>West Long Branch, NJ 07764</td>
</tr>
<tr>
<td>(732) 229-3800</td>
<td>(732) 229-3800</td>
</tr>
<tr>
<td>150 units</td>
<td>150 units</td>
</tr>
</tbody>
</table>
1. **Insurance Ombudsman** .......................................................... 1-800-624-4262

Medicare:

2. **Counseling on Health Insurance for Medicare Enrollees (CHIME) Coordinator** .............................................. (732) 531-5511

3. **Medicare Part A Intermediary** ................................................. (973) 456-2112
   Blue Cross Blue Shield of NJ
   33 Washington Street
   Newark, NJ 07102

4. **Medicare Part B Claims** .......................................................... 1-800-462-9306
   Pennsylvania Blue Shield, Medicare Part B
   P.O. Box 400010, Harrisburg, PA 17140-0010
   Monday through Friday
   Hours: 8:30 a.m.-4:00 p.m.

5. **Medicare Enrollment** ............................................................. 1-800-772-1213
   (Social Security Office)

6. **Medicare Fraud and Abuse** .................................................... 1-800-447-8477

7. **Medicare Fraud Investigations Unit (Medicare Part A)**
   33 Washington Avenue, Mail Station 7C, Newark, NJ 07102

8. **Medicare Fraud Investigations Unit (Medicare Part B)**
   Pennsylvania Blue Shield, P.O. Box 890008
   Camp Hill, PA 17089-0008

9. **Medicare Patients’ Rights** ..................................................... 1-800-624-4557
   Peer Review Organization of NJ, Inc.

10. **Medicare Toll-Free Information Service** ............................. 1-800-462-9306
    Hours: 9:30 a.m.-1:00 p.m., Monday through Friday

11. **New Jersey Department of Insurance**
    Division on Enforcement and Consumer Protection
    CN 325, Trenton, NJ 08625
    Medigap and long-term care policies .................................... (609) 984-7705
    Life, health, auto & homeowners policies  .......................... (609) 292-5316
<table>
<thead>
<tr>
<th>Name of Service &amp; Contact</th>
<th>Service Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Legal Services (Under Older Americans Act) Ocean/Monmouth Legal Services</td>
<td>Legal services are available under the Older Americans Act to provide legal assistance by or under the supervision of an attorney, to protect and secure the rights of older persons. For additional information call the Office on Aging at 1-800-246-9292.</td>
</tr>
<tr>
<td>2. Adjuster, County of Monmouth</td>
<td>Acts as referee for the County Court in all matters pertaining to admissions to State Facilities, both for mentally-ill and mentally retarded.</td>
</tr>
<tr>
<td>3. Community Health Law Project</td>
<td>Legal and non-legal advocacy services in civil matters for mentally and developmentally impaired individuals.</td>
</tr>
<tr>
<td>4. Legal Aid Society of Monmouth County</td>
<td>To provide legal counsel and assistance on problems of civil law to eligible residents of Monmouth County, including court representation where necessary.</td>
</tr>
<tr>
<td>5. Monmouth County Crime Prevention Office</td>
<td>Crime prevention presentations available to any and all groups in the county, with such topics as personal safety, home security, fraud, telemarketing fraud, car theft, vacation safety, obscene</td>
</tr>
</tbody>
</table>
6. **Monmouth County Sheriff’s Office – TRIAD Program**

   (732) 431-7138

   50 East Main Street
   Freehold, NJ 07728

   The TRIAD Program is a three-way cooperative effort among the Sheriff’s Office, the Chiefs of Police Association and the leadership of the local various senior organizations. The primary goal is to reduce the criminal victimization of older citizens and enhance the delivery of law enforcement.

7. **Ocean/Monmouth Legal Services Law Center**

   (732) 866-0020

   25 Broad Street, Suite 13
   Freehold, NJ 07728

   (732) 341-2727

   9 Robbins Street, Suite 2A
   Toms River, NJ 08753

   Legal assistance to eligible low-income individuals and groups in certain civil, non fee-generating matters. Assistance can also be provided to all seniors in Monmouth County.

8. **Office of the Public Guardian**

   (609) 633-7402

   CN 812, 216 West State Street
   Trenton, NJ 08625-0812

   Monday through Friday
   8:30 a.m.-4:30 p.m.

   Guardianship/conservatorship services to individuals 60 years of age and older who meet the eligibility requirements. Services include visits, coordination of social services, trust/property management, and legal services.

9. **Surrogate’s Office**

   (732) 431-7330

   Hall of Records
   1 E. Main Street
   Freehold, NJ 07728

   Probating Wills, Administrations, Guardianships, Adoptions, Incompetencies
Monmouth County Nutrition Program

Program Sites:

**Home Delivered Meals**
(part of Interfaith Neighbors)
1206 Main Street
Asbury Park, NJ 07712
(732) 775-5155
Monday through Friday
8:30 a.m.-4:30 p.m.

**Congregate Nutrition Sites:**

<table>
<thead>
<tr>
<th>Asbury Park Senior Center</th>
<th>Bayshore Senior Day Center</th>
</tr>
</thead>
<tbody>
<tr>
<td>802 Ocean Avenue</td>
<td>100 Main Street</td>
</tr>
<tr>
<td>Asbury Park, NJ 07712</td>
<td>Keansburg, NJ 07734</td>
</tr>
<tr>
<td>(732) 988-5252</td>
<td>(732) 495-2454</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Belmar Nutrition Site</th>
<th>Howell Senior Center</th>
</tr>
</thead>
<tbody>
<tr>
<td>First United Methodist Church</td>
<td>Preventorium Road</td>
</tr>
<tr>
<td>7th and D Street</td>
<td>P.O. Box 580</td>
</tr>
<tr>
<td>Blemar, NJ 07719</td>
<td>Howell, NJ 07731</td>
</tr>
<tr>
<td>(732) 681-8919</td>
<td>(732) 938-4500</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Keyport Senior Center</th>
<th>Long Branch Senior Center</th>
</tr>
</thead>
<tbody>
<tr>
<td>110 Second Street</td>
<td>85 Second Avenue</td>
</tr>
<tr>
<td>Keyport, NJ 07735</td>
<td>Long Branch, NJ 07740</td>
</tr>
<tr>
<td>(732) 264-4916</td>
<td>(732) 571-6542</td>
</tr>
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</table>

<table>
<thead>
<tr>
<th>Marlboro Kosher Site</th>
<th>Middletown Senior Center</th>
</tr>
</thead>
<tbody>
<tr>
<td>Marlboro Jewish Center</td>
<td>Croydon Hall</td>
</tr>
<tr>
<td>School Road West (P.O. Box 98)</td>
<td>Leonardville Road</td>
</tr>
<tr>
<td>Marlboro, NJ 07746</td>
<td>Leonard, NJ 07737</td>
</tr>
<tr>
<td>(732) 615-2265</td>
<td>(732) 615-2265</td>
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</table>

<table>
<thead>
<tr>
<th>Millstone Senior Center</th>
<th>Neptune Senior Center</th>
</tr>
</thead>
<tbody>
<tr>
<td>524 Sweetman’s Lane</td>
<td>1835 Corlies Avenue</td>
</tr>
<tr>
<td>Millstone, NJ 08501</td>
<td>Neptune, NJ 07753</td>
</tr>
<tr>
<td>(609) 259-8904</td>
<td>(732) 988-8855</td>
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</tbody>
</table>
Red Bank Senior Center
80 Shrewsbury Avenue
Red Bank, NJ 07701
(732) 747-5204

Shore Kosher Nutrition-Site
100 Grant Avenue
Deal Park, NJ 07723
(732) 531-5144

Nutrition Programs/
Food Pantry Programs:

Calico Cat Food Pantry
and Cupboard
96 Kings Highway
Middletown, NJ 07748
(732) 671-0550
Pantry and Cupboard Hours:
Wednesdays, 9:30 a.m.-3:30 p.m.
Summer Hours- Wednesday,
9:30 a.m.- 12:30 p.m.

Center of Love
115 Dewitt Avenue
Asbury Park, NJ 07712
(732) 775-1450
Monday through Friday
9:00 a.m.-6:00 p.m.

Belmar Methodist Food Pantry
7th Avenue and D Street
Belmar, NJ 07719
(732) 681-1385
Monday and Thursday (except holidays)
10:00 a.m.-12 noon

Emergency Pantry Action
Committee of United Way
of Monmouth County
1415 Wyckoff Road
Farmingdale, NJ 07727
Monday through Friday
9:00 a.m.-5:00 p.m.

Freehold Area Open Door
P.O. Box 1073
39 Throckmorton Street
Freehold, NJ 07728
(732) 780-1089

Howell Emergency Food Pantry
Human Services Building
Route 524, Ardena Road
Howell, NJ 07731
(732) 938-2368

Interfaith Neighbors, Inc.
1206 Main Avenue
Asbury Park, NJ 07712
(732) 775-0525
Monday through Friday
8:30 a.m.-4:30 p.m.

Jewish Family and Children’s
Service (Holiday Program)
705 Summerfield Avenue
Asbury Park, NJ 07712
Monday through Friday
9:00 a.m.-5:00 p.m.
Lunch Break  
121 West Bergen Place  
Red Bank, NJ 07701  
(732) 747-8577  
Monday through Friday  
10:00 a.m.-2:00 p.m.

Food Stamps (Monmouth County Division of Social Services)  
250 Center Street  
Freehold, NJ 07728  
Monday through Friday  
7:30 a.m.-4:30 p.m.

Mercy Center  
1106 Main Street  
Asbury Park, NJ 07712  
(732) 774-9397  
Monday through Friday  
8:30 a.m.-4:00 p.m.

Middletown Helps Its Own  
P.O. Box 105  
Port Monmouth, NJ 07748  
(732) 787-3604  
24-Hours/7 Days-a-Week

OUTREACH

Name of Service & Contact | Description
--- | ---
1. Asbury Park Minority Senior Outreach Program | To strengthen the outreach service availability for minority elderly in the City of Asbury Park.

For more information on Senior Outreach Programs in Monmouth County please refer to the section on Senior Centers or contact the Office on Aging at (732) 431-7450 or 1-800-246-9292.

SENIOR ORGANIZATIONS

American Association of Retired Persons……………………………………1-800-424-3410  
(AARP)………………………………………………………………………………………………………(202) 434-2277  
601 East Street, NW, Washington, DC 20049

National Association of Retired Federal Employees………………..(202) 234-0832  
1533 New Hampshire Avenue, NW, Washington, DC 20005

National Council on Aging………………………………………………...(202) 479-1200  
600 Maryland Avenue, SW, Washington, DC 20005
** For more information on senior citizen clubs in your vicinity, call the Office on Aging at (732) 431-7450 or 1-800-246-9292.

### SOCIAL, CULTURAL & RECREATION

#### SENIOR CENTERS:

<table>
<thead>
<tr>
<th>Center Name</th>
<th>Address</th>
<th>Phone</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Asbury Park Senior Center</td>
<td>802 Ocean Avenue, Asbury Park, NJ</td>
<td>(732) 988-5252</td>
<td>Monday-Friday 9:00 a.m.-4:30 p.m.</td>
</tr>
<tr>
<td>Bayshore Senior Day Center</td>
<td>100 Main Street, Keansburg, NJ</td>
<td>(732) 495-2454</td>
<td>Monday-Friday 8:00 a.m.-4:00 p.m.</td>
</tr>
<tr>
<td>Eatontown Community Center</td>
<td>68 Broad Street, Eatontown, NJ</td>
<td>(732) 389-7647</td>
<td>Monday-Friday 7:00 a.m.-6:00 p.m.</td>
</tr>
<tr>
<td>Highlands Community Center</td>
<td>22 Snug Harbor Avenue, Highlands, NJ</td>
<td>(732) 872-1959</td>
<td>Monday-Friday 9:00 a.m.-4:00 p.m.</td>
</tr>
<tr>
<td>Howell Senior Center</td>
<td>P.O. Box 580, Preventorium Road, Howell, NJ</td>
<td>(732) 938-4500</td>
<td>Monday-Friday 8:30 a.m.-4:30 p.m.</td>
</tr>
<tr>
<td>Keyport Senior Center</td>
<td>110 Second Street, Keyport, NJ</td>
<td>(732) 264-4916</td>
<td>Monday-Friday 9:00 a.m.-4:30 p.m.</td>
</tr>
<tr>
<td>Long Branch Senior Center</td>
<td>85 Second Avenue, Long Branch, NJ</td>
<td>(732) 571-6542</td>
<td>Monday-Friday 8:30 a.m.-4:30 p.m.</td>
</tr>
<tr>
<td>Manalapan Senior Center</td>
<td>211 Freehold Road, Manalapan, NJ</td>
<td>(732) 446-8401</td>
<td>Monday-Friday 9:00 a.m.-4:00 p.m.</td>
</tr>
</tbody>
</table>
Middletown Senior Center
Croydon Hall
900 Leonardville Road
Leonardo, NJ 07737-1339
(732) 615-2265
Monday through Friday
8:30 a.m.-4:30 p.m.

Neptune Township Senior Center
1825 Corlies Avenue
Neptune, NJ 07753
(732) 988-8855
Monday through Friday
8:30 a.m.-4:30 p.m.

Red Bank Senior Center
80 Shrewsbury Avenue
Red Bank, NJ 07701
(732) 747-5204
Monday through Friday
8:30 a.m.-4:00 p.m.

* * * * * * * * * *

1. Clamming and Oyster License

State application available
………………………….(609) 292-2965
Division of Fish, Game & Wildlife
Older. Free with proof of
CN 400, Trenton, NJ 08625
Residency and age from the
Division of Fish, Game and
Wildlife. ($2.00 processing
fee)

2. Concerts/Summer Programs

Call Monmouth County Park
………………………….(732) 842-4000
for more information
Monmouth County Park
regarding all concerts and
Summer programs.

3. Family Fishing License:

NJ Dept. of Environmental Protection
………………………….(609) 292-2965
Division of Fish, Game & Wildlife
CN 400, Trenton, NJ 08625

4. P.N.C Arts Center
Cultural Center Fund
…………………………..(732) 335-0400
P.O. Box 300, Holmdel, NJ 07733

5. Golf Courses (County):

- Bel Aire Golf Course, Route 34 at Allaire Road, Wall Township, (732) 449-6024
- Homaney Hill Golf Course, Mercer Road, Colts Neck, (732) 462-9222
- Howell Park Golf Course, Preventorium Road, Howell Township, (732) 938-4771
- Shark River Golf Course, Old Corlies Road, Neptune Township, (732) 922-4141

* * Golf Courses (Municipal):
Consult yellow pages of telephone directory.

6. New Jersey Travel Information
…………………………..(609) 292-2470
Will answer travel questions for state of N.J.

7. Parks, County:
Monmouth County Park System
…………………………..(732) 842-4000

-Bayshore Waterfront Park -Monmouth Cove Marina
Port Monmouth, NJ Port Monmouth, NJ

-Clayton Park -Mt. Mitchell Scenic Overlook
Upper Freehold, NJ Atlantic Highlands, NJ

-Deep Cut Gardens -Pine Brook Golf Course
Middletown, NJ Manalapan, NJ

-Dorbrook Recreation Area -Seven Presidents Park
Colts Neck, NJ Long Branch, NJ

-East Freehold Park -Shark River Park
Freehold, NJ Neptune, NJ

-Fisherman’s Cove Conservation Area -Tatum Park
Colts Neck, NJ Middletown, NJ

-Hartshorne Woods Park -Thompson Park
Middletown, NJ Lincroft, NJ

-Henry Hudson Trail -Turkey Swamp Park
Aberdeen to Atlantic Freehold Twp., NJ
Highlands, NJ

-Holmdel Park -Historic Walnford
Holmdel, NJ Allentwon, NJ

-Hominey Hill Golf Course -Weltz Park
Mercer Road, Colts Neck, NJ Ocean, NJ
- Howell Park Golf Course  
  Preventorium Road  
  Howell, NJ  

-Baysholm  
  Preserved  

-Huber Woods Park  
  Locust (Middletown Twp.), NJ  

-Charelston Springs  
  Rt. 537, Millstone Twp., NJ  

-LongStreet Farm  
  Holmdel, NJ  

-Sunnyside  
  Middletown, NJ  

-Manasquan Resevoir  
  Howell Twp., NJ  

-Shark River Golf Course  
  Neptune, NJ  

-Manasquan Stream Valley  
  Howell and Wall Twp., NJ  

8. Parks, State of New Jersey  
-Barnegat Lighthouse State Park, ..................................................(609) 494-2016  
-Bass River State Forest, New Gretna............................................(609) 296-1114  
-Game Farm (Sanctuary), Forked River..........................................(609) 693-3081  
-Island Beach State Park, Island Beach.........................................(732) 793-0506  

  ** Residents of the State of NJ who are 62 years of age or older may apply for  
  free admission to any State Park at the State Park entrance.  Proof of age and  
  residency are required along with Social Security number.  Passes may be  
  obtained during the week from 9:00 a.m. to noon and 1:00 p.m. to 4:00 p.m.  NO  
  HOLIDAY OR WEEKEND PASSES.  

9. Parks, National:  
-Gateway National Recreation Area..............................................(732) 872-0115  
  Sandy Hook, New Jersey  
-Information on National Parks......................................................(732) 872-0092  

  ** Golden Age Passport is a $10.00 fee lifetime entrance permit to citizens or  
  permanent residents of the U.S. who are 62 years of age or older, to national  
  parks, etc. managed by the federal government.  Available only in person; must  
  show proof of age at most federal recreation areas.  

10. Tourism  
  ..............................................(732) 431-7476  
  Provides Monmouth County  
  27 E. Main Street  
  residents with a listing of  
  Freehold, NJ 07728  
  activities, calendar of events,  
  lodging etc.
11. **Monmouth County Y.M.C.A**  
(Administration Office)  
…………………………(732) 530-5144

YMCA of Western  
Monmouth County  
470 East Freehold Road  
Freehold, NJ 07728  
(732) 462-0464

YMCA of Eastern  
Monmouth County  
166 Maple Avenue  
Red Bank, NJ 07701  
(732) 741-2503

### SOCIAL SERVICES

<table>
<thead>
<tr>
<th>Name of Service &amp; Contact</th>
<th>Service Description</th>
</tr>
</thead>
</table>
| **1. Adult Protective Services**  
Family and Children’s Service  
INC. of Monmouth County  
…………………………(732) 531-9191  
1900 Highway 35 South, Box 639,  
Oakhurst, NJ 07755-0639  
Monday through Friday  
8:30 a.m.-4:30 p.m. | Protective Services for the elderly is a program of socio-legal intervention for persons in Monmouth County who are being psychologically, physically, or financially abused or neglected by their “caretaker” or family. The program is sponsored by Family and Children’s Service. Persons 18 years and older who live alone and are unable to care for themselves or protect themselves from jeopardy are also served. |
| **2. American Red Cross- Jersey Coast Chapter**  
…………………………(732) 741-3443  
830 Broad Street  
Shrewsbury, NJ 07702  
Monday through Friday  
9:00 a.m.-5:00 p.m. | A non-profit volunteer organization that provides emergency services for military personnel and their families; emergency assistance (food, clothing, etc. for those stricken by disaster, large or small); CPR, First Aid, Water Safety and AIDS education; Blood Services; International Tracing Services; and Lifeline Emergency Response System. |
3. **Check-Mate, INC.**
   .................................(732) 774-3100
   550 Cookman Avenue
   Asbury Park, NJ 07712

Check-Mate Inc. provides services to low and moderate-income residents. Services include: Housing Assistance; Emergency Shelter Program; AIDS Education Project; Day Care Project; Energy Projects; and Resource Centers.

4. **Community Care Program for the Elderly and Disabled (CCPED)**
   Monmouth Co. Division of Social Services
   .................................(732) 736-7100

CCPED is a special Medicaid program designed to provide various home services to Monmouth County clients who are in need of the nursing home level of care, but who want to remain in the community and who meet certain income guidelines.

5. **Hispanic Affairs and Resource Center of Monmouth County**
   .................................(732) 774-3282
   913 Sewall Avenue
   Asbury Park, NJ 07712

46 Memorial Parkway
Long Branch, NJ 07740
(732) 222-4473

12 Throckmorton Street
Freehold, NJ 07728

The Hispanic Affairs of and Resource Center provides assistance to the Hispanic community in the following areas: Interpretive translation, escort services, advocacy, notary, application and forms assistance, information and referrals, job referrals, technical assistance to other human service providers, youth support services, and English as a Second language are just some of the programs offered.

6. **New Jersey Care**
   Monmouth County Division of Social Services
   .................................(732) 431-6300
   3000 Kozloski Road
   Freehold Twp., NJ 07728

New Jersey Care’s aged, blind and disabled program provides full Medicaid coverage to aged, blind and disabled people who meet specified income and asset guidelines.
New Jersey Self-Help Clearing House

St. Clares-Riverside Medical Center
Denville, NJ 07834
Monday through Friday
9:00 a.m.-5:00 p.m.

Information and referral services to Mutual Aid Self-Help/MASH groups.

Monmouth County Division of Social Services

(732) 431-6000
(1-800-662-3114)

(800) 632-2020

(732) 577-6681

3000 Kozloski Road
Freehold Twp., NJ 07728

Division of Social Services provides assistance to senior citizens with financial, medical, and social services. The following are some services provided:

Community Care Program for the Elderly and Disabled, Emergency Assistance, Income Assistance, Food Stamps, Medicaid Programs, Volunteer Unit, and Burial Assistance.

Provides county and state resources and printed literature for women in need of assistance in such areas as employment training, domestic violence, child abuse, family court system, family difficulties, child care, health, sexual harassment.

Catholic Charities

Family & Community Services

(732) 747-9660

145 Maple Avenue
Red Bank, NJ 07701

Emergency shelter, counseling and legal advocacy services for victims of domestic violence and their children.

The Salvation Army

Asbury Park, NJ 07712

Locations: Community Center
605 Asbury Avenue
(732) 774-4481

Headquarters
510 Grand Avenue
(732) 775-8698

Thrift Store
821 Main Street
(732) 775-8633
10. Emergency Shelter and
    Transitional Housing Program-
    Monmouth County Division of
    Social Services
    .............................................(732) 431-6000
    .............................................1-800-662-3114

    Provides temporary shelter
    for homeless eligible families
    and allows for the provision
    of social services and
    transportation.

11. Statewide Respite Care Program
    Family and Children’s Service
    .........................................(732) 531-5511
    1900 Route 35
    Oakhurst, NJ 07755-0639

    This program provides
    respite services to families
    experiencing fatigue and
    stress due to long-term
    caregiving of frail elderly
    and/or disabled members.
    Priority is given to families
    where the impaired member
    is at risk of long-term
    institutionalization due to the
    inability of the caregiver to
    continue in the role.

11. United Way of Monmouth
    County
    First Call For Help…….(732) 938-2250
    www.unitedwaymonmouth.org

    The United Way of
    Monmouth County is a
    non-profit volunteer
    organization, making an
    impact on the lives of our
    friends and neighbors. For
    further information on
    resources in Monmouth
    County, United Way can
    service you through their
    telephone service or online
    directory.
1. **Senior Citizens Property Tax Deduction**
   A deduction on property taxes to homeowners 65 and over with limited income. Contact your local tax assessor’s office.

2. **Veterans Property Tax Deductions**
   Available to qualified Veterans regardless of income, or to Veteran’s widows regardless of income if they do not remarry. Contact your local tax assessor’s office.

3. **NJ Homestead Rebate and New Property Tax Deduction/Credit:**
   Provides up to $500 for qualified homeowners and tenants based on income and amount of property taxes or rent paid during the previous year.
   Must file the N.J. 1040 Tax return and rebate forms.
   Call (732) 449-0201

4. **NJ Property Tax Freeze Homestead Property Tax Reimbursement Program**
   Provides a yearly reimbursement for eligible homeowners where there has been an increase from previous year’s tax amount. Must meet income guidelines for NJ PAAD Program.
   For more information call 1-800-882-6597

**TOLL-FREE NUMBERS**

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alcoholism</td>
<td>1-800-322-5525</td>
</tr>
<tr>
<td>Alzheimer’s Disease</td>
<td>1-800-883-1180</td>
</tr>
<tr>
<td>American Cancer Society</td>
<td>1-800-227-2345</td>
</tr>
<tr>
<td>American Diabetes Association</td>
<td>1-888-DIABETES</td>
</tr>
<tr>
<td>American Heart Association</td>
<td>1-800-634-1242</td>
</tr>
<tr>
<td>Auto Safety</td>
<td>1-800-424-9393</td>
</tr>
<tr>
<td>Cancer Information</td>
<td>1-800-422-6237</td>
</tr>
<tr>
<td>Consumer Protection</td>
<td>1-800-242-5846</td>
</tr>
</tbody>
</table>
Name of Service & Contact | Service Description
--- | ---
1. Amtrak | A discount on rail fare will be given off regular coach fare to handicapped travelers (25% discount) and senior citizen travelers (15% discount). The discount fare will be granted to passengers who present appropriate identification. This discount does not apply on club car seats or sleeping space charges. For additional
2. Bridge Fees – Reduced Fee Tickets

Those seniors age 65 and over using the Benjamin Franklin Bridge, Walt Whitman Bridge, Betsy Ross Bridge or the Commodore Barry Bridge may apply for reduced fee tickets. Tickets may be purchased through the mail, but initial registration must be made at the Administration Building of the Bridge. Applicants must show proof of age (birth certificate or driver’s license). A book of 20 tickets costs $20 (half price).

3. Special Citizen Area Transportation (SCAT)

SCAT is available for medical transportation for persons age 60 and older and/or disabled. Transportation for shopping is available in the municipalities that have contracted with SCAT.

Monmouth County Division of Transportation

(732) 431-6480
250 Center Street
Freehold, NJ 07728

4. Reduced Fare Program – New Jersey Transit

Half-fare program is available for senior citizens, 62 years of age and older, and disabled persons who purchase tickets on N.J. Transit trains and buses. Some private bus companies operating in the state also participate in the program. Those 65 years of age or older can use their Medicare Card. Those 62-64 years of age can call the Office on Aging for an application. Half-fare rates are in effect during off-peak hours.
5. **Shared Ride Service**
   ..........................(732) 780-1121
   Operates Mondays, Wednesdays and Fridays 8am to 4pm.
   24-hour advance reservation required; Share a ride for personal shopping, medical and personal trips. Open to senior citizens and disabled residents. Wheelchair accessible transportation available.

### VOLUNTEER PROGRAMS

<table>
<thead>
<tr>
<th>Name of Service &amp; Contact</th>
<th>Service Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. AmeriCorps Corporation For National Service ..........................1-800-942-2677</td>
<td>The National Senior Service Corps utilizes the skills, talents, and experiences of older Americans to help make communities stronger, safer, healthier and smarter.</td>
</tr>
<tr>
<td>2. Family and Children’s Service INC. of Monmouth County ..........................(732) 531-9111 1900 Highway 35 South, Box 639, Oakhurst, NJ 07755-0639 Monday through Friday 8:30 a.m.-4:30 p.m.</td>
<td>RSVP (Retired Senior Volunteer Program) has a variety of volunteering opportunities in the county for anyone over 60 years of age. Volunteers must sign up for a minimum of 4 hours, one day per week.</td>
</tr>
<tr>
<td>3. Volunteer Center of Monmouth County ..........................(732) 728-1238 191 Bath Avenue Long Branch, NJ 07740 Monday through Friday 9:00 a.m.-5:00 p.m.</td>
<td>The volunteer center provides and promotes volunteer opportunities, programs and services to meet community needs through more than 250 non-profit organizations in the county.</td>
</tr>
</tbody>
</table>
4. **Volunteers in Public Service**  
   Monmouth County Division of Social Services  
   ...........................................(732) 845-2071  
   P.O. Box 3000  
   Freehold, NJ 07728  
   Monday through Friday  
   8:30 a.m.-4:30 p.m.  

   Volunteers in Public Service is a program that joins the energy, skills, and talent of community volunteers in extending and enriching government programs that serve elderly and disabled persons, and children and family with special needs.

5. **Senior Citizen’s Activities Network**  
   (SCAN)  
   ............................................(732) 542-1326  
   Monmouth Mall  
   Eatontown, NJ 07724  

   SCAN needs people to help run the Center. Volunteers staff the reception desk, greet visitors, register new members and host the various activities. Call for more information.