## Holmdel Park

GPS： 44 Longstreet Road，Holmdel，NJ
（732）946－9562
www．monmouthcountyparks．com

## TRAILS

Especially well known to cross－country runners， Holmdel Park has more than 10 miles of trails for walking，hiking，running，equestrians and bicyclists． Please stay on marked trails，plan your route，take a trail map with you，and wear appropriate safety gear NOTE：At a brisk pace，it takes approximately 20 minutes to walk 1 mile（ 1.6 km ）．

## TRAIL KEY－NORTH SECTION

Restricted－Use Trails，Foot Traffic Only（bicyclists／ equestrians restricted to roadways and lots）
Paved Trail：A 0.5 mile（ 0.8 km ）short paved loop for walkers and strollers．Pond Walk：An Easy 0.4 mile（ 0.6 km ）loop around the lower pond．
Beech Glen：Ideal for family walks，this Easy wooded trail is 0.5 mile（ 0.8 km ）
boardwalks over marshy areas，and travels past a wildlife viewing area for a 0.8 mile（ 1.3 km ）walktrail offers a longer walk through the heart of the park．A 0.22 mile $(0.35 \mathrm{~km})$ extension breaks the loop in half．
$\square$ Cross Country Trail：This Moderate trail is especially well－suited for runners and offers a good workout at 1.9 miles（ 3.0 km ）．Note：Visit online for extended $K-12 /$ Collegiate cross country routes．
$\square$ High Point Trail：This 0.6 mile（ 1 km ），Moderate loop trail intersects with the Cross Country，Marsh and Ridge Walk trails．
Fitness Trail：This self－guided loop trail with exercise stations starts at Beech Glen．Follow signs to complete a 0.8 mile（ 1.3 km ）workout．

## TRAIL KEY－RAMANESSIN

## SECTION

Multi－Use Trails，Open to All Users
$\square$ Ramanessin Trail：At 2.1 miles （ 3.3 km ），this MODERATE trail offers a good，long hike or run alongside Ramanessin Brook．

Steeplechase Trail：At 1.4 miles （2．2 km），this MODERATE trail follows many of the site＇s old farm routes and offers vistas of field and forest．
－Building／OfficeWooded Area Field／Clearing Lake／Pond Wetlands
— ．．．Property Line River／Stream
－－－Easy Trail
－－－Moderate Trail
－Paved Trail
Fitness Trail
2 Nature Trail

| Paved Road | 田 First Aid |
| :---: | :---: |
| $\cong$ Bridge | －Fishing |
| 血监 Boardwalk | （1）Vending Machines |
| vC）Visitor Center | $\triangle$ Arboretum |
| P Parking | R Ice Skating |
| 困 Restrooms | 2 Information |
| 4 Portable Toilet | \＃Picnic Tables |
| Tr Playground | E Picnic Shelter |
| 6．Sledding | （1）Trail Head |
| （ Telephone | E Handicapped Acces |


Homestead Trail and
Fern Path：At 0.25 mile （ 0.4 km ），both of these short， picturesque MODERATE trails provide users with a place to cross over between the longer trails．

