



# The best way to prepare for a storm is to assemble a kit of emergency supplies

Recommended items for you to include in your basic Emergency Supply Kit:

- Water, one gallon of water per person, per day for at least three days, for drinking and sanitation
- Food, at least a three-day supply of non-perishable food
- Battery-powered or hand crank radio and a NOAA Weather Radio and extra batteries for both
- Flashlight and extra batteries
- First aid kit
- Whistle to signal for help
- Dust mask, to help filter contaminated air, plastic sheeting and duct tape to shelter-in-place
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Wrench or pliers to turn off utilities
- Can opener for food (if kit contains canned food)
- Local maps
- Cell phone with chargers

Additional items to consider adding to an Emergency Supply Kit are:

- Prescription medications and glasses
- Infant formula and diapers
- Pet food and extra water for your pet
- Important documents - copies of insurance policies, identification and bank account records in a waterproof, portable container
- Cash or traveler's checks and change
- Emergency reference material such as a first aid book or information from [www.ready.gov](http://www.ready.gov)
- Sleeping bag or warm blanket for each person.
- Complete change of clothing including a long sleeved shirt, long pants, and sturdy shoes. Consider additional clothing if a cold weather storm is imminent.
- Household liquid chlorine bleach and medicine dropper – When diluted nine parts water to one part bleach, it can be used as a disinfectant. Or in an emergency, you can use it to treat water by using 16 drops of regular bleach per gallon of water; do not use scented, color safe or bleach with cleaners.
- Fire extinguisher
- Matches in a waterproof container
- Feminine supplies and personal hygiene items
- Mess kits, paper cups, plates and plastic utensils, paper towels
- Paper and pencil
- Books, games, puzzles or other activities for children