TRAILS
Especially well known to cross-country runners, Holmdel Park has more than 10 miles of trails for walking, hiking, running, equestrians and bicyclists. Please stay on marked trails, plan your route, take a trail map with you, and wear appropriate safety gear. NOTE: At a brisk pace, it takes approximately 20 minutes to walk 1 mile (1.6 km).

TRAIL KEY-NORTH SECTION
Restricted-Use Trails, Foot Traffic Only (bicyclists/ equestrians restricted to roadways and lots)

PAVED TRAIL: A 0.5 mile (0.8 km) short paved loop for walkers and strollers.
- POND WALK: An Easy 0.4 mile (0.6 km) loop around the lower pond.
- BEECH GLEN: Ideal for family walks, this Easy wooded trail is 0.5 mile (0.8 km).
- MARSH TRAIL: This Easy trail features long boardwalks over marshy areas, and travels past a wildlife viewing area for a 0.8 mile (1.3 km) walk.
- RIDGE WALK: At 1.2 miles (1.9 km) this Easy loop trail offers a longer walk through the heart of the park. A 0.22 mile (0.35 km) extension breaks the loop in half.
- CROSS COUNTY TRAIL: This Moderate trail is especially well-suited for runners and offers a good workout at 3.1 miles (5 km); requires some travel along other trails.
- HIGH POINT TRAIL: This 0.6 mile (1 km), Moderate loop trail intersects with the Cross Country, Marsh and Ridge Walk trails.
- FITNESS TRAIL: This self-guided loop trail with exercise stations starts at Beech Glen. Follow signs to complete a 0.8 mile (1.3 km) workout.

TRAIL KEY-RAMANESSIN SECTION
Multi-Use Trails, Open to All Users
- RAMANESSIN TRAIL: At 2.1 miles (3.3 km), this Moderate trail offers a good, long hike or run alongside Ramanessin Brook.
- STEEPLECHASE TRAIL: At 1.4 miles (2.2 km), this Moderate trail follows many of the site's old farm routes and offers vistas of field and forest.
- HOMESTEAD TRAIL and FERN PATH: At 0.25 mile (0.4 km), both of these short, picturesque Moderate trails provide users with a place to cross over between the longer trails.

TRAIL KEY-LEGEND

Easy: short, well-maintained or paved trails intended for casual walking
Moderate: longer trails with some grades/obstructions; intended for hiking (may be suitable for some walkers and runners)
Challenging: long, more primitive trails with step grades/obstructions; intended for hardy experienced hikers, equestrians, and all-terrain bicyclists

LEGEND
- Building/Office
- Wooded Area
- Field/Clearing
- Lake/Pond
- Wetlands
- Property Line
- River/Stream
- Easy Trail
- Moderate Trail
- Paved Trail
- Fitness Trail
- Nature Trail
- Maintenance Road
- Paved Road
- Bridge
- Boardwalk
- Visitor Center
- Parking
- Restrooms
- Portable Toilet
- Playground
- Sledding
- Telephone
- Viewing Area
- First Aid
- Fishing
- Vending Machines
- Arboretum
- Ice Skating
- Information
- Picnic Tables
- Picnic Shelter
- Trail Head
- Handicapped Access