Park Hours

Dorbrook Recreation Area is open every day of the year from 7a.m. to dusk.

For More Information

For more information on the Monmouth County Park System and its 42 parks, historic sites, recreation areas and golf courses, please call 732-842-4000, ext. 4312 Mon.-Fri. 8a.m.-4:30p.m. and Sat.-Sun.-Holidays 10a.m.-4p.m., or visit online at www.monmouthcountyparks.com.



From the Garden State Parkway, Exit 109: Southbound, turn right onto Rt. 520 (Newman Springs Rd.). Northbound, turn left onto Rt. 520 (Newman Springs Rd.). Travel 1.5 miles on Rt. 520 turn left onto Swimming River Rd., then right onto Rt. 537 West, follow to Dorbrook main entrance on right.

From Hwy 34: Southbound, turn left onto Rt. 537 East, Northbound, turn right onto Rt. 537 East, follow to Dorbrook main entrance on left.

From Hwy 18, Exit 19: Take Rt. 34 North. Turn right onto Rt. 537 East, follow to Dorbrook main entrance on left.

Facebook

Monmouth County Board of Chosen Freeholders Board of Recreation Commissioners

Monmouth County Park System

Dorbrook Recreation

Area

Colts Neck, NJ



www.monmouthcountyparks.com

Welcome to Dorbrook Recreation Area

Developed with active recreation in mind, a wide variety of programs, classes, camps and activities are available at this 535-acre site. Attractions include athletic courts and fields, an accessible paved trail, and NJ's first "barrier-free" playground.

Characterized by rolling, open fields and a rural atmosphere, Dorbrook fronts the Swimming River Reservoir and helps to preserve a clean, local water source. Acquired in 1985 from the estate of Murray Rosenberg, creator of Miles Shoe stores, Dorbrook expanded in the 1990s with acquisition of surrounding farmland.



Activity Center, Program Building and Visitor Center

732-460-1167 Activity Center 732-542-1642 Program Building & VC

The homes of former owners provide space for many of the indoor activities held at Dorbrook such as Tai Chi, parent/child classes and craft programs. There's even a specially designed instructional kitchen for cooking classes.

Athletic Fields

732-542-1642

Athletic fields are available by reservation for soccer, field hockey, flag football, women's lacrosse and softball. Official games only (no practices). Please call for more information and fees.

Athletic Courts: Tennis & Basketball

732-542-1642

Athletic courts are available on a first-come, first-served basis when not reserved for park programs. Play singles or doubles on the tennis courts or round up some friends and practice your skills on the basketball courts. Classes in both available spring through fall.



Group Picnic Shelters

732-842-4000, ext. 1

Dorbrook has 2 reservable Group Picnic Shelters for large groups, up to 50 people. Portable grills available.

In-line Skating Rink

732-542-1642

This rink is available for rental and league use. It is also open for walk-on play when not reserved or in use. Participants are required to wear the proper safety gear. Please call for more information.

Protect Your Parks

The Park System preserves and manages natural and cultural resources on more than 16,000 acres of land in Monmouth County. Protecting water quality, eliminating invasive plant species, and promoting healthy wildlife habitats are just a few objectives. Please help protect the park by leaving flowers, plants, animals, and other features as you found them; adhering to posted park rules; using designated containers for trash, recyclables and pet waste. Alcoholic beverages are not permitted. Pets must be on a leash at all times.

Playground & Sprayground 732-542-1642

Challenger Place is a universally accessible playground for children of all abilities. It has elevated surfaces and wider entry/ play areas for wheelchair access. The Sprayground is a zero-depth playground with water features-a great place for children and adults to cool off and splash around, free of charge, from May to September. It is open 7 days a week (weather-permitting). Children under 12 must be accompanied by an adult.



Large group gatherings/outings are not permitted without a reservation.

Programs for Everyone

732-842-4000, ext. 1

www.monmouthcountyparks.com

The Program Directory (published seasonally with an extra issue for summer camps) lists the more than 6,000 programs, camps and events offered in the parks each year View it online, pick up a copy in the park (while supplies last), or sign up to have a copy mailed to your home free of charge. Programs and assistance available for individuals with disabilities, call 732-460-1167.



MULTI-USE TRAIL

Dorbrook has a beautiful 2.5 mile accessible paved trail for walkers, runners, strollers, bicyclists and in-line skaters. The trail is located on the north side of the park. Areas for equestrian use are available on the south side of the park.

Trail Accessibility Standards (TAS)

Trail slope or flatness standards meet the following NJ Barrier Free provisions of the Uniform Construction Code.

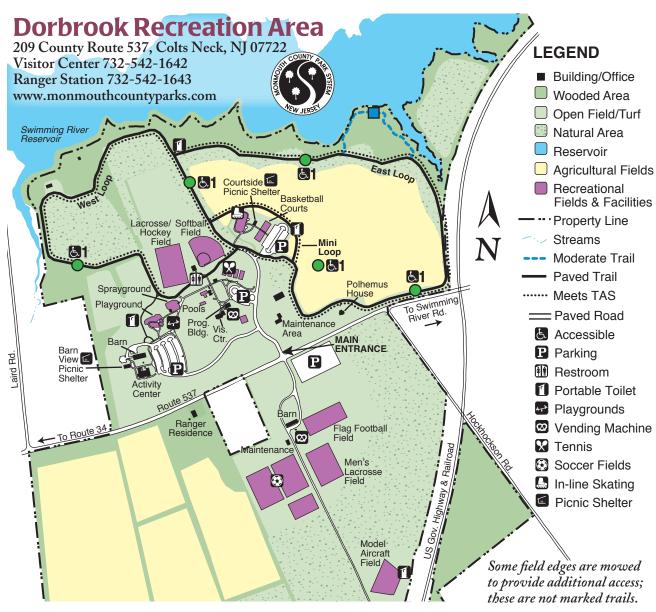
Challenge Level 1: Maximum running slope (front to back) is just over 6% (1:16) with level rest areas every 200 ft. where slope is greater than 5% (1:20). Max. cross slope (side to side) is just over 3% (1:30).

Trail Key

- West Loop: This EASY 1.1 mile (1.7 km) paved
- loop trail travels through the woods along the reservoir. Park at Playground or Courtside lot. Note: About 0.1 mile (0.14 km) exceeds TAS for cross slope.
- East Loop: This EASY 1.3 mile (2.1 km) paved
- **&1** loop trail travels around farmed fields to the athletic facilities. Park at Courtside lot.
- Mini Loop: This EASY 0.4 mile (0.6 km) paved
- loop travels around the athletic facilities.
 Park at Courtside lot.
- Unpaved spur: This 0.25 mile (0.4 km) unpaved trail spur travels from the East Loop along the reservoir shoreline.



Bicyclists, in-line skaters and skateboarders under age 17 are required to wear a helmet.



Trail Standards

- Easy: shorter, well-maintained trails for casual walking
- Moderate: longer trails with some grades/obstructions for hiking, equestrians and all-terrain bicycles; may be suitable for some walkers and runners
 - Challenging: long, more primitive trails with steep grades/obstructions for hardy experienced hikers, equestrians, and all-terrain cyclists (none at this park)

More Important Information

Fishing, swimming and boating are prohibited in the Swimming River Reservoir. The reservoir is owned by the NJ American Water Company; any questions or concerns should be directed to them.

To avoid contact with the tick that carries Lyme Disease, stay away from tall grass and shrubby areas, wear light colored clothes, tuck long pants into socks, and check yourself for ticks during and after each visit to the parks.